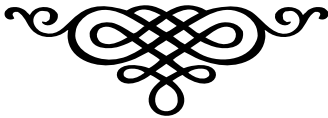


4-H Clothing and Textiles Project Lubbock County - Spring 2020

Dear 4-H Family,

Your child is invited to participate in the 4-H Clothing and Textiles Project. Not all 4-H clubs have clothing project groups meeting, therefore there are a variety of county-wide activities that have been planned. Youth must be enrolled through 4-H Connect to participate in any of these activities.



What Is A Clothing and Textiles Project?

A "Project" is a series of educational experiences that 4-H'ers may participate in for in-depth learning about a specific project area. The "Project" may be conducted in a couple of sessions or all in one day. If your club does not currently have a project group meeting, you may form your own project group or project activities may be done on an individual basis. Please let me know if you have any questions or need assistance in coming up with project activities.

A variety of clothing and textiles project resources and materials are available from the Extension Office. Please check these out from Ronda.

Opportunities

There are several experiences a 4-H'er can participate in that go along with the project. These include tours, demonstrations, project tables, and news articles. These activities may be done as a group or as an individual. Just write it down so that you can keep up with what is done for the project record form.

What Can Parents Do?

Parents can assist in many ways. Contact your project leader or club manager and ask them if there is anything that can be done to assist. Also, be timely in taking and picking up your kids from project meetings. You will also need to assist your children in preparing their entry for the Fashion Show, if they choose to participate.



Clothing and Textiles Objectives:

4-H'ers will:

- develop self-confidence and poise by enhancing personal appearance.
- develop skills in wardrobe planning, selection, storage and care.
- develop skills in purchasing clothing and accessories.
- learn sewing skills by making clothing for themselves and others.
- understand fibers, yarns and processes for making fabric.
- explore careers in clothing, textiles, and related fields.
- develop skills in evaluating garments quality, fit and fashion interpretation.

PROJECT RECORD FORMS

Project record forms may be completed at the end of any 4-H project. At least one form is required to be turned in to be eligible for year end project and year pins. These forms are filled out at the beginning, during and at the completion of any 4-H project. Forms may be picked up at any time at the Extension Office. This is an excellent way for 4-H'ers to begin developing their record-keeping skills. Completed forms are also used in compiling the 4-H Record Book. Please call if you have questions.

COUNTY-WIDE WORKSHOPS

“Beginner’s Sew Sessions”



For 4-H’ers who want to develop their sewing skills, we will be offering a series of “Sewing Workshops.” Projects take approximately 3-4 hours to complete.

This year we will offer 4 different sewing projects, however 4-H’ers may only sign up for one weeknight session; 4-H’ers may sign up for a 2nd session at the Spring Break Workshop. Sessions are limited to six 4-H’ers per session, and are available on a first-come/first sign-up basis; an adult must also plan on attending with the 4-H’er. Adult’s are asked to attend in order to assist the 4-H’er (as well as possibly themselves) in learning to sew. Please do not bring additional family members to the workshop. 4-H’ers will leave with a completed garment. We will not be taking a dinner break, so you will want to bring your own snacks!

Sign-up for sessions will begin on February 14, by calling the Extension Office at 775-1740.

The finished garment may be entered in the appropriate category at the County Fashion Show for Junior and Intermediates; Seniors must complete at entire outfit in order to compete in the Fashion Show.

Sewing machines and sewing kits (scissors, pins/pin cushions, measuring tapes) are available for you to use, so you don’t have to go purchase these items; however if you want to sew with your own machine and supplies, please feel to bring your own.

WHAT SHOULD YOU BRING?



Pajama Pants Workshop

- February 20 - 4:30 - 8 pm

- pattern - Simplicity 3935, 8022 or

2290

- fabric - read back of pattern envelope to determine fabric amount based on size (preferably fleece, so seams don’t have to be finished-NO KNIT)

- matching thread

- ½" elastic (enough to go around waist)

****FYI - patterns are usually less expensive at Walmart; also check JOANN and Hobby Lobby for weekly sales on patterns;**

Upcycled T-shirt/T-shirt Dress

- March 10 - 2:30 - 6 pm

- March 18 - 9-12:30 pm

- no pattern required

- bring one t-shirt that fits at the shoulders; bring 2-3 oversized t-shirts that will be cut to fit the bottom of the t-shirt or dress. Visit resale stores or garage sales to find t-shirts for a bargain price

- matching thread

Straight Skirt

- March 2 - 4:30 - 8 pm

- no pattern required

- one/half to one yard cotton, cotton/polyester or denim; more or less dependent upon the child’s size and finished length, discuss with Ronda for specifics; width must be able to go around child’s waist and hips

- matching thread

- ½" or 1" elastic (must go around waist)

Kimono Long Vest

- March 16 - 4-8 pm

- adult pattern A6378 (Walmart New Look) (Multi-size pattern - check with Ronda for child size); two of these are available to borrow from Extension Office

- Simplicity 8707 or 8172

- matching thread

- fabric: fleece, faux fur, sherpa, lace or jersey-knit, we want something that doesn’t require finished seams (view pattern-back for amount)



Men’s Upcycled Dress Shirt

- March 18 - 2-6 pm

- Bring one or two men’s woven cotton/polyester dress shirt; can be made into a shirt or dress (with 2 shirts)

- Bring matching thread

Senior/Advanced Sewing Workshop

- March 16-17 - 9 - 5 pm each day

- Seniors or advanced sewers may sign up to sew their own project for these two days; please approve project with Ronda, to ensure it can be completed in 2 days time



COUNTY-WIDE CLOTHING TOUR

Mark your calendars for **Tuesday, March 31**; we have a great tour lined up.

5:30 - 6:30 pm - Tour Texas Tech Clothing and Textiles Lab and Interior Design Department.

Please RSVP to the Extension Office by Monday, March 30, if you plan to attend.



4-H FASHION and INTERIOR DESIGN STORYBOARD CONTEST AND WORKSHOP

The 4-H Fashion Storyboard is an industry-inspired method of displaying original designs. The storyboard “tells the story” of the designer’s idea. The storyboard includes original illustrations and flats, as well as additional materials (such as photos from the internet or magazines, paper, fabric swatches, patterns, etc.) that have influenced the unique design.

The purpose of the Fashion Storyboard contest is to give 4-H members an opportunity to create a storyboard of their original design. It also provides the members an opportunity to gain knowledge of the career responsibilities of a fashion designer and illustrator, enhance creativity and originality, and develop visual communication skills.

This year’s theme is: “Game Night.”

A county-wide workshop to begin developing your Storyboard entry will be held on **Thursday, March 5 from 4:30 - 6:30 pm at the County Extension Office**. We will have an interior designer working with us at this workshop to help with the design concepts.

We do have some decorating materials available that you can use (fabrics, trims, fashion magazines, decorative scissors and colored paper), however

4-H’ers must bring the following: 20" by 30" foam core or mat board, scissors, and modge podge/brush; other items to bring include fabric scraps, fashion magazines, decorative scissors, colored/scrapbook paper.

We have also added an Interior Design Board to the Project Fair categories (County Only). You may work on both types of boards at the workshop.

To learn more about 4-H Fashion Storyboards, you may want to visit the state website at: <http://fcs.tamu.edu/clothing/4h/packet/index.php>. We will also have a county contest this year for Storyboard entries. They are due to the County Extension Office by Monday, March 23 at noon; all entries will then advance to District.

DUDS TO DAZZLE

The Duds to Dazzle competition utilizes the 4-H’ers knowledge and skills learned in the clothing and textiles project, while increasing their awareness of the impact of the clothing industry on the environment. In this competition, teams consisting of 3-5 4-H’ers, will redesign and repurpose discarded garments or textiles into new, viable consumer products. The three categories include: wearable, non-wearable and accessory/jewelry. Teams compete as Juniors, Intermediates (may have combined junior and intermediate teams), and Senior teams.

Team members must furnish their own equipment kit for the competition (we currently have three kits available through the County 4-H Program; you need to contact Ronda to sign-up to use one of these kits.) This will be a District and State qualifying competition.

We will have an Orientation meeting for those individuals (or teams already put together) on **Monday, February 24 at 5 pm at the Extension Office**. At our orientation, we will go over the contest, and equipment. Please RSVP by February 24 at noon, if you plan to attend or already have a team put together.

The **County Practice Contest will be held on March 30 at 5 pm at the County Extension Office; sign-up of teams is due by March 11**. The District Contest will be held on the morning of April 16, prior to the District Fashion Show.



COUNTY-WIDE CLOTHING PROJECT COMMUNITY SERVICE

This year we will again be conducting a Clothing Community Service making hygiene kits to donate to Paul's Project for individuals in need. The hygiene kits are a washcloth that is sewn into sections, and has the following items in it: a toothbrush, toothpaste, soap, shampoo and a comb. We are asking for you to donate the following items: washcloth, toothbrushes, comb and small/travel size toothpaste, shampoo and soap. On **Tuesday, March 24 at 5:30 pm**, we will meet to assemble the hygiene kits.

COUNTY FASHION SHOW

This is an optional activity, in which 4-H'ers construct or purchase a garment and participate in an interview with judges to demonstrate what they have learned through their project.

WHEN: **Monday, March 23**
(judging to begin at 5:00 pm.)
Awards Program held following completion of judging.

WHERE: Lubbock County Extension Office

ENTRY DEADLINE: Wednesday, March 11, 5 pm

If you have special circumstances for judging times, please contact Ronda to determine if an alternate time is available.

According to UIL rules for extra-curricular activities, 4-H'ers must meet school eligibility requirements in order to participate in any competitive event.

AGE DIVISIONS

Junior - 3rd grade -5th grade as of August 31.

Intermediate - 6th - 8th grade as of August 31.

Senior - 9th-12th grade as of August 31.

Clover - K-2nd grade as of August 31; may participate, but do not advance to District.

SENIOR CATEGORIES

CONSTRUCTION (all garments visible must be constructed):

- **Casual Everyday Living:** includes casual sportswear, sleepwear, clothing for school, casual after-school events or hanging out with friends
- **ReFashion:** result of modifying existing clothing or fabric item into something more fashionable; main purpose is creativity and sewing skills; member designs and sews a wearable garment from previously used garments or fabric items; completed garment is different from original use - not just an alteration; (examples: neck ties sewn together for a skirt or old t-shirts made into a skirt;) Must submit a before and after picture of garment entered.
- **Semi-formal to Formal:** Entry must be designed for semi-formal to formal occasions and made from fabrics intended for the same; original material must be fabric and not from recycled items.
- **Theatre/Costume:** garment intended for use as a costume, which would include stage production. May be sewn from fabric or another garment; these garments may be made from unusual or innovative materials; imaginative but wearable.

BUYING (all garments that are visible, must be purchased and included on the buying worksheet;

- **Business/Interview Attire:** entry should be an outfit you would wear for a job interview, scholarship interview, job fair or other professional event. 1. Professional - more traditional, conservative approach; e.g. business suit or blazer, tie and dress slacks for men; business suit, pantsuit, or jacket and dress for women; 2. Business Casual - this trend is more relaxed and comfortable but demonstrates good judgement in choices and displays a neat appearance; e.g. polo shirt with a collar or sweater, khakis or other slacks, dress; moderate length dress or skirt for women.

- **Fantastic Fashions Under \$25:** category designed to expand 4-H'ers shopping experience to include different shopping venues; Outfits must be purchased at a garage sale, consignment sale, Goodwill, Salvation Army or other retail business. Receipts are required for everything that is visible during the interview, except shoes - including accessories; receipts from garage sales may be handwritten; do not need to account for sales tax.

- **Semi-Formal to Formal:** entry must be designed for semi-formal to formal occasions and made from fabrics intended for the same. This includes men's suits and tuxedos and women's dressy dresses, formal gowns, wedding dresses, and bridesmaid dresses.

- **Special Interest:** entry should be a specific outfit that you NEED to know how to purchase wisely; should be something that reflects a special interest of the participant such as equestrian clothing and riding apparel, dance costumes, hiking clothing or rock climbing clothing.

NATURAL FIBERS (SENIORS ONLY):

Cotton - each garment entered must contain a minimum of 60% cotton; may be constructed or purchased; must be a complete outfit, except for a blouse or shirt under the garment, is made of the eligible fashion fabric.

Wool/Mohair/Alpaca - Each garment entered must contain a minimum of:

- 60% wool and 40% other fiber.
 - 60% mohair and 40% other fiber.
 - 60% blend of the two fibers and 40% other fiber.
 - 100% wool/mohair blend is also acceptable;
- may be constructed or purchased; must be a complete outfit, except for a blouse or shirt under the garment, is made of the eligible fashion fabric.



JUNIOR and INTERMEDIATE CATEGORIES

(a minimum of one garment is all that is necessary to enter the construction or buying category - participant must specify on entry form garment to be judged)

CONSTRUCTION:

- **Casual Everyday Living, Dressy, Theater/ Costume, or ReFashion and Embellished/ Recycled**

- **Casual Everyday Living:** includes casual sportswear, sleepwear, clothing for school, casual after-school events or hanging out with friends.

- **Theater/Costume:** garment intended for use as a costume, which would include stage production. May be sewn from fabric or another garment; these garments may be made from unusual or innovative materials; imaginative but wearable.

- **Dressy:** ensembles to be worn to church, dinner dates, theater, banquets, job/scholarship interviews.

- **ReFashion or Embellished/Recycled:** any purchased or constructed garment that has been embellished with various trims, beads, paints, etc. or has been re-made for another purpose or look. Iron-ons are allowed if used with other embellishments; no additional items may be carried except for props. Must submit a before and after picture of garment.

BUYING:

- **Casual Everyday Living, Fantastic Fashions Under \$25, Dressy, or Special Interest;**

- refer to above category descriptions.

CLOVER:

- may participate with constructed purchased, or embellished/recycled garment.

-only participates at the county level.

ENTRY REQUIREMENTS

SENIORS

- Entry Form with Narration
- **Construction or Buying Division Worksheet (may be picked up from the CEO or downloaded from the County website under 4-H publications, must be submitted with entry)**

JUNIOR AND INTERMEDIATE

- Entry Form with Narration

CLOVER

- Entry Form with Narration

Entry materials for the Fashion Show are due no later than 5:00 p.m. on Wednesday, March 11, to the County Extension Office.

Entry form is included with this newsletter.



4-H PROJECT SHOW

This year we will again have a project show for the County only, held in conjunction with the County 4-H Fashion Show. For County we will not have specific age divisions.

Categories will include:

- Yarn: Crocheting (1), Knitting (2) and Weaving (3)
- Counted Cross Stitch (4)
- Sewing: Apron (5), Pillow/case (6), Household (7), and Personal Use (8)
- Quilting: Machine Pieced Quilt - Hand Quilted (9) and Machine Pieced Quilt - Machine Quilted (10)
- Crafts: Holiday (11), Wood Working (12), Leather Work (13), Jewelry (14), Paper Work (15), Home Decor (16) and Misc. (17)
- Embroidery: Hand Embroidery (18), Machine Embroidery (19)
- Art Work: Drawing - Black and White (20), Color (21); Painting - Oil (22), Water Colors (23)
- Interior Design Board - similar to storyboard, County only entry (24)

This is a total of 24 categories that may be entered. There are four entry forms at the end of this newsletter, you may copy and use them for county entries.

Entry Information: for County, entries will be taken from 5-5:30 pm on March 23, during Fashion Show Judging. Entries may be dropped by the Extension Office the week before; but please be sure to include the entry form with each item. Awards for 1st - 3rd place will be given during the County Fashion Show. You do not have to participate in the Fashion Show to enter the project show. This is available only at the County level.



4-H Recordbooks

There is also a clothing and textiles recordbook category. In submitting the recordbook for this category, a 4-H'er would include all of their information related to their clothing and textiles activities, as well as other 4-H projects. Check out the March 4-H Newsletter for the next Recordbook training, if you haven't been to one yet.

OTHER CLOTHING RELATED OPPORTUNITIES

Public Speaking/County 4-H Roundup

There are several other opportunities for a 4-H'er to continue their clothing and textiles activities. In the Public Speaking project, a 4-H'er may put together a demonstration or illustrated talk. There are a variety of categories available for almost any educational subject matter, including clothing and textiles or even being a consumer (and using those shopping skills). A Public Speaking Project training will be held in March to help you in preparing the speech. Be sure to look for it in the March 4-H Newsletter.

District Fashion Show Narrator Contest

Senior 4-H'ers may also apply to serve as a narrator for the District 4-H Fashion Show which will be held on Thursday, April 16. To apply 4-H'ers must submit an application and an audio tape using a selected narration. Information is available from the County Extension Office. Entry materials for the Narrator Contest are due the end of March - we do not have specific information yet. Please let Ronda know if you are interested.



DISTRICT 4-H FASHION SHOW

4-H'ers placing first in their age division category at the County Fashion Show are eligible to compete in the District 4-H Fashion Show which will be held in Lubbock on Thursday, April 16. For this competition, 4-H'ers participate in the same process as at county.

First place winners in the senior age category will advance to the State 4-H Fashion Show which is held during State 4-H Roundup in June.

TOP 10 REASONS TO PARTICIPATE IN THE COUNTY 4-H CLOTHING PROJECT

- 10 - It is a reason to go shopping!
- 9 - Learning how to sew!
- 8 - Explore your creativity!
- 7 - Learn how to care for your skin!
- 6 - Improve your posture, self-esteem and self-confidence.
- 5 - Develop your public speaking skills!
- 4 - You might learn something new!
- 3 - Do something different!
- 2 - Make your clothes or accessories!
- 1 - You'll have a great time!



Please give me a call or make an appointment to come in and visit with me if you have any questions.

Sincerely,

Ronda Alexander

Ronda Alexander
CEA 4-H



4-H COUNTY PROJECT SHOW

Name _____

4-H Club _____

Age Division:

Clover

Intermediate

Junior

Senior

Embroidery: Hand Embroidery
Machine Embroidery

Yarn: Crocheting
Knitting
Weaving

Counted Cross Stitch

Sewing: Apron
Pillow/case
Household
Personal Use

Machine Pieced Quilt: Hand Quilted
Machine Quilted

Crafts: Holiday
Wood Working
Leather Work
Jewelry
Paper Work
Home Decor
Misc.

Art Work: Drawing (black & white/color)
Painting (oil/water color)

Interior Design Board

4-H COUNTY PROJECT SHOW

Name _____

4-H Club _____

Age Division:

Clover

Intermediate

Junior

Senior

Embroidery: Hand Embroidery
Machine Embroidery

Yarn: Crocheting
Knitting
Weaving

Counted Cross Stitch

Sewing: Apron
Pillow/case
Household
Personal Use

Machine Pieced Quilt: Hand Quilted
Machine Quilted

Crafts: Holiday
Wood Working
Leather Work
Jewelry
Paper Work
Home Decor
Misc.

Art Work: Drawing (black & white/color)
Painting (oil/water color)

Interior Design Board

4-H COUNTY PROJECT SHOW

Name _____

4-H Club _____

Age Division:

Clover

Intermediate

Junior

Senior

Embroidery: Hand Embroidery
Machine Embroidery

Yarn: Crocheting
Knitting
Weaving

Counted Cross Stitch

Sewing: Apron
Pillow/case
Household
Personal Use

Machine Pieced Quilt: Hand Quilted
Machine Quilted

Crafts: Holiday
Wood Working
Leather Work
Jewelry
Paper Work
Home Decor
Misc.

Art Work: Drawing (black & white/color)
Painting (oil/water color)

Interior Design Board

4-H COUNTY PROJECT SHOW

Name _____

4-H Club _____

Age Division:

Clover

Intermediate

Junior

Senior

Embroidery: Hand Embroidery
Machine Embroidery

Yarn: Crocheting
Knitting
Weaving

Counted Cross Stitch

Sewing: Apron
Pillow/case
Household
Personal Use

Machine Pieced Quilt: Hand Quilted
Machine Quilted

Crafts: Holiday
Wood Working
Leather Work
Jewelry
Paper Work
Home Decor
Misc.

Art Work: Drawing (black & white/color)
Painting (oil/water color)

Interior Design Board

LUBBOCK COUNTY 4-H FASHION SHOW ENTRY FORM

Entry Form Due to CEO by March 11, 2020

Name _____
Address _____ City, Zip _____
Phone Number _____ Date of Birth _____
School Name _____ Principal's Name _____
4-H Club _____
Description of Fashion Show Entry _____

Division:

Junior ___

Construction: Casual Everyday Living ___ *ReFashion/Embellished/Recycled ___
Dressy ___ Theatre/Costume ___

Buying: Casual Everyday Living ___ Fantastic Fashions Under \$25 ___
Dressy ___ Special Interest ___

Intermediate ___

Construction: Casual Everyday Living ___ *ReFashion/Embellished/Recycled ___
Dressy ___ Theatre/Costume ___

Buying: Casual Everyday Living ___ Fantastic Fashions Under \$25 ___
Dressy ___ Special Interest ___

Senior ___

Construction: Casual Everyday Living ___ *ReFashion ___
Semi-Formal to Formal ___ Theatre/Costume ___

Buying: Business/Interview Attire ___ Fantastic Fashions Under \$25 ___
Semi-Formal to Formal ___ Special Interest ___

Natural Fiber: Cotton ___ Wool/Mohair/Alpaca ___

* Before/After Photo Required for entry ___

Clover Kid ___

NARRATION: Please keep to less than 30 words. List name, parents, county and one thing about 4-H/favorite thing about 4-H/or something you are looking forward to.)

EXAMPLE: Rae Johnson, daughter of Jim and Sue Johnson of Lubbock County has really enjoyed her first year in the clothing project and learning how to cover buttons. (List
