

Fabulously Fall Fun Ladies Day Out

The cooler days are just around the corner and the sights and tastes of autumn will be popping up all around us very soon. Texas A&M AgriLife Extension Service is ready to help you get ready for those glorious fall months. We will be hosting the Fabulously Fall Fun event on Friday, October 9, 2015 from 9:30 a.m. to Noon at Emory Baptist Church. Registration is \$10.00 for the program.

Family & Consumer Sciences Agents Johanna Hicks from Hopkins County and Angie Monk from Wood County will be on hand to share some of their favorite recipes from the Dinner Tonight cookbook. The recipes are fast, fresh, and delicious and based on the Mediterranean meal plan. You will also receive information on how to sign up for the weekly emails from the new Dinner Tonight program. It is a great way to receive notices of new recipes and videos at www.dinnertonight.org.

Denita Young, Rains County Agent, will be preparing some of her fall inspired foods and beverages that will be the hit of any seasonal party or gathering. They will also be demonstrating some new and fun kitchen gadgets to make your mealtime preparations easier.

Even though the summer months are over, fall gardening will keep your landscape beautiful and lush, while giving a hint of beautiful autumn colors. Texas Master Gardeners will be giving you a session on how to achieve and maintain the perfect plants during the cooler months.

This time of year is the perfect opportunity to incorporate those flea market finds with seasonal foliage, pumpkins, and family treasures to create a warm and inviting atmosphere in your home. Join us as we give you some new and fresh ideas on home accessories and decorating.

Don't miss out on Mary Hall and Vickie Peebles sharing their expertise on sprucing up your wardrobe with the latest in fall accessories and fashions. They will be showing you how to look your best this season.

Lastly, it is never too late to start thinking about holiday shopping. Several businesses will be there to make your girls day out complete! Come and see an array of exciting shopping opportunities. Don't miss out on this morning full of useful and fun ideas to make your fall holiday season perfect.

For more information contact the AgriLife Extension Office at 903-473-4580 or visit us at rains.agrilife.org. We are also on Facebook at [Facebook.com/pages/Rains-County-Family-](https://www.facebook.com/pages/Rains-County-Family-)

Consumer-Sciences. Go and “Like” our page to keep up with the latest news, events, and programs offered by Family & Consumer Sciences in Rains County.

Educational programs of the Texas A&M AgriLife Extension Service are open to all people without regard to race, color, sex, disability, religion, age, or national origin.
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