

# Ways to Help Children Learn

## DO

- Be positive. "Hold the kitten gently."
- Build confidence. "That's a hard job, next time try it this way."
- Change environment to avoid misbehavior. Only give a youngster half a glass of milk to avoid spills.
- Set limits. Let children know how far they can go.
- Change methods if yours aren't working. Listen to yourself and to your child.
- Set a good example. Speak kindly, avoid slapping a child.
- Accept a child's decision when you give choices.
- Help children explore and be active.
- Show children you love them with hugs and smiles. Listen and read to them. Play with them.
- Keep your eyes on the future. Ask yourself how this helps the child become an adult.

## DON'T

- Be negative. "Don't squeeze the kitten."
- Destroy self-esteem. "Can't you ever do anything right?"
- Allow environment to be the cause of misbehavior. Children who fight should not sit together.
- Allow more freedom than the child can handle.
- Repeat methods that fail. If you say, "I've told you a thousand times," try a new method.
- Set a bad example. If you slap children, that's what they learn.
- Offer a choice if there really is not one.
- Expect children to sit for long periods of time.
- Ignore your children.
- Expect too much.

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