

Dinner Tonight
Multi-County Cooking School
Hopkins County Fall Festival

Looking for recipes that are quick, economical, and nutritious? Well, look no further, Texas A&M AgriLife Extension has the answer! A Dinner Tonight Cooking School will be held at the Hopkins County Civic Center on Saturday October 25, 2014 during the Hopkins County Fall Festival. It is being hosted by Family & Consumer Sciences Agents, Denita Young – Rains County, Johanna Hicks – Hopkins County, Mary Sue Cole – Hunt County, and Angie Monk – Wood County.

Agents will demonstrate several of the recipes featured in the 2014 Dinner Tonight Cookbook. At 10:00 a.m. Johanna Hicks will demonstrate a delicious Beef & Black Bean Chili. Angie Monk will be showing you the Crunch Chicken Salad recipe at 11:00 a.m. At noon Mary Sue Cole will be tempting the audience with the Strawberry Cheesecake Tart recipe. Asian Lettuce Wraps will be the next demonstration at 1:00 p.m. presented by Denita Young. Lastly, at 2:00 p.m. the entire team will show you how to prepare the Quick Fix Bruschetta.

The Texas Beef Council is also helping sponsor this event by providing the first 100 participants a goody bag filled with recipes, measuring spoons, and other nutritional handouts. With the optional purchase of a cookbook, your name will be entered into a drawing for door prizes.

These sessions are come-and-go, so we invite you to join us for one session or all of them!

Some other things going on that day at the Fall Festival are the Creative Arts Contest public viewing from 9:00 a.m. to 1:30 p.m. in the Sulphur Springs High School Conference Center, the Arts & Crafts Show from 9:00 a.m. to 4:00 p.m. at the Sulphur Springs High School Cafeteria, and the Commercial Exhibits from 9:00 a.m. to 5:00 p.m. in Hopkins County Civic Center.

You can also sample some delicious stew at the Hopkins County Stew Contest at Buford Park (within walking distance from Civic Center/high school complex – or catch the trolley). Serving starts at approximately 10:30 a.m. and closes when stew is all gone! Tickets are \$5 for all you can eat. For a complete schedule of events go to <http://hopkinscountyfallfestival.com/>.

For more information may contact the AgriLife Extension Office at 903-473-4580 or visit us at rains.agrilife.org. We are also on Facebook at [Facebook.com/pages/Rains-County-Family-Consumer-Sciences](https://www.facebook.com/pages/Rains-County-Family-Consumer-Sciences). Go and “Like” our page to keep up with the latest news, events, and programs offered by Family & Consumer Sciences in Rains County.