



Lubbock County 4-H News



Lubbock County Extension Office • (806) 775-1740 • Fax (806) 775-1758 • <http://lubbock.agrilife.org/>
 Physical Address: 916 Main, Suite 401 • Lubbock, TX 79401 • Mailing Address: P.O. Box 10536 • Lubbock TX 79408

January - February, 2018

Welcome Karen

If you haven't met Karen yet, be sure to introduce yourself the next time you come by the Extension Office. We are pleased to have Karen Sweat join our staff as the new Receptionist.

4-H ENROLLMENT REMINDER

If you are receiving this 4-H Newsletter, you are an official enrolled member in 4-H. With the changes as of September 1, an enrollment fee of \$25 per year is now required for all 4-H members. (Clovers do not have to pay an enrollment fee.) Enrollment is now done only "on-line through 4-H Connect." Youth may join at any time through this online process. Please remember that to compete or participate in any 4-H project meeting, activity, club meeting or contest – all youth must be official 4-H members.

DISTRICT GOLD STAR BANQUET RECOGNIZES WINNERS

District 2 Gold Star winners were recognized at the 60th Annual Gold Star Awards Banquet on November 20 at the Frazier Alumni Pavillion. Lubbock County 4-H'ers recognized were: Shae Lynn Suttle, Travis McGougan, Jeremy Schwertner and Hayden Crawford. Gary and Kristy Henniger were also recognized as the Distinguished Leader Award recipient.

4-H TEENS

Teen Council

All Lubbock County 4-H'ers, age 13 and older, are invited to participate on the Lubbock County 4-H Teen Council. The Council is made up of officers elected from the prior years membership, delegates from each 4-H club in Lubbock County, and any other youth who are interested

IN THIS ISSUE

Page 1

Welcome Karen
 4-H Enrollment Reminder
 District Gold Star Banquet Recognizes Winners
 4-H Teens - Teen Council

Page 2

4-H Clover Project Meeting
 Parent-Leaders Association
 Scholarships

Page 3

Scholarships continued
 2018 Awards Packet
 4-H Recordbooks

Page 4

Lubbock County 4-H On-line
 Are You a Member?
 2018 Beekeeping Essay Contest
 Lubbock County 4-H Handbook

4-H Projects • Clothing & Textiles Project - Clothing Leader Training; 4-H Clothing Project Opportunities; 4-H Fashion Show

Texas 4-H Fashion Storyboard Contest
 • 4-H Photography Project
 • Horse Project - Opportunities & Judging
 • Livestock Projects - Lubbock County Junior Livestock Show Schedule;
 Goat Project Jackpot;
 School Excuses;

Page 5

4-H Concession Help
 • 4-H Judging Teams
 • 4-H Dog Project
 • County-Wide 4-H Veterinary Science Project

Page 7

• 4-H Shooting Sports - 3-Position Rifle Project;
 2017 Archery Project
 • Robotics Project

Page 7-10

Contest Results

Page 10-11

Kay's Korner

Page 12

January/February Calendars

Page 13-14

4-H Awards Summary Sheet

If you need any type of accommodation to participate in this program or have questions about the physical access provided, please contact Ronda Alexander at 806-775-1740 at least 2 weeks prior to the program or event.

Texas A&M AgriLife Extension provides equal opportunities in its programs and employment to all persons, regardless of race, color, sex, religion, national origin, disability, age, genetic information, veteran status, sexual orientation, or gender identity.

The Texas A&M University System, U.S. Department of Agriculture, and the County Commissioners Courts of Texas Cooperating

in participating in Council activities. The next meeting will be held on **Monday, January 22 at 6:30 p.m.** at the County Extension Office, 916 Main, Suite 401. For February, we will participate in the community service activity serving as hosts at the Meals on Wheels Mardi Gras, there will not be a regular monthly meeting. To assist with the Meals on Wheels Community Service, 4-H'ers must sign up at the January meeting.

4-H CLOVER PROJECT MEETING

It isn't too late to get started with the 4-H Clover project meetings! Our next meeting will be held on **Wednesday, January 10 at 5:30 p.m.** at the County Extension Office. This month's project focus will be on Photography. Please RSVP by *January 8* if you plan to attend. There isn't a cost to participate, however youth must be enrolled as a "Clover 4-H'er." For February we will meet on **Wednesday, February 21 at 5:30 p.m.**

4-H PARENT LEADERS ASSOCIATION

Membership of the Lubbock County 4-H Parent Leader's Association is open to all parents, adults and leaders, and anyone else interested in the Lubbock County 4-H program. Many important activities and events are planned and discussed at these meetings. Your attendance and participation will ensure that you are aware of all of these happenings. The 4-H Program is dependent upon our parents and leaders to keep going; we need your assistance and input at these meetings. Meetings are normally held on the 3rd Monday of every month. Our next meeting will be held on **Monday, January 22 at 6:30 p.m.** at the County Extension Office, 916 Main Suite 401. We will not meet in February.

SCHOLARSHIPS

Aubrey W. Russell 4-H Scholarship

The Aubrey W. Russell Scholarship is a \$600 scholarship to assist a worthy District 2 4-H member to attend a college or university in the South Plains District (2) to major in home economics or a related field. An additional scholarship(s) may be awarded if there are two or more eligible applicants and contributions are adequate. The scholarship is awarded as follows: \$300 for the Fall semester following the judging, and \$300 for the Spring semester following judging.

Donors:

This scholarship fund is made up of voluntary contributions from Family and Community Education Clubs, individuals, and other groups in the Extension South Plains District (2).

Eligibility:

1. Has completed or is enrolled in the third year of 4-H in the South Plains District.
2. Has not previously won this scholarship.
3. Plans to major in home economics or related field, including education, food technology, or pre-nursing.
4. Plans to attend (or is attending) a college or university in the South Plains District that offers a pre-home economics degree or bachelor's degree in home economics or related field, as mentioned above.
5. Plans to attend the Fall and Spring semesters following scholarship judging.
6. Meets entrance requirements at the selected college or university.

Materials to be Submitted:

1. A completed 2018 Aubrey W. Russell 4-H Scholarship Application Form (abbreviated copy). Available from the Extension Office.
2. One copy of high school transcript or college transcript, if applicable.

Due Date:

The application materials are due to the Lubbock County Extension Office by *February 15, 2018*. Let us know if you are interested.

TX 4-H Foundation Scholarship

Texas 4-H Scholarship applications are due to the County Extension Office by *Monday, January 29*.

Qualifications for submitting a 4-H Foundation Baccalaureat Scholarship application include: Texas resident who will graduate from a Texas high school during the 2017-2018 school year, has a minimum SAT score of 1350 (old score) or ACT score of 19, has passed the TAAS/TASP test and plans on attending a Texas college or university. If you have any questions, please give us a call. A completed FAFSA is also required.

There are two other categories of 4-H Foundation Scholarships. These include: Technical-plan to attend a technical school for specialized training; and Courageous Heart - nominated by an individual or leader, must have documentation of overcoming a life obstacle such as medical, family or education (may not be nominated by a relative). Applications may be picked up from the Extension Office or from the State 4-H Website. Please contact Ronda if you need assistance or have questions.

TEEA 4-H Scholarship

The Texas Extension Education Association is once again offering on \$1,000 scholarship in each Extension district (total of 12) for deserving Texas 4-H members.

The eligible requirements for those applying are:

- Be a United States citizen.
- Be currently an active senior 4-H member in good

standing with county 4-H program for the last four (4) years.

- Demonstrate leadership and personal development through 4-H.
- Will attend an accredited institution of higher learning: university, community college, trade or technical school in fall following judging.
- Have not passed 19th birthday before January 1 of current year.
- Have not previously received the State TEEA scholarship.
- Complete a Texas 4-H Recordbook (updated through previous year's Texas 4-H Recordbook judging deadline).
- Complete TEEA 4-H Scholarship Application and provide other required materials.

Application submission process includes:

1. Postmarked on or before *February 15*, submit to the county AgriLife Extension office in a manila envelope:
 - ❖ Envelope labeled with the applicant's name and county.
 - ❖ Only a black and white copy of Texas 4-H Recordbook from the previous year's Texas 4-H Recordbook judging deadline of August 31 accepted.
 - ❖ Official high school transcript with ACT and/or SAT scores included.
 - ❖ Completed TEEA 4-H Scholarship Application.
 - ❖ Two letters of recommendation: one from a county Extension agent or 4-H club manager and one from a teacher, employer, or community leader (not a relative).
2. If the applicant wants these materials returned, include a postage-paid, self-addressed envelope and letter of request.

Deadline for submission to County Extension Office is *February 15, 2018*.

Additional information and application for this scholarship and for all Texas 4-H Scholarships are posted on line at: <http://teea.tamu.edu/manual/chapter12.pdf>

TEEA Alumnae Young Adult Scholarship

The number of scholarships and the amount are dependent on availability of funds. Funds for the scholarship are raised by donations, memorials, and fundraisers by members of the Alumnae Committee. Anyone may contribute to this scholarship fund.

General Information

1. The applicant must be a former 4-H member **or** the son/daughter or grandson/granddaughter of a current TEEA member.

2. The applicant must be between the ages of 19 and 24 at the time of application.
3. Applications are available from County Association Chairs, District Directors, and the Chair of the Alumnae Committee. A copy of the application is also located in the TEEA Manual (Chapter 12) and on the TEEA website (<http://teea.tamu.edu/manual/chapter12.pdf>).
4. Applications are due by *March 1* to the Chair of the TEEA Alumnae Committee.
5. Applications will be judged at the TEEA Spring Board meeting and winners will be notified after the meeting.
6. The applicant must remain a full-time student, or the amount will be returned to TEEA.
7. The scholarship may be applied for use at the beginning of the school semester and used as needed.

Lubbock County Parent Leaders Scholarship

The Lubbock County Parent Leaders Association and South Plains Fair are sponsoring a Scholarship program for 4-H youth completing their Senior High School year. These applications are due to the County Extension Office the same time record books are due. The information needed covers three years of your Senior 4-H career with the final year being your Senior High School year. If you did not receive a form, or have misplaced yours, contact the County Extension Office to receive another form. The form is your responsibility to complete the required items and to keep track of.

2018 AWARDS PACKET

The Lubbock County 4-H Awards Packet is available now on the Lubbock County website, under 4-H Publications. The packet includes information about available awards as well as guidelines. Please review the packet, noting that Recordbooks (what you submit to be considered for an award) are due *June 25, 2018*. Several Recordbook trainings will be held this Spring to assist you in completing a recordbook - be on the lookout for these upcoming dates.

4-H RECORDBOOKS

A beginner's training has been scheduled for **Monday, January 29 at 6:00 p.m.** at the County Extension Office. Trainings will be scheduled once a month for March, April, May and June. Club managers are also welcomed to schedule a training just for your club members. *Please RSVP to CEO (775-1740) by Monday, January 29.*

An Advanced Recordbook Training will be held on **Wednesday, February 28** at the CEO at 5:30 p.m. This training is for those who have several years of practice with Recordbooks and want to have a more competitive Recordbook - as well as for Senior 4-H Competitions.

LUBBOCK COUNTY 4-H ON-LINE

If you lose your 4-H newsletter, there's still hope. You may now access the 4-H newsletter as well as various other sources of information at: <http://lubbock.agrilife.org/>

ARE YOU A MEMBER ?

The Texas 4-H Friends and Alumni Association would like to have you as a member! To find out more about them, visit www.texas4hfriends.org

2018 BEEKEEPING ESSAY CONTEST



For the 2018 essay contest, the essay topic is: ***“What’s So Super about the Super Organism in the Honey Bee?”*** The contest is open to active 4-H club members only. 4-H’ers who have previously placed first, second, or third at the national level are not eligible; other state winners are eligible to re-enter.

Individuals must send all essays electronically to the Texas 4-H and Youth Development Program by **February 18, 2018**. More information is available at: <http://texas4-h.tamu.edu/projects/entomology/>

LUBBOCK COUNTY 4-H HANDBOOK

It is online and accessible for all! The 4-H Handbook is located online at the county website (<http://lubbock.agrilife.org/>); it is located under the publications tab - in its own 4-H Handbook section. The following sections are currently available: 4-H Calendar, 4-H Facts, 4-H Fundraisers, 4-H Projects and 4-H Websites.

4-H PROJECTS



CLOTHING AND TEXTILES PROJECT

Clothing Leader Training

The 4-H Clothing Project Leader Training will be held on **Tuesday, January 23 at 5:30 p.m.** at the County Extension Office. Our training topic will be “Clothing Project Ideas and Activities.” Plans for clothing project activities will be made at this time as well as training ideas for working with clothing project participants. If you are

interested in helping to plan the project activities be sure to attend the meeting. If you can't attend the meeting, let Ronda know any suggestions that you have.

4-H Clothing Project Opportunities

Who doesn't enjoy new clothes! The 4-H Clothing Project provides the perfect opportunity for youth to learn about clothing selection and care. For those who enjoy being creative, this project provides opportunities to develop design and construction skills. So whether you want to get the most for your clothing dollars at the ready-to-wear store or want to learn to sew in order to make your own creations, the 4-H Clothing project is for you!

4-H Fashion Show

The District 2 Fashion Show *for juniors, intermediates and seniors* will take place on the evening of **Thursday, April 19**. Participants model a garment that they have made or purchased. It is possible for twenty-two Lubbock County 4-H'ers to advance to district!

The District Duds to Dazzle Contest will be held during the day on **April 19** in Lubbock.

First place winners from the County Fashion Show will advance to the District Competition. The **County Fashion Show** is tentatively scheduled to be held in March. More info will be sent when all plans are finalized.

The entry divisions include:

Construction: garments made by sewing, knitting, or crocheting.

Buying: clothing purchased at a department store, specialty store, in a catalog, outlet or resale store, or from a professional seamstress. The 4-H'er must comparison shop, comparing 3 similar garments, and then purchase the one of their choice.

The categories have changed this year - they are:

Construction: Casual Everyday Living
Re-Fashion
Semi-Formal/Formal
Theater/Costume Garment

Buying: Business/Interview Attire
Fantastic Fashions under \$25
Semi-Formal/Formal
Special Interest

Texas 4-H Fashion Storyboard Contest

The Fashion Storyboard is a version of the presentation boards that are used in the fashion industry for selling and communicating ideas. The purpose of the Fashion Storyboard Contest is to give 4-H members an opportunity to create illustrations of their original design and display their work in a storyboard format, similar to that used in the fashion industry. Through project work, the 4-H member has the opportunity to gain knowledge of the career responsibilities of a fashion designer and illustrator,

enhance creativity and originality and develop visual communication skills.

The Clothing Project Newsletter will be mailed early February and will contain details about due dates for the Storyboard contest and Fashion Show.



4-H PHOTOGRAPHY INFORMATION

For the county Photography contest, participants may simply submit a regular size print of the photo (4x6) - Guidelines for District and State will be provided to those advancing on. Mounting is not required for County. Please see the Participant Photography Guide on our county website for entry categories. First place entries at the county contest advance directly to State for Seniors; and District for Junior and Intermediates.

Our County entries will be due *March 19*. Winners in the Junior and Intermediate Categories will advance to the District Contest which will have entries due *in April*. Senior entries will be due to State by *April 15*. A workshop series will be held in February and March; please sign up by *February 1* and you will be notified about meeting dates.



Ask to join the Lubbock 4-H Livestock Facebook group.

HORSE PROJECT

4-H Horse Judging

If you are interested in participating in this project activity please sign-up through the Extension Office ASAP. Samantha Kendrick is coordinating the County 4-H Horse Judging Practices. They are currently meeting on Sunday afternoons. You will be provided with meeting information.

LIVESTOCK PROJECTS
Lubbock County Stock Show Schedule

Friday, January 12, 2018, Texas Tech Livestock Pavilion

9:00 a.m. . . Weight due and Steer classifying begins
12:00 noon Steer Show
4:00 p.m. Lamb breeds & weights due
6:00 p.m. Lamb Show

Saturday, January 20, 2018 -

8:00 a.m..... BARROW SHOW

Saturday, January 27, 2018

(Activities located at the Texas Tech Livestock Arena)

5:30 p.m. Buyers Meal
6:30 p.m. Premium Auction

GOAT PROJECT

Meat Goat Jackpot

Wednesday, January 10, 2018; 6:30 pm

Located at the Texas Tech Livestock Pavilion.
Show Rules and Guidelines

1. Open to any meat goat exhibitor residing in Lubbock County - No minimum age, must not exceed the age of 19 or a Senior in High School (All ages will be determined as of January 1, 2015.)
2. Must be state validated.
3. Weathers and/or does allowed.
4. Minimum weight 50 lbs. - no maximum
5. Horns allowed, but must be tipped.
6. Must be uniformly slicked sheared, no longer than 3/8 inch above the hocks.
7. Complete set of milk teeth, not required.
8. Official weigh-in 5:00-6:00 pm.
9. Buckles awarded for Grand, Reserve Grand.
10. Showmanship will be judged this year! **4 Classes**
11. Buckles to Showmanship Winners - Sr. (15-19 years old), Intermediate 12-14 years old), Junior (8-11 years old), PeeWee (7 years old and under).
12. Show out of trailer.

SCHOOL EXCUSES

The form for School Excuses were due **December 2017** to the County Extension Office. If you are going to miss school due to Stock shows, and have not turned in a form, obtain a form and return it to the Extension Office **immediately**. Unless a form is turned in, a letter for an excused absence on your behalf will not be sent to your school.

REMINDER: Blanket excuses and eligibility information has been requested by our office for the shows entered. Parents, please notify your 4-H'ers principal of the exact dates of upcoming school absences. Make sure that you

understand your school district's policy for the 10 day/90% attendance requirements. Visit with school instructors to determine plans concerning homework, tests, projects, etc. and to make sure that your 4-Her is passing all subjects prior to and during the absence period. Eligibility for competing in any event must be determined prior to the event, whether you are missing school or not. The Extension Office sends correspondence for all events to each school prior to the competition. In order for youth to compete they must be considered academically eligible by your school.

4-H CONCESSION HELP

We will be having 2 separate Concession Stands for the 2018 Lubbock County Jr. Livestock Show.

The *Steer and Lamb Show* **January 12** will be held at the Texas Tech Livestock Pavilion.

We will not have the regular 4-H Concession Stand at this show. There are still opportunities to assist though.

Due to changes in the Livestock Show schedule, we will only be open on Friday and will have a limited menu.

Thursday, January 11 - set-up, Texas Tech Livestock Pavilion.

5-7 p.m. - unload concession supplies and set-up
 3 volunteers

Friday, January 12 - Concession Operation, Texas Tech Livestock Pavilion.

8:00 - 10:00 a.m. 2 volunteers
 10:00 - 12:00 p.m. 2 volunteers
 12:00 - 2:00 p.m. 2 volunteers
 2:00 - 4:00 p.m. 2 volunteers
 4:00-6:00 p.m. 2 volunteers
 6:00-8:00 p.m. 2 volunteers

The *Swine Show* held on **Saturday, January 20** will be another opportunity to assist with a Concession Stand.

Wednesday, January 17 - Concession Clean-up and Move Equipment

2-5 p.m. (clean-up) 2 volunteers
 5-8 p.m. (move equipment) 2 volunteers

Thursday, January 18 - Food Prep

3-6 p.m. 3 volunteers
 6-8 p.m. 3 volunteers

Friday, January 19 - Concession Stand Opens

8-11 a.m. 3 volunteers
 11-1 p.m. 3 volunteers
 1-3 p.m. 3 volunteers
 3-6 p.m. 3 volunteers
 6 - ?? p.m. 3 volunteers

Saturday, January 20

7-9:30 a.m. 6 volunteers
 9:30-12 p.m. 9 volunteers
 11:30-2 p.m. 9 volunteers
 2-4:30 p.m. 6 volunteers
 4:30-7 p.m. 6 volunteers
 7-?? p.m. 3 volunteers

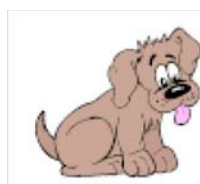
Sr. 4-H members can use this as one volunteer opportunity listed on the Parent Leaders Scholarship Application.

*Please remember that Senior 4-H'ers must work at two (2) PLA fundraisers in order to have their expenses paid to a state contest (i.e. State Roundup, Horse Show) **Please call Ronda at the County Extension Office (775-1740) to volunteer.** If you are unable to help at the designated times, but still available to help, please call and check with Ronda about other needs. If you need to contact her at the Concession stand, please call 806-782-7946.

4-H JUDGING TEAMS

If you are interested in spring judging competition for Dairy, Entomology ID, Soils, or Grass ID, please contact our office and leave your name and phone number under the respective category and age division. For Livestock and Wool judging please contact Robert Scott at the County Extension Office.

4-H DOG PROJECT



4-H Dog Project Certification

If you are interested in showing a dog in the State 4-H Dog show, the Dog Certification form verifying ownership is due on 4-H Connect by *January 10*. Please contact us if you have questions or plan to certify a dog for showing.

We do not have a local dog show or project meetings, however there are several 4-H dog shows across the state. Please let us know if you are interested.

COUNTY-WIDE 4-H VETERINARY SCIENCE PROJECT INTEREST

Through the County 4-H Veterinary Science Project, 4-H'ers age 12 and up begin their studies towards a career in the Veterinary Science Certification Program. For the certificate program, students must complete 100 lessons and 50 activities, as well as 500 skill hours. This program will be done over a 3-5 year time frame. Monthly meetings are held to complete the 100 lessons.

If you are interested in participating, please contact Ronda. This is an on-going, year round program.



AIMING FOR THE BULL'S EYE *4-H Shooting Sports Review*



The time is at hand to begin 2018 Spring 4-H Shooting Sports projects, which includes the smallbore rifle and archery projects. If you have not registered with the county office for these projects, please call 775-1740 at your earliest convenience to make sure you are on our contact list for 2018 Shooting Sports Updates.

2018 3-Position Rifle Project

The spring rifle project involves indoor target shooting in the prone, standing, and kneeling positions. Firearms and equipment are provided. The project is taught by NRA-certified volunteer coaches. Shooters must provide hearing protection (foam ear plugs work best) and eye protection. The project will include county, district, and state competition levels.

A project orientation for new shooters (including gun safety) will be held at the County Extension Office building, 916 Main Street, Suite 401 on **Tuesday, January 9 at 7:00 p.m.** Please enter through the South doors of the building.

Experienced shooters will begin practice on Sunday, January 14 at 5:00 p.m. Practice sessions will be held at Patriot Shooting Range, 5840 49th St. Details regarding practice schedules will be sent to the participant list via e-mail.

Reminder - All shooters must be registered on-line as a Texas 4-H Member for the 2017-18 4-H Year.

2018 4-H Archery Project

The 4-H Archery Project involves target shooting with either traditional or compound bows. Because of the interest in this program, plans have been made to offer this project at two locations. County shooting equipment is available, but limited.

Participants who have their own shooting equipment should plan to bring it. The project is scheduled to begin for experienced shooters in Mid-February at each of the following 2 locations:

Tentatively, Thursday nights in

- 1) Idalou at Damon Cooley's Barn (301 E. 1st). This is the same location as last year. The building is a tan quonset barn on the North side of Hwy 62/82, approximately 1 mile East of Main Street. **Practices for this group will be held on Thursdays, beginning February 22 at 6:00 p.m.**

- 2) Practices will also be held on Tuesdays at the Archery Shack, 7113 Santa Fe Drive, Lubbock from 6-8 p.m.. **New shooters will meet on January 16 and 23; all shooters will begin practicing on January 30.**

Please bring \$5 range fee and any equipment you have to practices.



ROBOTICS PROJECT

It is time to get signed up for the 4-H Robotics project. To get involved, please contact Alicia Chaloupka at yellowrose519@yahoo.com. She and her husband conduct the county-wide robotics project. If any parents are interested in starting a project for your club, please contact Ronda to schedule a training/orientation to get started.

County 4-H Consumer Practice Contest November 28, 2017

Junior Placings

1 st - 288	Christyan Day
2 nd - 283	Clara Mixson
3 rd - 282	Molli Harris
4 th - 280	Reese Bading

CONTEST RESULTS

5 th - 271	Kyndra Messer
6 th Tie-270	Kason Kerin
6 th Tie-270	Mackenzie Hopkins
8 th - 269	Aideen Chaloupka
9 th - 266	Brynlee Edwards
10 th - 261	Kenly Hindman
11 th - 260	Madison Chaloupka
12 th -253	Jacob Mixson
13 th - 246	Sadie Cole
14 th - 237	Jenny Sullivan
15 th - 236	Logan House

Intermediate Placings and Reason

1 st - 335	Jud Bowe
2 nd - 334	Landon Day
3 rd Tie- 333	Audrey Ragan
3 rd Tie- 333	Mac Chaloupka
5 th - 329	Eli Bowe
6 th - 231	Jacob Everitt
7 th - 320	Wyatt Mixson
8 th - 318	Bax Edwards
9 th - 315	Dalmon Biggs

10th- 313 Aaron Chaloupka
 11th- 310 Ashlynn Messer
 12th-308 Luke Stutzman

Senior Placings and Reasons

1st - 332 Taylor Everitt
 2nd - 330 Brooke Meredith

District Consumer Results

Jr. Individual

5th Place James Barker, Shallowater 4-H
 9th Place Aideen Chaloupka, Wildcat 4-H

Intermediate Individual

1st Place Mac Chaloupka, Wildcat 4-H
 6th Place Landon Day, Shallowater 4-H

Senior Individual

8th Place Ben Wanjura, Wildcat 4-H
 10th Place Brooke Meredith, Red Raider 4-H

District Consumer Results

Senior Team—2nd Place

Ben Wanjura, Brooke Meredith, Taylor Everitt and
 Alyssa Elmore

Intermediate— 1st High Individual—Mac Chaloupka

Intermediate Team 1—6th Place

Mac Chaloupka, Aaron Chaloupka, Luke Stutzman
 and Audrey Ragan

Intermediate Team 2—9th Place

Jacob Everitt, Daimon Biggs, and Addison Medley

Intermediate Team 3—8th Place

Ashlynn Messer, Bax Edwards, and Wyatt Mixson

Intermediate Team 4 —4th Place

Landon Day, Eli Bowe, Jon Servantez and Jud
 Bowe

Junior Team 1—4th Place

Aideen Chaloupka, Madison Chaloupka, Molli
 Harris and Kyndra Messer

Junior Team 2—12th Place

Clara Mixson, Brynlee Edwards, Paige Chowning
 and Jacob Mixson

Junior Team 3—8th Place

Reese Bading, Christyan Day, Kason Kerin and
 Mackenzie Hopkins

Junior Team 4—10th Place

James Barker, Sadie Cole and Logan House

County Food Show Results

Junior - Fruits & Vegetables

1st Place - Jenny Sullivan, Wildcat 4-H
 2nd Place - tie Sarah Adams, New Deal 4-H
 Brenlei Parker, Wildcat 4-H
 3rd Place - Bradley Gray, Cooper 4-H

Junior - Grains

1st Place - Brynlee Edwards, Wildcat 4H
 2nd Place T- Chelby Brown, Frenship 4-H
 Molli Harris, Wildcat 4-H
 3rd Place T- Addyson Mitchell, Frenship 4-H
 Seth Crump, Frenship 4-H

Junior - Protein

1st Place - Paige Chowning, Wildcat 4-H
 2nd Place - Lacy Fritz, Wildcat 4-H
 3rd Place - Kyndra Messer, Frenship 4-H

Junior-Dairy

1st Place - Logan House, Shallowater

Intermediate - Grains

1st Place - Bax Edwards, Wildcat 4-H
 2nd Place - Jaylee Peters, Frenship 4-H

Intermediate - Proteins

1st Place - Joseph Fritz, Wildcat 4H
 2nd Place - Ashlynn Messer, Frenship 4-H
 3rd Place - Dalton Baldrige, Shallowater 4-H

Intermediate - Fruits & Vegetables

1st Place - Lyndee Jo Stamps, Cooper 4-H

Senior - Protein

1st Place - Colton Baldrige, Shallowater 4-H

Clover Participants

Rylan Messer, Frenship 4-H
 Landri House, Shallowater 4-H
 Lauryn Mitchell, Frenship 4-H
 Samantha Adams, New Deal 4-H

District Food Show Participants

Junior - Dairy - Participant

Logan House, Shallowater 4-H

Junior - Fruits & Vegetables - Participant

Jenny Sullivan, Wildcat 4-H

Junior - Grains - 2nd Place

Brynlee Edwards, Wildcat 4-H

Junior - Protein - Participant

Paige Chowning, Wildcat 4-H

Intermediate - Dairy - Participant

Jaylee Peters, Frenship 4-H

Intermediates - Fruits & Vegetables - Participant

Lyndee Jo Stamps, Cooper 4-H

Intermediate - Grains - 3rd Place

Bax Edwards, Wildcat 4-H

Senior - Protein - Participant
Colton Baldrige, Shallowater 4-H

District Nutrition Quiz Bowl

Junior Team Participants -
Kyndra Messer, Frenship 4-H; Karter Bowen,
Julian Cruce, and Chelby Brown

District Food Challenge Results

Junior - Lubbock 3 - Fruit and Vegetables
2nd Place - Abby Goen, Brynlee Edwards, Cooper
Campbell, and Molli Harris

Junior - Lubbock 2 - Participant
Paige Chowning, enny Sullivan, Brenlei Parker,
and Lucy Fritz

Junior - Lubbock 1 - Main Dish #2
2nd Place - Haley Zeledon, Katie Ogle, Keegan
Martin, Lana Brickey, and Reagan Winn

Intermediate - Lubbock 1 - Breads & Cereals #1
3rd Place - Addison Medley, Gracie Potter, Rylee
White, and Tava Mobley

Intermediate - Lubbock 5 - Breads & Cereals #2
2nd Place - Bax Edwards, Brier Griffis, Aubree
Ayers, Joseph Fritz, and Audrey Mull

Senior - Lubbock 2 - Breads & Cereals
Participant- Kate Munson, Jace Morton, Colton
Baldrige, Taylor Everitt, and Jalyn Levens

Senior - Lubbock 1 - Fruits & Vegetables
Participant - Alyssa Elmore, and Madison Taylor,
Byron Goen, Nick Hughes, and Audrey Crawford

District Food Challenge

Intermediate - Lubbock 6 - 1st Place - Fruits &
Vegetables #2
Destry Griffis, Finley Jenkins, Kylan May, and
Wyatt Taylor

Intermediate - Lubbock 6 - 3rd Place - Main Dish
Cutter Bishop, Jaden Bobo, Judson Bowe, Kohle
Kerin, and Zoe Robertson

Intermediate - Lubbock 2 - Participant
Dalton Baldrige, Kade Bobo, and Kimber Bennett

Intermediate - Lubbock 4 - Participant
Katie Holcombe, Callie Lane, Khaki Bishop, and
Anna Dugger

Beef Quiz Bowl Results

Junior Team - 1st Place
Clara Mixson, Jacob Mixson, Mason Kitten and
Stratton Kitten

District 2 4-H Horse Quiz Bowl

Senior Team—1st Place
Teghan Brooks, Aubrey O'Neal, Madyson Cook
and Jace Morton

Intermediate— Team 1—1st Place
AJ Kendrick, David Kendrick, Cash Campbell and
Karleigh Jones

Intermediate Team 2—2nd Place
Gracie Potter, Delaney Kleinman, Kason
Woodwick and JD Hartman

Intermediate Team 3—3rd Place
Bax Edwards, Destry Griffis, Jayton Ayers, and
McKenna Zwonitzer

Junior Team 1—2nd Place
Troy Dever, Trusten Dever, Declan Kelly and
Cooper Campbell

Junior Team 2—1st Place
Madison Chaloupka, Shea Powell and Cierra
Tongate

Junior Team 3—3rd Place
Lili Hartman, Michaela Carley, Rylan Ramos and
Sadie Cole

Junior Team 4—Participant
James Barker, Lana Brickey and Reagan Winn

Junior Team 5—Participant
Brenlei Parker, Brynlee Edwards, Molli Harris and
Paige Chowning

District Meats Judging Results

Intermediate -
1st Place Team -
Gene Salyer, Shallowater 4-H, 2nd High
Individual
McKenna Zwonitzer, Wildcat 4-H
Morgan Davis, Cooper 4-H
Lily Moyers, Wildcat 4-H

Senior - 1st Place Team
Shae Lynn Suttle, Wildcat 4-H - 1st High Individual
Shaefter Suttle, Wildcat 4-H
Bryce Hutson, Wildcat 4-H
Caitlin Davenport, Cooper 4-H - 3rd High
Individual

Participant - Byars Ramsey, Wildcat 4-H

Junior Individual

Jenny Sullivan, Wildcat - 1st Place
Molli Harris, Wildcat 4-H - 2nd Place

Junior Team 1st Place -

Molli Harris, Wildcat 4-H
Jayton Ayers, Wildcat 4-H
Jenny Sullivan, Wildcat 4-H

KAY'S KORNER

Ending the Year On a High Note

2018 is here! If you are like most of use, you are wondering how the year ended so quickly. It seems like only a few months ago we were celebrating the beginning of 2017.

Now that the year has come to an end, you may be a bit reflective. Did you make a New Year's resolution at the beginning of 2017? If so, did you keep it?

Many who make resolutions are focused on improving their health (i.e. losing weight, building stamina, etc.) or eating healthier foods. Unfortunately, a high percentage of those making resolutions failed to meet their goals. If you are among those, do not lose hope. It is not too late to reach, or even start, those goals.

You can end the old year and start this new one on a high nutrition-related note by taking a few simple steps:

1. Control your portion sizes when having a meal.
2. Be physically active on a daily basis (walking, jogging, biking, etc.)
3. Make sure half your plate has fruits and vegetables.
4. Check your plate to be sure there are a variety of colors represented from the different food groups.
5. Involve your kids in preparing meals that contain vegetables and fruits.
6. Try new fruits and vegetables to bring a bit more excitement into traditional meals.

If you Kept Your Resolution(s):

Good for you! Keeping your resolution(s) makes you one of an elite few who can truthfully say that they met their goals for the New Year. You should be proud of yourself! Still, you will want to keep practicing your healthy habits as we head into 2018.



Do not get complacent. Remain disciplined in your approaches to eating healthier and engaging in physical activity. It is much easier to break a habit than to start one, so stay engaged and committed and have a great 2018!

Mediterranean Chicken and White Bean Salad

- 1 cup skinless cooked chicken (diced into ½ inch pieces)
- 1 can 15.5 ounce low-sodium white beans (drained and rinsed with cold water)
- 1 cucumber (peeled and diced into ½ inch pieces)
- ¼ red or white onion (peeled and chopped into ½ inch pieces)
- 2 tablespoons vegetable oil
- ¼ cup lemon juice
- 1 tablespoon dried basil or parsley leaves
- ¼ teaspoon salt
- ¼ teaspoon black pepper



Put everything in the bowl and gently toss.
Serve right away, or cover and refrigerate up to 2 days.

297 Calories, 11g Fat, 20g Protein, 2g Saturated Fat, 31g Carbohydrates, 8g Dietary Fiber, 288 mg Sodium
Makes: 4 servings (1 cup per serving)

Very Berry Smoothie

- 1 cup frozen strawberries
- 1 cup frozen raspberries
- 1 cup pineapple chunks
- 1 banana
- 1 cup skim milk (or almond milk)
- 1½ cups ice



Peel and slice the banana.
Gather all ingredients and combine in a blender.
Cover and blend until smooth.
Serve right away or pour into ice cube trays and freeze.
During the week, pop out the cubes for a quick on-the-go breakfast.


Notes: Add an additional food group to your smoothie by adding 1 cup of spinach or kale.

252 Calories, 1g Total Fat, 0g Saturated Fat, 59g Total Carbohydrates, 13g Dietary Fiber, 848 mg Potassium, 215 mg Calcium, 56 mg Sodium
Makes: 2 servings

Source: Better Living for Texans December 2017 Newsletter

Parents and 4-H'ers:

If you have questions about the Lubbock County 4-H program, need assistance or need more information about an event, activity or project, please give us a call. We're here to serve you, but you must let us know when you need assistance or have special interest areas.



Ronda Alexander
County Extension Agent, 4-H
Lubbock County




Lubbock County Extension Staff
P.O. Box 10536, Lubbock, TX 79408
916 Main, Suite 201, Lubbock TX 79401
(806) 775-1680 Fax: (806) 775-1658



E. Kay Davis CEA-Family & Community Health	Open Position CEA-Agriculture
Robert Scott CEA-Agriculture	Vikram Baliga CEA-Horticulture

Katelyn Kesheimer
EA-IPM Lubbock & Crosby Counties

The information given herein is for educational purposes only. References to commercial products or trade names is made with the understanding that no discrimination is intended and no endorsement by the Extension Service is implied.

We will seek to provide reasonable accommodations for all persons with disabilities for any of our meetings. We request that you contact Texas A&M AgriLife Extension Service - (806) 775-1740, as soon as possible to advise us of the auxiliary aid or service that you will require.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>Texas A&M AgriLife Extension Service Lubbock County 4-H JANUARY 2018</p>						
	1 County Holiday CEO Closed 	2	3	4	5	6
7 ● Heifer Show	8 ●RSVP Clover Project 1-10	9 ●7 pm 3-Position Rifle Project Orientation for new shooters, CEO	10 ●4-H Dog Proj. Certification Due ●5:30 pm 4-H Clover Project, CEO ●6:30 pm Meat Goat Jackpot, TTU Livestock Pavilion	11 <div style="border: 1px solid green; padding: 2px; text-align: center;">4-H Concession Stand Prep</div>	12 ●LCJLS Steer, Lamb Show, Texas Tech Livestock Pavilion <div style="border: 1px solid green; padding: 2px; text-align: center;">4-H Concession</div>	13
14 ●5 pm 3-Position Rifle Experienced Shooters begin	15 County Holiday CEO Closed 	16 ● 6-8 pm 4-H Archery Practice-new shooters, Archery Shack	17 <div style="border: 1px solid green; padding: 2px; text-align: center;">4-H Concession Stand Prep</div>	18	19 <div style="border: 1px solid green; padding: 2px; text-align: center;">4-H Concession Stand</div>	20 ●LCJLS Swine Show
21	22 ●6:30 pm PLA & Teen Council meetings, CEO	23 ●5:30pm Clothing Project Leader Training, CEO ●6-8 pm 4-H Archery Practice - new shooters, Archery Shack	24	25	26	27 ●5:30 pm Buyers Meal ●6:60 pm Premium Auction, Texas Tech Livestock Arena.
28	29 ●RSVP if attending Recordbook Training ●TX 4-H Foundation Schol. Appls DUE ●6 pm 4-H Recordbook Training, CEO	30 ●6-8pm 4-H Archery Practice - All Shooters, Archery Shack	31			NOTE: Not all dates are listed on this calendar.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p style="text-align: center;">Texas A&M AgriLife Extension Service Lubbock County 4-H FEBRUARY 2018</p>						
<p>NOTE: Not all dates are listed on this calendar.</p>				<p>1 Sign up by today for 4-H Photography Project.</p>	2	3
4	5	6	7	8	9	10
11	12	13	<p>14 <i>Happy Valentine's Day!</i></p> 	<p>15 ●Aubrey Russell & TEEA Scholar. Appls. DUE</p>	16	17
<p>18 ●Beekeeping Essay Contest appl. DUE</p>	19	20	<p>21 ●5:30 pm 4-H Clover Project, CEO</p>	<p>22 ●6 pm 4-H Archery Practice starts, Idalou</p>	23	24
25	26	27	<p>28 ●5:30 pm Advanced Recordbook Training, CEO</p>			<p>MARCH 1 - TEEA Alumnae Schol. Appls DUE. 18 - Co. 4-H Photo entries DUE.</p>

Lubbock County 4-H

County 4-H Awards Summary Sheet

Specific Details in Criteria Guidelines

It is the applicants responsibility to turn in a separate application form, in addition to a Record Book, if needed.

Award Name	Age Division	Date Due to CEO	Materials to Submit
4-H RECORD BOOK	Junior, Intermediate and Senior	June 25, 2018	Completed Current Year 4-H Record Book; must be judged at County to receive t-shirt or to advance to District; 1 st place Record Book at County advance to District; Others may wildcard into open categories, as available;
PARADE OF CHAMPIONS (POC)	Junior, Intermediate and Senior	July 6, 2018	Compete in at least one County/District/State Competition and participate in either a project meeting, tour, workshop or community service during 2017-2018 4-H year; Submit "POC" form;
ACHIEVEMENT AWARD (One Award)	Junior, Intermediate, or Senior	June 25, 2018	4-H Recordbook - (First Year Member Only)
GREEN CLOVER AWARD (One or More Awards)	Junior, Intermediate and Senior	June 25, 2018	4-H Recordbook
OUTSTANDING JUNIOR (One or More Awards)	Junior (3 rd - 5 th Grade)	June 25, 2018	4-H Recordbook
OUTSTANDING INTERMEDIATE (One or More Awards)	Intermediate (6 th - 8 th Grade)	June 25, 2018	4-H Recordbook
BRONZE STAR AWARD (One or More Awards)	Junior (3 rd - 5 th Grade)	June 25, 2018	4-H Recordbook
SILVER STAR AWARD (One or More Awards)	Intermediate (6 th - 8 th Grade)	June 25, 2018	4-H Recordbook
OUTSTANDING SENIOR AWARD (One or More Awards)	Senior (9 th - 12 th Grade)	June 25, 2018	4-H Recordbook
TEEN LEADER (One or more awards)	Senior (9 th - 12 th Grade)	June 25, 2018	4-H Recordbook
DANFORTH "I DARE YOU" AWARD (One or more awards)	Senior (9 th - 12 th Grade)	June 25, 2018	Current year or State winning 4-H Record Book. [Senior State winning Record book applicants MUST write an update letter about their 4-H participation since they won state (1 page maximum). Attach the update to the inside cover of the record book.]
LUBBOCK COUNTY 4-H SCHOLARSHIP (# based on eligible applicants)	Graduating Senior	June 25, 2018	Lubbock County 4-H Scholarship Application (Application available from County Extension Office) Applicants must meet qualifications senior year and two of their other three high school years. Scholarship is funded by South Plains Fair, as funds are available. Recordbook must be submitted senior year to be eligible.

Award Name	Age Division	Date Due to CEO	Materials to Submit
4-H SCHOLARSHIPS	Graduating Senior		For a 4-H'er to receive any 4-H scholarship awarded at the County level, they must be in attendance at the County Achievement Banquet, or have a valid reason for their absence approved by the Awards and Recognition Committee or the scholarship will not be awarded.
GOLD STAR AWARD (Number of awards based on District quota)	Senior (15-18 years old as of 8-31-16)	June 25, 2018 (Interviews TBA)	Current year or State winning 4-H Record Book and Gold Star Information Form.[Senior State winning Record book applicants MUST write a concise update letter about their 4-H participation since they won state (1 page maximum). Attach the update to the inside front cover of the record book.]
FRIEND OF 4-H AWARD (One or more awards)	Businesses or Individual NOT actively involved in 4-H Clubs	June 1, 2018	Lubbock County 4-H Nomination Form
CAREER LEADER AWARD (One or more awards)	Adult Leaders actively involved 10 or more years	June 1, 2018	Lubbock County 4-H Nomination Form
ADULT LEADER AWARD (One or more awards)	Adult Leaders in Lubbock County who are Actively Involved	June 1, 2018	Lubbock County 4-H Nomination Form
CLOVER AWARD (One or more awards)	New Adult Leader (3 or less years of involvement)	June 1, 2018	Lubbock County 4-H Nomination Form
MODEL CLUB AWARD (One or more awards)	Lubbock County 4-H Club involved in various projects and activities.	August 1, 2018	Club Manager must submit the "Texas 4-H Club Standards of Excellence" Report (found in the Club Management Guide).
PROJECT and YEAR PIN	Junior, Intermediate and Senior	June 1, 2018	Complete a Lubbock County 4-H Record Form or a Recordbook and a pin request form; and submit to Club Manager or CEO.
CLOVER KID CERTIFICATE AND PIN	Clover Kids (K-2nd Grade)	July 1, 2018	Clover Participants must complete a Clover Participation Form and submit to the CEO.

12-27-17

awardpkt.18

**Awards and Recognition Committee will make final adjustments of awards. (No duplication of awards, etc.)

**Disclaimer – If any 4-H member breaks the Code of Conduct at any time throughout the year, they may not be eligible for County Awards.

**Plan to attend the Lubbock County 4-H Achievement Banquet – August 12, 2018
All awards, pins and certificates will be awarded at this event.**