

Dinner Tonight! Multi-County Cooking School

Looking for recipes that are quick, economical, and nutritious? Well, look no further, Texas A & M AgriLife Extension has the answer! A Dinner Tonight Cooking School is being held at the Hopkins County Civic Center on Tuesday, October 30, 2012 from 6:00 p.m. to 8:00 p.m. It is being hosted by Family & Consumer Sciences Agents, Denita Young – Rains County, Johanna Hicks – Hopkins County, Mary Sue Cole – Hunt County, and Angie Monk – Wood County.

In addition to recipe demonstrations from the Dinner Tonight cookbook, which is being sponsored by Dairy MAX, there will also be information on zumba, packing a safety and healthy lunch, and a Fuel up to Play 60 overview. We have several vendors that will be set up selling wonderful items that will help jump-start your holiday shopping. There will be a “celebrity” tasting panel to provide feedback to the audience on the dishes prepared.

Participants will receive a cookbook and gift bag with their \$15.00 registration fee. All registrations must be postmarked by October 23, 2012 and the seats are limited to the first 200 registrants.

For more information or to get a Registration Form, please contact the Texas A & M AgriLife Extension office at 903-473-4580 or email us at rains.agrilife.org.