

# ON THE ROAD TO HEALTHY LIVING Mobile Cooking School

Classroom Sessions

## **How to participate:**

This hands-on cooking class is perfect for people interested in learning to prepare quick, healthy, and economical meals. Class will include a presentation, then practice making yummy recipes. Best of all, participants will eat what they make!

**Classes have been temporarily  
suspended due to COVID-19. Please  
check back for updated information.**

*presented by*

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