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April is National Cancer Control Month

National Cancer Control Month may not mean a lot to you, but the Texas AgriLife Extension Service and the Texas Cancer Council want you to know that we are working hard to raise awareness about cancer prevention and the early detection of cancer, which can affect you and your loved ones.

In Texas alone, it was estimated in 2004 that approximately 85,000 individuals will be diagnosed with cancer, and another 37,000 will die from the disease, and the rates have increased since that time. There are five types of cancer that are the most common in Texas: skin, lung, colorectal, breast, and prostate cancer.

Many cancers can be prevented and often cured if detected and treated early. Your local county Extension office has many resources for you. To find your local county Extension office, please visit: <http://texasextension.tamu.edu/county/>.

Extension offers programs to every county in the state of Texas. Many Extension offices can help increase your physical activity, educate you on the hazards of tobacco products, provide information on how to protect your children from secondhand smoke, and even give you information on sun safety. If you are looking for information on breast, cervical, colorectal, or prostate cancer – Extension can help with that, too!

Your local county Extension office is here to help you – at every stage in your life. Extension can educate you on how to prevent cancer and find it early! Let's prevent cancer from affecting those we love. For more information, call the Texas AgriLife Extension Service office at 903/473-5000, ext. 157.

The Texas AgriLife Extension Service and the Texas Cancer Council hope you have a great 2008 – and let's control cancer this month!

Source: Courtney J. Schoessow, MPH, Extension Program Specialist, Texas AgriLife Extension Service. March 2008. Texas AgriLife Extension Family and Consumer Sciences website: <http://fcs.tamu.edu/>.

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