

#### ***Program Impacts:***

*64% of the producers attending the Wheatheart Wheat Conference anticipated an average of \$5,500 per farm increase due to information provided at the conference.*

*100% of the participants in the 4-H broiler project learned how to safely and properly slaughter and prepare their birds for freezer storage and consumption. The group processed 40 birds in one hour*

*100% of participants in Walk Across Texas will utilize the exercises given to practice flexibility, strength, and balance*

## Ochiltree County

#### **Mission Statement**

*Improving the lives of people, businesses, and communities across Texas and beyond through high-quality, relevant education.*

Educational programs of the Texas A&M AgriLife Extension Service are open to all people without regard to race, color, sex, disability, religion, age or national origin.

The Texas A&M University System, U. S. Department of Agriculture, and the County Commissioners Courts of Texas Cooperating.

### **Agriculture Program Highlights**

#### **Wheatheart Wheat Conference**

The 21st Annual Wheatheart Wheat Conference was conducted in August. Twenty producers attended the meeting and listened to programs conducted by Extension specialists on the following topics– Wheat Market Outlook and Marketing Strategies, Wheat Variety Selection and Disease Management. The participants were evaluated at the end of the program to measure knowledge and behavior change. Following are the results:

78% Increased knowledge of new varieties

78% Increased knowledge of wheat market fundamentals

92% Increased knowledge of wheat diseases and how to manage them

In addition to measuring knowledge gained the participants were asked the economic value of the conference. *64% of the producers anticipated an average of \$5,500 per farm increase due to information that was provided at the conference.*

### **4-H and Youth Program Highlights**

#### **4-H Broiler Project**

Eight 4-H members ordered 40 broiler chicks to be fed out over an 8 week period starting in July. The goal of the project was to teach the participants how to care for broiler chickens for show. In addition to showing the chickens another goal was to process the birds for consumption. Three workshops were conducted for the participants along as well as two newsletters were prepared and delivered. Topics covered included facilities, nutrition, health care and selection.

After six weeks a market pen show was conducted for the members. Each member showed three of their birds against the other members. The pens were ranked from 1st to 8th place. The top three members's pens were awarded cash and trophies.

At 8 weeks the members brought their birds together and processed them for consumption. *100% of the participants learned how to safely and properly slaughter and prepare their birds for freezer storage and consumption. The group processed 40 birds in one hour.*

# Ochiltree County



Participants in the Broiler Project



Some of the finished product

## Health

### Tri-County Health

All three counties, Lipscomb, Ochiltree, and Roberts are currently participating in Walk Across Texas county wide. The objective of Walk Across Texas is to establish a daily routine of physical activity and understand the variety of options for physical activity throughout eight weeks. The goal for participants is to obtain 832 miles through activities that can range from gardening, bicycling, or any activity that increases heart rate. There is a total of 136 youth participants and 65 adult participants in all three counties. The eight-week program is almost halfway complete, so results of this program are pending. This series will end in November, and a three-month follow-up will take place after the series completes. Use It or Lose it: Gaining Balance, Flexibility, and Strength also took place in Ochiltree county. Immediate follow-up after the one-shot presentation suggests 100% of participants will utilize the exercises given to practice flexibility, strength, and balance. A three-month follow-up will take place.

For more information  
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Health

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