

“Clean Green” Homemade Cleaning Products



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What is a Cleaning Product?

A cleaning product is a blend of specialty materials used to remove soils and stains from a surface and to restore the surface to its original condition. Cleaning plays an important role in our lives. We clean to protect our health and prevent the spread of disease as well as maintain the look and extend the life of our possessions.

Why Homemade Cleaning Products?

There can be many reasons why someone might want to make their own cleaning products, such as saving money, using less toxic and more environmentally-friendly products, and concerns about allergens and irritants.

Common Homemade Cleaner Ingredients

The basic ingredients in many homemade cleaners are:

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| <i>*Vinegar</i> | <i>*Ammonia</i> |
| <i>*Lemon Juice</i> | <i>*Borax</i> |
| <i>*Rubbing Alcohol</i> | <i>*Washing Soda</i> |
| <i>*Baking Soda</i> | <i>*Liquid Bleach</i> |
| <i>*Mild Dish Detergent</i> | <i>*Water</i> |

Never mix Bleach and Ammonia together, their chemical reaction will result in toxic fumes that can be deadly.

Homemade Cleaning Recipes

All Purpose Cleaner

INGREDIENTS:

8 ounces Distilled White Vinegar
2 teaspoon Baking Soda
4 ounces Lemon Juice
2 ounces Liquid Dish Soap
10 ounces water
1 Professional Spray Bottle

To Mix: In a large container or cleaning bucket, add the Baking Soda and Vinegar **FIRST** and let it fizzle out before adding the rest of the ingredients as it will foam up. When foam settles, funnel the ingredients into your pro spray bottle.

To Use: Lightly spray surfaces to clean. Let sit for a few minutes. Use a clean micro-fiber cloth to wipe down surfaces from the cleanest to the dirtiest. **Rinse very well to avoid slippery shower and tub floors.**

Glass/Window Cleaner

INGREDIENTS:

8 oz. Rubbing Alcohol
1 Tablespoon Vinegar

To Mix: Add rubbing alcohol and vinegar to spray bottle. Shake well before each use.

To Use: Spray on glass or mirror. You can use either a crumpled up newspaper or micro-fiber cloth to dry and shine your glass and mirrors.

Daily Shower Spray

INGREDIENTS:

1/3 cup rubbing alcohol
1 cup water

Mix in a spray bottle and shake. Spray on. No rinsing required.

Furniture Polish

INGREDIENTS:

1 part vegetable oil
1 part lemon juice
Mix together in spray bottle.
Spray lightly onto micro-fiber cloth, rub into furniture and wipe clean.



Disposable Cleaning Wipes

INGREDIENTS/SUPPLIES:

Container with lid close to size of a half roll of paper towels.
1 roll (full sheet) paper towels
12 ounces water
2 ounces rubbing alcohol
4 drops liquid dish soap

Directions:

1. Cut paper towel roll in half using a sharp serrated knife, and place half of the roll into the plastic container.
2. Mix together the water, rubbing alcohol and dish soap.
3. Slowly pour the liquid over the paper towels. Once they are saturated, carefully remove the cardboard center, and pull a paper towel from the middle.
4. (Optional) Using sharp pointed scissors cut a circle from the center of the plastic lid about one half-inch in diameter. Feed the paper towel through the hole and secure the lid.
5. If wipes get too dry, simply add a few drops of water to the canister as needed.

Wood Floor Cleaner

INGREDIENTS:

1/2 cup Vinegar
1 gallon water

Be careful not to let wood floors get too wet.

Marble & Granite Cleaning Spray

INGREDIENTS:

3 tablespoons rubbing alcohol
1 1/2 cups water
1 teaspoon castile or dish soap

Combine ingredients in spray bottle, close bottle, shake, and CLEAN!

***Never use VINEGAR, AMMONIA, or LEMON cleaners on stone counters, showers, etc... as it will slowly etch away at the finish of your stone.**