

MAKING A DIFFERENCE IN SAN PATRICIO COUNTY

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September - November 2018 - 4th Quarter

Agriculture and Natural Resources:

Ag in the Classroom was held October 16-17, 2018 at the San Patricio County Fairgrounds. 971 4th grade students from Gregory-Portland, Mathis, Taft, Sinton and Odem-Edroy school districts were in attendance, along with 53 teachers. Ten, twenty minute sessions dealing with production agriculture, nutrition and safety were enjoyed by the students. This event was co-hosted with San Patricio County Texas Farm Bureau and numerous volunteers.

The **Fall CEU Conference** was held on October 18, 2018 with 88 participants. Conference offered 5.0 TDA CEU's and 5 CCA CEU's, included in the program was a grain sorghum cooking and recipe tasting demonstration.

(1500) 2.5 gal. containers and (23) 30 gal. drums were collected at the **Plastic Pesticide Container Recycling Day** held on November 7, 2018, at two locations in San Patricio County.

The **Coastal Bend Soil Testing Campaign** collected 33 San Patricio County soil samples.



4-H & Youth Development:

The **8th Annual Trunk or Treat** event provides a safe, supervised, "no-fear" environment for San Patricio County youth and families to get together and enjoy fellowship. This year's event was held on Wednesday, October 31, 2018 and had over 2000 participants. The Costume Contest had 50 participants.

Sinton Elementary **Fall Fun Run** was held on November 16, 2018 at the San Patricio County Fairgrounds to promote healthy lifestyles and physical activity. Top thirty runners from grades 3rd through 5th received a t-shirt and everyone received a healthy snack.

The **2018 Coastal Bend Classic** was in its 9th year of providing education and help to youth with livestock project in the areas of cattle, sheep, goat and swine. Each year we strive to make it the best event and each year we make it happen.



Family and Community Health:

Twenty-four San Patricio County **Walk Across Texas** teams logged a total of 37,641.72 miles over a eight-week period. Participants compete within groups of eight. The program is aimed at helping participants establish the habit of daily physical activity with support from their peers. Research suggests, that when people walk for a period of eight weeks, they are more likely to walk for the long term. Participant feedback indicates that team members increased energy levels, reduced stress and lost weight. Potential economic impact of the Walk Across Texas Program in San Patricio County is \$4,400,591. Participant Comments: "Walk Across Texas is a wonderful program that reminds us to keep moving and try to live healthier. I love being a part of an amazing team that is encouraging and helpful", "It was great being a part of Walk Across Texas. I might not have lost the pounds that I would have liked to, but I did notice that I lost inches. My health and weight loss journey have not come to an end. I am going to show my family one way of how much I love them, and that will be by staying healthy" and "Diet and exercise are a struggle! Being on a TEAM has brought about inspiration, motivation and fun!! I found myself wanting to do "just a little more" to support my teammates...I found myself wanting to walk "just one more mile today" because our competition was tough...can't let those other teams jump ahead!! But who REALLY benefitted from all this extra work - I DID!! So, thanks to my TEAMMATES for a great time!"



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