

Requirements for the Texas 4-H Gold Star

As the highest award given by the Texas 4-H Youth Development Program, County Offices and Agents are asked to maintain a high level of integrity and honor through their selection process of county Gold Star recipients. At the MINIMUM, the following guidelines should be used in the eligibility and selection process for each county:

- The member must have at least completed, or be completing their 9th grade school year at the time of application, and must have completed at least 3 years in 4-H, including the current year.
- The Texas 4-H Gold Star Award can only be awarded once in a member's 4-H career.
- The 4-H member must have completed projects in at least three different project areas, submitted appropriate record forms, and have participated in one or more activities in at least three of the following areas:
 - Projects and/or Project Exhibits
 - Participation in Leadership Experiences such as Leadership Labs, Texas 4-H Congress, or National Leadership Events such as National 4-H Congress/Conference, and any county, district, or state leadership group.
 - Competitive Events (judging, educational presentation, public speaking, food show, quiz bowls, etc).
 - Citizenship activities
 - Camps at the county, district, or state level.
 - 4-H Promotion (speeches, poster displays, radio, TV, newspapers)
 - Other (includes exchange programs, fund raising)

Note: The requirements for projects and activities do not all have to be completed in the current year. They may have been accomplished over the entire period of time the person has been in the program.
- The member must have exhibited leadership skills by serving as a 4-H officer or committee chair (club, county, district or state), and/or as a junior or teen leader in an activity or project with or under the supervision of an adult volunteer leader.
- The 4-H member must have participated in one or more community service activities. Examples include providing leadership to a One Day 4-H project, working with or counseling junior 4-H members; participating in community service projects (individual, group or club); and motivating other 4-H members through participation in demonstrations, projects and/or exhibits.
- The 4-H member **MUST SUBMIT A TEXAS 4-H RECORDBOOK** in the year they are to be considered for the award.