



Lubbock County 4-H News



Lubbock County Extension Office • (806) 775-1740 • Fax (806) 775-1758 • <http://lubbock.agrilife.org/>
 Physical Address: 916 Main, Suite 401 • Lubbock, TX 79401 • Mailing Address: P.O. Box 10536 • Lubbock TX 79408

January - February, 2019

IN THIS ISSUE

Page 1

4-H Enrollment Reminder
 District Gold Star Banquet Recognizes Winners
 4-H Teens - Teen Council

Page 2

4-H Clover Project Meeting
 Parent-Leaders Association
 4-H parents Attending State 4-H Roundup
 Scholarships

Page 3

Scholarships continued
 2019 Awards Packet

Page 4

4-H Recordbooks
 Lubbock County 4-H On-line
 Are You a Member?
 2019 Beekeeping Essay Contest
 Lubbock County 4-H Handbook

4-H Projects • Clothing & Textiles Project - Clothing Leader
 Training; 4-H Clothing Project Opportunities; 4-H
 Fashion Show

Page 5

Texas 4-H Fashion Storyboard Contest
 • 4-H Photography Project
 • Horse Project
 • Livestock Projects - Lubbock County Junior
 Livestock Show Schedule;
 Goat Project Jackpot;
 School Excuses;

Page 6

4-H Concession Help
 • 4-H Judging Teams

Page 7

• 4-H Dog Project
 • County-Wide 4-H Veterinary Science Project
 • 4-H Shooting Sports - 3-Position Rifle Project;
 2019 Archery Project, Rifle Raffle
 • Robotics Project

Page 8-10

Contest Results

Page 10-11

Kay's Korner

Page 12

Blank page

Page 13-14

January/February Calendars

Page 15-16

4-H Awards Summary Sheet

4-H ENROLLMENT REMINDER

If you are receiving this 4-H Newsletter, you are an official enrolled member in 4-H. With the changes as of September 1, an enrollment fee of \$25 per year is now required for all 4-H members. (Clovers do not have to pay an enrollment fee.) Enrollment is now done only "on-line through 4-H Connect." Youth may join at any time through this online process. Please remember that to compete or participate in any 4-H project meeting, activity, club meeting or contest – all youth must be official 4-H members.

DISTRICT GOLD STAR BANQUET RECOGNIZES WINNERS

District 2 Gold Star winners were recognized at the 61st Annual Gold Star Awards Banquet on November 19 at the Eberly Center. Lubbock County 4-H'ers recognized were: Ashton Smith, Brady Mandrell and Alyssa Elmore. Jennifer McCleskey was also recognized as the Distinguished Leader Award recipient.

4-H TEENS

Teen Council

All Lubbock County 4-H'ers, age 13 and older, are invited to participate on the Lubbock County 4-H Teen Council. The Council is made up of officers elected from the prior years membership, delegates from each 4-H club in Lubbock County, and any other youth who are interested in participating in Council activities. The next meeting will be held on **Monday, January 28 at 6:30 p.m.** at the County Extension Office, 916 Main, Suite 401. For February, we will participate in the community service activity serving as hosts at the Meals on Wheels Mardi Gras, there will not be a regular monthly meeting. To assist with the Meals on Wheels Community Service, 4-H'ers must sign up at the January meeting.

If you need any type of accommodation to participate in this program or have questions about the physical access provided, please contact Ronda Alexander at 806-775-1740 at least 2 weeks prior to the program or event.

4-H CLOVER PROJECT MEETING

It isn't too late to get started with the 4-H Clover project meetings! Our next meeting will be held on **Tuesday, January 8 at 5:30 p.m.** at the County Extension Office. This month's project focus will be on Photography. Please RSVP by *January 7* if you plan to attend. There isn't a cost to participate, however youth must be enrolled as a "Clover 4-H'er." For February we will meet on **Wednesday, February 6 at 5:30 p.m.**

4-H PARENT LEADERS ASSOCIATION

Membership of the Lubbock County 4-H Parent Leader's Association is open to all parents, adults and leaders, and anyone else interested in the Lubbock County 4-H program. Many important activities and events are planned and discussed at these meetings. Your attendance and participation will ensure that you are aware of all of these happenings. The 4-H Program is dependent upon our parents and leaders to keep going; we need your assistance and input at these meetings. Meetings are normally held on the 3rd Monday of every month. Our next meeting will be held on **Monday, January 28 at 6:30 p.m.** at the County Extension Office, 916 Main Suite 401. We will not meet in February.

4-H PARENTS ATTENDING STATE 4-H ROUNDUP

At the September 4-H PLA meeting, a new rule was instigated requiring parents attending State 4-H Roundup to work at least 2 4-H fundraisers in order to have some expenses paid by PLA. Official 4-H Parent chaperones will be reimbursed up to \$100 for gas (receipts required), hotel rooms (2-3 assigned per room) and registration. Eligible 4-H PLA fundraisers include: the Lamb/Goat Jackpot, the 4-H Barnyard and the 4-H Concession Stand. Please contact Ronda if you have questions.

SCHOLARSHIPS

Aubrey W. Russell 4-H Scholarship

The Aubrey W. Russell Scholarship is a \$600 scholarship to assist a worthy District 2 4-H member to attend a college or university in the South Plains District (2) to major in home economics or a related field. An additional scholarship(s) may be awarded if there are two or more eligible applicants and contributions are adequate. The scholarship is awarded as follows: \$300 for the Fall semester following the judging, and \$300 for the Spring semester following judging.

Donors:

This scholarship fund is made up of voluntary contributions from Family and Community Education Clubs, individuals, and other groups in the Extension South Plains District (2).

Eligibility:

1. Has completed or is enrolled in the third year of 4-H in the South Plains District.
2. Has not previously won this scholarship.
3. Plans to major in home economics or related field, including education, food technology, or pre-nursing.
4. Plans to attend (or is attending) a college or university in the South Plains District that offers a pre-home economics degree or bachelor's degree in home economics or related field, as mentioned above.
5. Plans to attend the Fall and Spring semesters following scholarship judging.
6. Meets entrance requirements at the selected college or university.

Materials to be Submitted:

1. A completed 2019 Aubrey W. Russell 4-H Scholarship Application Form (abbreviated copy). Available from the Extension Office.
2. One copy of high school transcript or college transcript, if applicable.

Due Date:

The application materials are due to the Lubbock County Extension Office by *February 15, 2019*. Let us know if you are interested.

TX 4-H Foundation Scholarship

Texas 4-H Scholarship applications are due to the County Extension Office by *Monday, January 28*.

Qualifications for submitting a 4-H Foundation Baccalaureat Scholarship application include: Texas resident who will graduate from a Texas high school during the 2018-2019 school year, has a minimum SAT score of 1350 (old score) or ACT score of 19, has passed the TAAS/TASP test and plans on attending a Texas college or university. If you have any questions, please give us a call. A completed FAFSA is also required.

There are two other categories of 4-H Foundation Scholarships. These include: Technical-plan to attend a technical school for specialized training; and Courageous Heart - nominated by an individual or leader, must have documentation of overcoming a life obstacle such as medical, family or education (may not be nominated by a relative). Applications may be picked up from the Extension Office or from the State 4-H Website. Please contact Ronda if you need assistance or have questions.

TEEA 4-H Scholarship

The Texas Extension Education Association is once again offering on \$1,000 scholarship in each Extension district (total of 12) for deserving Texas 4-H members.

The eligible requirements for those applying are:

- Be a United States citizen.
- Be currently an active senior 4-H member in good standing with county 4-H program for the last four (4) years.
- Demonstrate leadership and personal development through 4-H.
- Will attend an accredited institution of higher learning: university, community college, trade or technical school in fall following judging.
- Have not passed 19th birthday before January 1 of current year.
- Have not previously received the State TEEA scholarship.
- Complete a Texas 4-H Recordbook (updated through previous year's Texas 4-H Recordbook judging deadline).
- Complete TEEA 4-H Scholarship Application and provide other required materials.

Application submission process includes:

1. Postmarked on or before *February 15*, submit to the county AgriLife Extension office in a manila envelope:
 - ❖ Envelope labeled with the applicant's name and county.
 - ❖ Only a black and white copy of Texas 4-H Recordbook from the previous year's Texas 4-H Recordbook judging deadline of August 31 accepted.
 - ❖ Official high school transcript with ACT and/or SAT scores included.
 - ❖ Completed TEEA 4-H Scholarship Application.
 - ❖ Two letters of recommendation: one from a county Extension agent or 4-H club manager and one from a teacher, employer, or community leader (not a relative).
2. If the applicant wants these materials returned, include a postage-paid, self-addressed envelope and letter of request.

Deadline for submission to County Extension Office is *February 15, 2019*.

Additional information and application for this scholarship and for all Texas 4-H Scholarships are posted on line at: <http://teea.tamu.edu/manual/chapter12.pdf>

TEEA Alumnae Young Adult Scholarship

The number of scholarships and the amount are dependent on availability of funds. Funds for the scholarship are raised by donations, memorials, and fundraisers by members of the Alumnae Committee. Anyone may contribute to this scholarship fund.

General Information

1. The applicant must be a former 4-H member **or** the son/daughter or grandson/granddaughter of a current TEEA member.
2. The applicant must be between the ages of 19 and 24 at the time of application.
3. Applications are available from County Association Chairs, District Directors, and the Chair of the Alumnae Committee. A copy of the application is also located in the TEEA Manual (Chapter 12) and on the TEEA website (<http://teea.tamu.edu/manual/chapter12.pdf>).
4. Applications are due by *March 1* to the Chair of the TEEA Alumnae Committee.
5. Applications will be judged at the TEEA Spring Board meeting and winners will be notified after the meeting.
6. The applicant must remain a full-time student, or the amount will be returned to TEEA.
7. The scholarship may be applied for use at the beginning of the school semester and used as needed.

Lubbock County Parent Leaders Scholarship

The Lubbock County Parent Leaders Association and South Plains Fair are sponsoring a Scholarship program for 4-H youth completing their Senior High School year. These applications are due to the County Extension Office the same time record books are due. The information needed covers three years of your Senior 4-H career with the final year being your Senior High School year. If you did not receive a form, or have misplaced yours, contact the County Extension Office to receive another form. The form is your responsibility to complete the required items and to keep track of.

2019 AWARDS PACKET

The Lubbock County 4-H Awards Packet is available now on the Lubbock County website, under 4-H Publications. The packet includes information about available awards as well as guidelines. Please review the packet, noting that Recordbooks (what you submit to be considered for an award) are due *June 24, 2019*. Several Recordbook trainings will be held this Spring to assist you in completing a recordbook - be on the lookout for these upcoming dates.

4-H RECORDBOOKS

A beginner's training has been scheduled for **Wednesday, January 30 at 6:00 p.m.** at the County Extension Office. Trainings will be scheduled once a month for March, April, May and June. Club managers are also welcomed to schedule a training just for your club members. *Please RSVP to CEO (775-1740) by Monday, January 28.*

An Advanced Recordbook Training will be held on **Monday, February 25** at the CEO at 6:00 p.m. This training is for those who have several years of practice with Recordbooks and want to have a more competitive Recordbook - as well as for Senior 4-H Competitions. There have been some changes to Recordbooks this year. Be sure to attend a training to learn about the changes.

LUBBOCK COUNTY 4-H ON-LINE

If you lose your 4-H newsletter, there's still hope. You may now access the 4-H newsletter as well as various other sources of information at: <http://lubbock.agrilife.org/>

ARE YOU A MEMBER ?

The Texas 4-H Friends and Alumni Association would like to have you as a member! To find out more about them, visit www.texas4hfriends.org

2019 BEEKEEPING ESSAY CONTEST

For the 2019 essay contest, the essay topic is: **"Honey Varietals, State to State"** The contest is open to active 4-H club members only. 4-H'ers who have previously placed first, second, or third at the national level are not eligible; other state winners are eligible to re-enter.



Individuals must send all essays electronically to the Texas 4-H and Youth Development Program by **Sunday, February 3, 2019**. More information is available at: <http://texas4-h.tamu.edu/projects/entomology/>

LUBBOCK COUNTY 4-H HANDBOOK

It is online and accessible for all! The 4-H Handbook is located online at the county website (<http://lubbock.agrilife.org/>); it is located under the publications tab - in its own 4-H Handbook section. The following sections are currently available: 4-H Calendar, 4-H Facts, 4-H Fundraisers, 4-H Projects and 4-H Websites.

4-H PROJECTS



CLOTHING AND TEXTILES PROJECT

Clothing Leader Training

The 4-H Clothing Project Leader Training will be held on **Monday, January 28 at 5:30 p.m.** at the County Extension Office. Our training topic will be "Clothing Project Ideas and Activities." Plans for clothing project activities will be made at this time as well as training ideas for working with clothing project participants. If you are interested in helping to plan the project activities be sure to attend the meeting. If you can't attend the meeting, let Ronda know any suggestions that you have.

4-H Clothing Project Opportunities

Who doesn't enjoy new clothes! The 4-H Clothing Project provides the perfect opportunity for youth to learn about clothing selection and care. For those who enjoy being creative, this project provides opportunities to develop design and construction skills. So whether you want to get the most for your clothing dollars at the ready-to-wear store or want to learn to sew in order to make your own creations, the 4-H Clothing project is for you!

4-H Fashion Show

The District 2 Fashion Show *for juniors, intermediates and seniors* will take place on the evening of **Monday, April 15**. Participants model a garment that they have made or purchased. It is possible for twenty-two Lubbock County 4-H'ers to advance to district!

The District Duds to Dazzle Contest will be held during the day on **April 15** in Lubbock.

First place winners from the County Fashion Show will advance to the District Competition. The **County Fashion Show** is tentatively scheduled to be held in March. More info will be sent when all plans are finalized.

The entry divisions include:

Construction: garments made by sewing, knitting, or crocheting.

Buying: clothing purchased at a department store, specialty store, in a catalog, outlet or resale store, or from a professional seamstress. The 4-H'er must comparison shop, comparing 3 similar garments, and then purchase the one of their choice.

The categories for this year are:

Construction:	Casual Everyday Living
	Re-Fashion
	Semi-Formal/Formal
	Theater/Costume Garment

Buying: Business/Interview Attire
 Fantastic Fashions under \$25
 Semi-Formal/Formal
 Special Interest

Texas 4-H Fashion Storyboard Contest

The Fashion Storyboard is a version of the presentation boards that are used in the fashion industry for selling and communicating ideas. The purpose of the Fashion Storyboard Contest is to give 4-H members an opportunity to create illustrations of their original design and display their work in a storyboard format, similar to that used in the fashion industry. Through project work, the 4-H member has the opportunity to gain knowledge of the career responsibilities of a fashion designer and illustrator, enhance creativity and originality and develop visual communication skills.

The Clothing Project Newsletter will be mailed early February and will contain details about due dates for the Storyboard contest and Fashion Show.



4-H PHOTOGRAPHY INFORMATION

For the county Photography contest, participants may simply submit a regular size print of the photo (4x6) - Guidelines for District and State will be provided to those advancing on. Mounting is not required for County. Please see the Participant Photography Guide on our county website for entry categories. First place entries at the county contest advance directly to State for Seniors; and District for Junior and Intermediates.

Our County entries will be due *March 18*. Winners in the Junior, Intermediate and Senior Categories will advance to the District Contest which will have entries due *in April*. Senior entries will also advance to State and be due to State by *April 15*. A workshop series will be held in February and March; please sign up by *February 1* and you will be notified about meeting dates.



Ask to join the Lubbock 4-H
 Livestock Facebook group.

HORSE PROJECT

4-H Horse Judging

If you are interested in participating in this project activity please sign-up by contacting Ronda. She will provide you with meeting practice information. The District Contest will be held on **Friday, April 26** in Canyon.

LIVESTOCK PROJECTS

Lubbock County Stock Show Schedule

Goat Show: Wednesday 9, 2019 (Texas Tech Livestock Arena)

Steers: Thursday, January 10, 2019 (Texas Tech Livestock Arena)

10:00 a.m. - Steer weight cards must be turned into the livestock office

10:00 a.m. - Steer classifying begins

12:00 p.m. - Steer Show

Lambs: Thursday, January 10, 2019 (Texas Tech Livestock Arena)

4:30 p.m. - Lamb breeds & weights must be turned into the livestock office

6:30 p.m. - Lamb Show

Barrows: Friday, January 11, 2019 (South Plains Fairgrounds)

6:00 p.m. - Barrows must be in place in the barn

6:00 p.m. - Barrow weights & breeds must be turned into the livestock office

Barrows: Saturday, January 12, 2019 (South Plains Fairgrounds)

8:00 a.m. - Barrow Show

Heifers: Sunday, January 13, 2019 (Texas Tech Livestock Arena)

Premium Sale: Saturday, January 19, 2019 (Texas Tech Livestock Arena)

5:00 p.m. Buyer Meal

6:00 p.m. - Premium Auction

GOAT PROJECT

Meat Goat Jackpot

Wednesday, January 9, 2019; 6:30 pm

Located at the Texas Tech Livestock Pavilion.

Show Rules and Guidelines

1. Open to any meat goat exhibitor residing in Lubbock County - No minimum age, must not exceed the age of 19 or a Senior in High School (All ages will be determined as of January 1, 2019.)
2. Must be state validated.
3. Weathers and/or does allowed.

4. Minimum weight 50 lbs. - no maximum
5. Horns allowed, but must be tipped.
6. Must be uniformly slicked sheared, no longer than 3/8 inch above the hocks.
7. Complete set of milk teeth, not required.
8. Official weigh-in 5:00-6:00 pm.
9. Buckles awarded for Grand, Reserve Grand.
10. Showmanship will be judged this year! **4 Classes**
11. Buckles to Showmanship Winners - Sr. (15-19 years old), Intermediate 12-14 years old), Junior (8-11 years old), PeeWee (7 years old and under).
12. Show out of trailer.

SCHOOL EXCUSES

The form for School Excuses were due **December 2018** to the County Extension Office. If you are going to miss school due to Stock shows, and have not turned in a form, obtain a form and return it to the Extension Office **immediately**. Unless a form is turned in, a letter for an excused absence on your behalf will not be sent to your school.

REMINDER: Blanket excuses and eligibility information has been requested by our office for the shows entered. Parents, please notify your 4-H'ers principal of the exact dates of upcoming school absences. Make sure that you understand your school district's policy for the 10 day/90% attendance requirements. Visit with school instructors to determine plans concerning homework, tests, projects, etc. and to make sure that your 4-Her is passing all subjects prior to and during the absence period. Eligibility for competing in any event must be determined prior to the event, whether you are missing school or not. The Extension Office sends correspondence for all events to each school prior to the competition. In order for youth to compete they must be considered academically eligible by your school.

4-H CONCESSION HELP

We will be having 2 separate Concession Stands for the 2019 Lubbock County Jr. Livestock Show.

The *Steer and Lamb Show* will be held on Thursday, **January 10** at the Texas Tech Livestock Pavilion.

We will not have the regular 4-H Concession Stand at this show. There are still opportunities to assist though.

Due to changes in the Livestock Show schedule, we will only be open on Thursday and will have a limited menu.

Thursday, January 10 - Concession Operation, Texas Tech Livestock Pavilion.

- 8:00 - 10:00 a.m. 2 volunteers
- 10:00 - 12:00 p.m. 2 volunteers

- 12:00 - 2:00 p.m. 2 volunteers
- 2:00 - 4:00 p.m. 2 volunteers
- 4:00-6:00 p.m. 2 volunteers
- 6:00-8:00 p.m. 2 volunteers

The *Swine Show* held at the South plains Fairgrounds on **Saturday, January 12** will be another opportunity to assist with a Concession Stand.

- Tuesday, January 8** - Concession Clean-up and Move Equipment - SP Fairgrounds
- 9-12 p.m. (clean-up) 2 volunteers
 - 2-5 p.m. (move equipment/set-up) 2 volunteers

- Wednesday, January 9** - Food Prep - SP Fairgrounds
- 3-6 p.m. 3 volunteers
 - 6-8 p.m. 3 volunteers

- Friday, January 11** - Concession Stand Opens - SP Fairgrounds
- 8-11 a.m. 3 volunteers
 - 11-1 p.m. 3 volunteers
 - 1-3 p.m. 3 volunteers
 - 3-6 p.m. 3 volunteers
 - 6 - ?? p.m. 3 volunteers

- Saturday, January 12** - SP Fairgrounds
- 7-9:30 a.m. 6 volunteers
 - 9:30-12 p.m. 9 volunteers
 - 11:30-2 p.m. 9 volunteers
 - 2-4:30 p.m. 6 volunteers
 - 4:30-7 p.m. 6 volunteers
 - 7-?? p.m. 3 volunteers

Sr. 4-H members can use this as one volunteer opportunity listed on the Parent Leaders Scholarship Application.

*Please remember that Senior 4-H'ers must work at two (2) PLA fundraisers in order to have their expenses paid to a state contest (i.e. State Roundup). **Please call Ronda at the County Extension Office (775-1740) to volunteer.** If you are unable to help at the designated times, but still available to help, please call and check with Ronda about other needs. If you need to contact her at the Concession stand, please call 806-782-7946.

4-H JUDGING TEAMS

If you are interested in spring judging competition for Dairy, Entomology ID, Soils, or Grass ID, please contact our office and leave your name and phone number under the respective category and age division. For Livestock and Wool judging please contact Robert Scott at the County Extension Office.

4-H DOG PROJECT



4-H Dog Project Certification

If you are interested in showing a dog in the State 4-H Dog show, the Dog Certification form verifying ownership is due on 4-H Connect by *January 10*. Please contact us if you have questions or plan to certify a dog for showing.

We are planning a 4-H Dog Project for the Spring. Please sign-up by *February 1* if you are interested in participating. Call the Extension Office to sign-up.

COUNTY-WIDE 4-H VETERINARY SCIENCE PROJECT INTEREST

Through the County 4-H Veterinary Science Project, 4-H'ers age 12 and up begin their studies towards a career in the Veterinary Science Certification Program. For the certificate program, students must complete 100 lessons and 50 activities, as well as 500 skill hours. This program will be done over a 3-5 year time frame. Monthly meetings are held to complete the 100 lessons.

If you are interested in participating, please contact Ronda. This is an on-going, year round program.



AIMING FOR THE BULL'S EYE 4-H Shooting Sports Review



The time is at hand to begin 2019 Spring 4-H Shooting Sports projects, which includes the smallbore rifle and archery projects. If you have not registered with the county office for these projects, please call 775-1740 at your earliest convenience to make sure you are on our contact list for 2019 Shooting Sports Updates.

2019 3-Position Rifle Project

The spring rifle project involves indoor target shooting in the prone, standing, and kneeling positions. Firearms and equipment are provided. The project is taught by NRA-certified volunteer coaches. Shooters must provide hearing protection (foam ear plugs work best) and eye protection. The project will include county, district, and state competition levels.

A project orientation for new shooters (including gun safety) will be held at the County Extension Office building, 916 Main Street, Suite 401 on **Tuesday, January 8 at 6:30 p.m.** **Please enter through the South doors of the building, someone will be there to let you in the building.**

Experienced shooters will be notified when practices will begin. Practice sessions will be held at Patriot Shooting Range, 5840 49th St. Details regarding practice schedules will be sent to the participant list via e-mail.

Reminder - All shooters must be registered on-line as a Texas 4-H Member for the 2018-19 4-H Year.

2019 4-H Archery Project

The 4-H Archery Project involves target shooting with either traditional or compound bows. Because of the interest in this program, plans have been made to offer this project at two locations. County shooting equipment is available, but limited.

Participants who have their own shooting equipment should plan to bring it. The project is scheduled to begin for experienced shooters in Mid-February at each of the following 2 locations:

Tentatively, Thursday nights in

- 1) Idalou at Damon Cooley's Barn (301 E. 1st). This is the same location as last year. The building is a tan quonset barn on the North side of Hwy 62/82, approximately 1 mile East of Main Street. **Practices for this group will be held on Thursdays, beginning February 21 at 6:00 p.m.**
- 2) Practices will also be held on Tuesdays at the Archery Shack, 7113 Santa Fe Drive, Lubbock from 6-8 p.m. **New shooters will meet on January 15 and 22; all shooters will begin practicing on January 29.**

Please bring \$5 range fee and any equipment you have to practices.

4-H Rifle Raffle

Lubbock County 4-H Parent Leaders Association will be conducting a 4-H Rifle Raffle from January to April 15. Tickets are \$10 each to win a Winchester Rifle or a 64 quart Yeti cooler. We are asking 4-H Families to assist with selling the tickets. Packets of tickets may be checked out from the County Extension Office beginning on **January 3.**



ROBOTICS PROJECT

It is time to get signed up for the 4-H Robotics project. To get involved, please call the Extension Office by January 28 to sign-up. If any parents are interested in starting a project for your club, please contact Ronda to schedule a training/orientation to get started.

CONTEST RESULTS

County 4-H Consumer Practice Contest

Junior Placings

1 st	276	Aideen Chaloupka
2 nd	266	Reese Bading
3 rd	261	Rylan Messer
4 th	258	Adyson Sandoval
5 th	175	Holt Hoelscher

Intermediate Placings and Reason

1 st	339	Kyndra Messer
2 nd	315	Aaron Chaloupka
3 rd	304	Madison Chaloupka

Senior Placings and Reasons

1 st	384	Mac Chaloupka
2 nd tie	377	Audrey Crawford
2 nd tie	377	Ashlynn Messer
4 th	376	Alyssa Elmore
5 th	375	Madyson Cook
6 th	366	Weston Brown
7 th	340	Luke Stutzman

District Consumer Results

Senior Team - 1st Place

Mac Chaloupka, Audrey Crawford, Ashlynn Messer and Alyssa Elmore

tie 1st High Individual - Aubrey Crawford

3rd High Individual - Mac Chaloupka

Senior Team - 5th Place

Luke Stutzman, Weston Brown, Madyson Cook and Audrey Ragan

Intermediate Participants

Aaron Chaloupka and Madison Chaloupka

Junior Team 2 - 3rd Place

Aideen Chaloupka, Brynlee Edwards and Rylan Messer

Junior Team 1 - 9th Place

Haeven Parks, Reese Bading, Holt Hoelscher and Adyson Sandoval

3rd High Individual - Brynlee Edwards

10th High Individual - Rylan Messer

District Food Show Participants

Junior - Fruits & Vegetables - Participant

Sadie Cole, Shallowater 4-H

Junior - Breads & Cereals - Participant

Jenny Sullivan, Wildcat 4-H

Junior - Nutritious Snacks - 1st

Brynlee Edwards, wildcat 4-H

Junior - Main Dish - Participant

Paige Chowning, Wildcat 4-H

Intermediate - Nutritious Snacks - 3rd Place

Joseph Fritz, Wildcat 4-H

Intermediate - Fruits & Vegetables - Participant

Dalton Baldrige, Shallowater 4-H

Intermediate - Breads & Cereals - Participant

Seth Crump, Frenship 4-H

Intermediate - Main Dish - Participant

Kyndra Messer, Frenship 4-H

Senior - Main Dish - Participant

Ashlynn Messer, Frenship 4-H

District Food Challenge Results

Senior - Breads & Cereals - 2nd place

Alyssa Elmore

Ashlynn Messer

Audrey Crawford

Madison Taylor

Senior - Nutritious Snacks - 1st place

Colton Baldrige

Jace Morton

Jalyn Levens

Taylor Everitt

Senior - Fruits & Vegetables - Participant

Jake Morton

Byron Goen

Avery Goen

Senior - Main Dish - Participant

Brooke Zwonitzer

Molly Zwonitzer

Jenna Caffey

Intermediate - Breads & Cereals #1 - 3rd place

Ann Dugger

Katie Holcombe

Khaki Bishop

Mallory Emery

Intermediate - Breads & Cereals #2 - 3rd place

Nathanael Gumaer

Audrey Mull

Destry Griffis

Kylan May

Intermediate - Fruits & Vegetables #2 - 3rd place
Cooper Modisette
Lainey Johnson
Wyatt Taylor

Intermediate - Nutritious Snacks #1 - 1st place
Bax Edwards
Brier Griffis
Joseph Fritz
Kendell Follis

Intermediate - Nutritious Snacks #2 - Participant
Lana Brickey
Reagan Winn
Mackenzie Hopkins

Intermediate - Breads & Cereals #3 - Participant
Dalton Baldrige
Eli Bowe
Jud Bowe

Intermediate - Fruits & Vegetables #1 - Participant
Callie Lain
Milei Wright
Malia Kelly

Intermediate - Main Dish #1 - Participant
Kyndal Clayton
Taylor Stevens
Kade Bobo
Addison Medley

Junior - Breads & Cereals #1 - 3rd place
Abby Goen
Caleb Mull
Lucy Fritz
Paige Chowning

Junior - Breads & Cereals #2 - 3rd place
Haley Zeledon
Keegan Martin
Maci Cooper
Mikayla Roberts

Junior - Fruits & Vegetables #1 - 2nd place
Abigail Follis
Brylin Parker
Cutter Griffis
Molli Harris

Junior - Main Dish #2 - 3rd place
Abbigail Williams
Brenlei Parker
Emma Clawson
Kylee McDonald

Junior - Nutritious Snacks #1 - 3rd place
Adyson Sandoval
Eamon Conner

Sadie Cole
Taylor Dennis

Junior - Breads & Cereals #1 - Participant
Katie Ogle
Lilah Graves
Ellie Shoaf
Kennadi Altmann

Junior - Fruits & Vegetables #1 - Participant
Aubree Gutierrez
Lainey Barker
Presley Kute
Rayleigh Stephenson

Junior - Main Dish #1 - Participant
Emma Caballero
Emma Caudle
Abriana Carrasco
Valeigh Salyer

Junior - Fruits & Vegetables #2 - Participant
Brynlee Edwards
Jenny Sullivan
Kincy Wilson
Rylan Woody

District 2 4-H Horse Quiz Bowl

Senior Team—1st Place

Cash Campbell, AJ Kendrick, Ashtyn Ellison and
Aubree Ayers

Intermediate— Team 1—1st Place

David Kendrick, Cooper Campbell, Madison
Chaloupka and Gracie Potter

Intermediate Team 2—2nd Place

Delaney Kleinman, Cece Tongate, JD Hartman, and
Lana Brickey

Junior Team 2—3rd Place

Jayton Ayers, Haeven Parks, Aideen Chaloupka, and
Lainey Kate Barker

Junior Team 1—2nd Place

Brynlee Edwards, Paige Chowning, Emma Clawson
and Reese Williams

District Meats Judging Results

Intermediate -

2nd Place Team -

Bax Edwards, Wildcat 4-H, 5th High Ind.

McKenna Zwonitzer, Wildcat 4-H - 10th High Ind.

Paige Davis, Wildcat 4-H

MacKenlee Evans, Wildcat 4-H - 9th High Ind.

Senior - 1st Place Team

Hagen Sage, Wildcat 4-H - 6th High Ind.
 Rachyl Kitten, Wildcat 4-H - 3rd High Ind.
 Bryce Hutson, Wildcat 4-H - 5th High Ind.
 Caitlin Davenport, Cooper 4-H - 1st High Ind.

Junior Team 1 - 2nd Place

Jenny Sullivan, Wildcat 4-H
 Molli Harris, Wildcat 4-H
 Brynlee Edwards, Wildcat 4-H - 7th High Ind.

Junior Team 2 - 1st Place

Jayton Ayers, Wildcat 4-H - 1st High Ind.
 Garrett Davis, Wildcat 4-H - 2nd High Ind.
 Mason Kitten, Wildcat 4-H - 9th High Ind.

Junior Team 3 - 4th Place

Stratton Kitten, Wildcat 4-H - 10th High Ind.
 Tommy McDaniel, New Deal 4-H
 Creed Evans, Wildcat 4-H

KAY'S KORNER

Step Up & Scale Down with New 8-Week Program

This is the time of year when everyone seems to be saying to themselves, “maybe I should try to start exercising or dieting.” Just in time for your New Year’s resolution of a healthy lifestyle, the local Texas A&M AgriLife Extension Service office is launching Step Up & Scale Down, a new 8-week weight management program to help the public in their efforts.

The series will kick off January 10, 2019 at Catholic Charities, 102 Ave. J, Lubbock, TX 79401. Classes will be held at 10-11 AM for 8 consecutive Thursdays. Step Up & Scale Down is a great program to do with a friend or family member. It’s always easier to reach your goals when you have additional support.

The program consists of weekly lessons to help participants move toward a healthier weight and includes a weekly weight check-in, weekly challenge to “stay the course,” Dinner Tonight! healthy recipes and tips, exercise resources, and a weight-loss planner. The sessions include: Scale Down by Setting Goals; Step Up to a Healthy Plate; Scale Down by Label Ready; Step Up to Breakfast and Menu Planning; Scale Down with Moves to Lose; Step Up Your Hydration; Scale Down by Finding your Motivational Mojo; Step Up to Healthy Snacking; Scale Down with a Colorful Plate; Step Up to Successful Socializing; Scale Down by Knowing Your Numbers; and Step Up and Celebrate.

The Step Up & Scale Down program is based on the USDA Dietary Guidelines, which are intended to help Americans choose a healthful eating plan. Step Up & Scale

Down is a researched-based program that has proven success in weight management and building healthy lifestyle habits.

Cost for the week program is free, which includes all course materials. Catholic Charities is providing gift cards and other prizes for reaching goals and for door prizes at each class. Pre-registration is available until *January 9, 2019* by contacting Texas A&M AgriLife Extension Service, Lubbock County office, at 806-775-1740 or by email at kay.davis@ag.tamu.edu OR by calling Anna Sullivan or Sabrina Robbins at Catholic Charities 806-765-8475.

MASTER WELLNESS VOLUNTEER TRAINING KICKS OFF STATEWIDE IN JANUARY

The Texas A&M AgriLife Extension Service will begin a new series of Master Wellness volunteer training programs across the state in January, and anyone interested in promoting health and wellness is welcome to join the effort, said Andy Crocker, AgriLife Extension statewide program specialist in gerontology and health, Amarillo.

“In the U.S., 86 percent of all health spending is related to chronic conditions - things like diabetes, high blood pressure, high cholesterol and many others,” Crocker said. “According to the Centers for Disease Control and Prevention, these costs can be managed and potentially reduced through education and lifestyle modification.”

Master Wellness volunteers undergo 40 hours of training on health, nutrition and food safety and commit to providing an equal number of hours toward outreach and education, helping reduce the burden of chronic conditions in Texans and Texas’ communities, he said.

Once trained, Master Wellness volunteers will have the opportunity to serve by giving presentations for local community groups, assisting with healthy cooking demonstrations, participating in health fairs and much more.

“It doesn’t matter that you are not a health professional,” Crocker said. “We welcome participation from anyone interested in promoting health and wellness: college students, employees, retirees - anyone.”

Because each community is different, he said, Master Wellness volunteers work with AgriLife Extension county agents and other stakeholders to identify needs and opportunities to help make a difference locally.

“We also know that all our volunteers come from diverse backgrounds, so they’re often able to identify novel topics, audiences and resources in the area,” Crocker said.

He said in January, the agency will convene a statewide training for Master Wellness Volunteers, but those

interested do not have to leave their county. Two of the in-person sessions will be held at the county office; the rest of the training will be conducted online.

“It’s never been easier to give back to your community,” Crocker said.

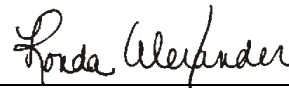
For more information about the Master Wellness Volunteer Program, visit <http://agrilife.org/mwv>. For more information regarding the statewide training, send an email to mwv@ag.tamu.edu with contact information and the county name.

“We’ll connect you with the county agent in your county to provide more details about the training,” he said.

Lubbock County will participate in the Master Wellness Volunteer Face to Face Training to be held **January 22 and February 19, 2019** in the Lubbock County Extension Office. Call Kay Davis, Lubbock County Extension Agent-FCH for more information.

Parents and 4-H’ers:

If you have questions about the Lubbock County 4-H program, need assistance or need more information about an event, activity or project, please give us a call. We’re here to serve you, but you must let us know when you need assistance or have special interest areas.



Ronda Alexander
County Extension Agent, 4-H
Lubbock County



Lubbock County Extension Staff
P.O. Box 10536, Lubbock, TX 79408
916 Main, Suite 401, Lubbock TX 79401
(806) 775-1740 Fax: (806) 775-1758

E. Kay Davis CEA-Family & Community Health	Robert Scott CEA-Agriculture
Nancy Trevino-Schafer CEA-Urban Youth Development	Christina Reid CEA-Horticulture
Open EA-Integrated Pest Management	Open CEA-Agriculture

The information given herein is for educational purposes only. References to commercial products or trade names is made with the understanding that no discrimination is intended and no endorsement by the Extension Service is implied.

We will seek to provide reasonable accommodations for all persons with disabilities for any of our meetings. We request that you contact Texas A&M AgriLife Extension Service - (806) 775-1740, as soon as possible to advise us of the auxiliary aid or service that you will require.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>Texas A&M AgriLife Extension Service Lubbock County 4-H JANUARY 2019</p>						
		1 County Holiday CEO Closed 	2	3 4-H Rifle Raffle Tickets available for pickup, CEO	4	5
6	7	8 ●5:30 4-H Clover Project Mtg, CEO ●6:30 pm 3-Position Rifle Project Orientation for new shooters, CEO	9 ●6:30 pm Meat Goat Jackpot, TTU Livestock Pavilion	10 ●10am LCJLS Steer, 4:30pm Lamb Show, Texas Tech Livestock Pavilion	11 ●6pm Barrows in place, SP Fairgrounds <div style="border: 2px solid green; padding: 2px; text-align: center;">4-H Concession Stand</div>	
13 ● Heifer Show	14	15 ● 6-8 pm 4-H Archery Practice-new shooters, Archery Shack	16	17	18	19 ●5:30 pm Buyers Meal ●6:30 pm Premium Auction, Texas Tech Livestock Arena.
20	21 County Holiday CEO Closed 	22 ● 6-8 pm 4-H Archery Practice-new shooters, Archery Shack	23	24	25	26
27	28 ●5:30 pm 4-H Clothing Project Leader Training, CEO ●6:30pm PLA & Teen Council Meetings, CEO TX 4-H Foundation Scholarship apps due to CEO ●RSVP to CEO if attn 1-30 Recordbook Training.	29 ●6-8 pm 4-H Archery Practice - all shooters, Archery Shack	30 ●6 pm Beginner 4-H Recordbook Training, CEO	31	NOTE: Not all dates are listed on this calendar.	

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p style="text-align: center;">Texas A&M AgriLife Extension Service Lubbock County 4-H FEBRUARY 2019</p>						
<p>NOTE: Not all dates are listed on this calendar.</p>					<p>1 ● Sign up if interested in 4-H Photo Workshop Series. ● Sign up for 4-H Dog Project.</p>	<p>2</p>
<p>3 ● Beekeeping Essay Contest appl. DUE</p>	4	5	<p>6 ● 5:30 pm 4-H Clover Project, CEO</p>	7	8	9
10	11	12	13	<p>14 </p>	<p>15 ● Aubrey Russell & TEEA Scholar. Appls. DUE</p>	16
17	<p>18 President's Day County Holiday CEO Closed</p>	19	20	<p>21 ● 6 pm 4-H Archery Practice starts, Idalou</p>	22	23
24	<p>25 ● 6:00 pm Advanced Recordbook Training, CEO</p>	26	27	28	<p>March 1 - TEEA Alumnae Young Adult Scholarship applications due to Chair 18 4-H Photo entries due to CEO</p>	

Lubbock County 4-H County 4-H Awards Summary Sheet

Specific Details in Criteria Guidelines

It is the applicants responsibility to turn in a separate application form, in addition to a Record Book, if needed.

Award Name	Age Division	Date Due to CEO	Materials to Submit
4-H RECORD BOOK	Junior, Intermediate and Senior	June 24, 2019	Completed Current Year 4-H Record Book; must be judged at County to receive t-shirt or to advance to District; 1 st place Record Book at County advance to District; Others may wildcard into open categories, as available;
PARADE OF CHAMPIONS (POC)	Junior, Intermediate and Senior	June 24, 2019	Compete in at least one County/District/State Competition and participate in either a project meeting, tour, workshop or community service during 2018-2019 4-H year; Submit "POC" form;
ACHIEVEMENT AWARD (One Award)	Junior, Intermediate, or Senior	June 24, 2019	4-H Recordbook - (First Year Member Only)
GREEN CLOVER AWARD (One or More Awards)	Junior, Intermediate and Senior	June 24, 2019	4-H Recordbook
4-H CHAMPION AWARD (One or More Awards)	Junior, Intermediate and Senior	June 24, 2019	4-H Recordbook
OUTSTANDING JUNIOR (One or More Awards)	Junior (3 rd - 5 th Grade)	June 24, 2019	4-H Recordbook
OUTSTANDING INTERMEDIATE (One or More Awards)	Intermediate (6 th - 8 th Grade)	June 24, 2019	4-H Recordbook
BRONZE STAR AWARD (One or More Awards)	Junior (3 rd - 5 th Grade)	June 24, 2019	4-H Recordbook
SILVER STAR AWARD (One or More Awards)	Intermediate (6 th - 8 th Grade)	June 24, 2019	4-H Recordbook
OUTSTANDING SENIOR AWARD (One or More Awards)	Senior (9 th - 12 th Grade)	June 24, 2019	4-H Recordbook
TEEN LEADER (One or more awards)	Senior (9 th - 12 th Grade)	June 24, 2019	4-H Recordbook
DANFORTH "I DARE YOU" AWARD (One or more awards)	Senior (9 th - 12 th Grade)	June 24, 2019	Current year or State winning 4-H Record Book. [Senior State winning Record book applicants MUST write an update letter about their 4-H participation since they won state (1 page maximum). Attach the update to the inside cover of the record book.]
LUBBOCK COUNTY 4-H SCHOLARSHIP (# based on eligible applicants)	Graduating Senior	June 24, 2019	Lubbock County 4-H Scholarship Application (Application available from County Extension Office) Applicants must meet qualifications senior year and two of their other three high school years. Scholarship is funded by South Plains Fair, as funds are available. Recordbook must be submitted senior year to be eligible.

Award Name	Age Division	Date Due to CEO	Materials to Submit
4-H SCHOLARSHIPS	Graduating Senior		For a 4-H'er to receive any 4-H scholarship awarded at the County level, they must be in attendance at the County Achievement Banquet, or have a valid reason for their absence approved by the Awards and Recognition Committee or the scholarship will not be awarded.
GOLD STAR AWARD (Number of awards based on District quota)	Senior (15-18 years old as of 8-31-16)	June 24, 2019 (Interviews TBA)	Current year or State winning 4-H Record Book and Gold Star Information Form.[Senior State winning Record book applicants MUST write a concise update letter about their 4-H participation since they won state (1 page maximum). Attach the update to the inside front cover of the record book.]
FRIEND OF 4-H AWARD (One or more awards)	Businesses or Individual NOT actively involved in 4-H Clubs	June 1, 2019	Lubbock County 4-H Nomination Form
CAREER LEADER AWARD (One or more awards)	Adult Leaders actively involved 10 or more years	June 1, 2019	Lubbock County 4-H Nomination Form
ADULT LEADER AWARD (One or more awards)	Adult Leaders in Lubbock County who are Actively Involved	June 1, 2019	Lubbock County 4-H Nomination Form
CLOVER AWARD (One or more awards)	New Adult Leader (3 or less years of involvement)	June 1, 2019	Lubbock County 4-H Nomination Form
MODEL CLUB AWARD (One or more awards)	Lubbock County 4-H Club involved in various projects and activities.	June 24, 2019	Club Manager must submit the "Texas 4-H Club Standards of Excellence" Report (found in the Club Management Guide).
PROJECT and YEAR PIN	Junior, Intermediate and Senior	June 1, 2019	Complete a Lubbock County 4-H Record Form or a Recordbook and a pin request form; and submit to Club Manager or CEO.
CLOVER KID CERTIFICATE AND PIN	Clover Kids (K-2nd Grade)	June 1, 2019	Clover Participants must complete a Clover Participation Form and submit to the CEO.

12-27-18

awardpkt.19

**Awards and Recognition Committee will make final adjustments of awards. (No duplication of awards, etc.)

**Disclaimer – If any 4-H member breaks the Code of Conduct at any time throughout the year, they may not be eligible for County Awards.

**Plan to attend the Lubbock County 4-H Achievement Banquet – August 4, 2019
All awards, pins and certificates will be awarded at this event.**