



Lubbock County 4-H News



Lubbock County Extension Office • (806) 775-1740 • Fax (806) 775-1758 • <http://lubbock.agrilife.org>
 Physical Address: 916 Main, Suite 201 • Lubbock, TX 79401 • Mailing Address: P.O. Box 10536 • Lubbock TX 79408

July - August, 2015

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TEEN COUNCIL

Congratulations to newly elected 4-H Teen Council officers for 2015-2016. These 4-H'ers will be installed at the September Teen Council meeting and will officially take over in September. The next regular meeting will be on **August 17** at 6:30 at the County Extension Office.

President - Carolyn Benitez
 1st Vice President - Joshua Smith
 2nd Vice President - Rachel Henniger
 3rd Vice President - John Cook
 Secretary - Natalie Luera
 Treasurer - Kyla Sorrells
 Public Relations Chair - Tanner Sorrells



The Lubbock County 4-H Teen Council is open to all 4-H'ers age 13 and older. Teen Council conducts various leadership, community service and recreational activities for 4-H'ers throughout the year.

JULY SUMMER SOCIAL

Mark your calendars now for **Monday, July 20** for the Annual 4-H Summer Social. This summer we will be at the Stockton's for our evening activities (14702 CR 1400 - at FM 1585 and 179, go south on 179 about 1½ miles, house on right - Stockton's sign at turn in). Families may want to bring chairs. The social will be held from 6:00-8:30 pm. Teen Council and any other interested senior members will be conducting games/leadership/team building activities for all to participate in. The menu will include pizza and ice cream. There is no cost to attend. Don't forget your swimsuit! We will also be having a short Parent Leaders Association meeting to elect new officers for 2015-17.

Please RSVP by *Friday, July 17* to the County Extension Office, 775-1740.

PARENT LEADERS ASSOCIATION

All 4-H parents and leaders are invited to participate in the Parent Leaders Association meetings. PLA will meet on **August 17** at the County Extension Office at 6:30 pm.

If you need any type of accommodation to participate in this program or have questions about the physical access provided, please contact Ronda Alexander at 806-775-1740 at least 2 weeks prior to the program or event.

Educational programs of the Texas A&M AgriLife Extension Service are open to all people without regard to race, color, religion, sex, national origin, age, disability, genetic information or veteran status.

The Texas A&M University System, U.S. Department of Agriculture, and the County Commissioners Courts of Texas Cooperating

4-H BOARD MEETING

The 4-H Board of Directors will meet on **Thursday, August 6 at 5:30 pm** at the County Extension Office. We will begin plans for an exhibit and the display board contest at the 4-H Barnyard as well as our "One Day 4-H" project. If you would like more information about the 4-H Board, please contact Ronda.

CLUB MANAGERS

Our next 4-H Club Managers meeting will be held on **Thursday, August 6 at 6:30 pm** at the County Extension Office. For this meeting, we will begin enrollment plans and club planning for the upcoming 4-H year. Please make sure that your club is represented at this meeting.

4-H EXCELL GOLF TOURNAMENT



The 4-H EXCELL Golf Tournament will be held on **Monday, August 17** at the Plainview Country Club. The 4-person scramble will cost \$200. per team and includes lunch, golf cart and green fees. Please let us know if you are interested in playing or would like to serve as a Green or Tee Sponsor. Proceeds from the Golf Tournament support the

Bob Benson Memorial Scholarship and 4-H'ers who have qualified for National 4-H Contests and awards by contributing travel expenses.

4-H CLOVER CAMP

As we get started for the new 4-H year, we have planned a 4-H Clover Camp, just for 4-H Clover Kids from grades K-2nd. The afternoon's activities will include a variety of 4-H project related activities (food and nutrition, clothing and textiles, healthy lifestyles, team-building and of course - community service). The Clover Camp will be held on **Wednesday, August 19 from 1-5pm** at the County Extension Office. *Please RSVP by August 17 if you will be able to attend.* There is no cost to attend.

SUMMER FUNDRAISER TO BENEFIT 4-H

Basic Science Blowout - Meat Goat Jackpot Rockin' C Classic Lamb Jackpot

This year we are again conducting the Lamb/Goat jackpots to support Lubbock County 4-H. "YOUR HELP IS NEEDED!"

There will be a job for everyone - even if you don't know anything about jackpots.

Lubbock County 4-H will host the Jackpots on **Saturday, August 22** at the Texas Tech Livestock Arena. Volunteers are needed to assist with set-up on **Friday, August 21** at 6:30 pm and to help conduct the show on **Saturday, August 22** from 7am -until we are finished.

ATTENTION: ALL 4-H FAMILIES

The funds raised from this activity will benefit all 4-H'ers in Lubbock County. Your help is needed to make this work and be a success. Please call Ronda at the Extension Office to sign up for a time to work. Helping at this event does meet the requirement for the PLA Scholarship and PLA fundraisers.

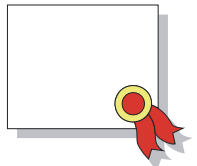
4-H ACHIEVEMENT BANQUET

The 2015 4-H Achievement Banquet will be held on **Sunday, August 9** at the **County Jury Pool, located at 1302 Crickets Avenue (13th and old Avenue G).** **The serving line will open at 12:30 pm with the program beginning at 1:00 pm.**

The meal will consist of Pork Loin, green beans, mashed potatoes, tossed salad, and cake.

The meal will be catered by Stanley Young. *This year we ask that you RSVP (call 775-1740) by Monday, August 3 with the number from your family that will be attending.* There is no cost to attend.

4-H'ers and leaders will be honored at this event, for the previous years work in the 4-H program. **Project Forms may still be turned in by 4-H'ers, if they have not turned them in yet. Please do this as soon as possible.**



4-H PROJECT FORMS

If 4-H'ers have not yet turned in a project form, it is not too late! **You have until August 5.** To receive a project pin and a year pin at the County Achievement Banquet, 4-H'ers must turn in one project form on a project they participated in during the 2014-2015 4-H year. Forms are available from the County Extension Office or the 4-H Website.

TEEN COUNCIL SILENT AUCTION

Teen Council will have a silent auction at the Achievement Banquet to raise funds for their summer trip. If you have items to donate, please contact Ronda or a Teen Council Member. We hope you will support them in this endeavor.

SLIDE SHOW AT COUNTY 4-H ACHIEVEMENT BANQUET

Please send any pictures that you have of any and all 4-H'ers from projects, activities and contests from this past year (2014-2015), to Jenny Verkamp. She will put these pictures into a slide show that will be shown at the County 4-H Achievement Banquet on Sunday, August 9. Please save your photos onto a CD or a flash drive (this is easier than emailing the large files). Please call Jenny at 781-3379, to make plans to get the photos to her by *August 3*. We would also like to have pictures of adults/leaders as 4-H'ers to include in the slide show. If you have any of these that you are willing to share, please email photos of them as well.

4-H RECOGNITION RECIPIENTS AT THE COUNTY 4-H ACHIEVEMENT BANQUET

If your name is listed below, you will be recognized at the County 4-H Achievement Banquet. Please make sure to RSVP, if you will be able to attend. Recognitions may include Special Awards, Parade of Champions and/or project/year pins.

Mac Chaloupka	Wyatt Mandrell
Luke Stutzman	Cutter Bishop
AJ Kendrick	Weston Brown
Audrey Crawford	Travis McGougan
Jacob Everitt	Garrett Racca
Alyssa Elmore	Rachel Henniger
Bax Edwards	Madyson Cook

Kyla Sorrells	Taylor Everitt
Tanner Sorrells	Angela Holland
Noah Holland	Warren McCleskey
Andi McMillin	Brady Mandrell
Ashton Smith	Payton Brown
Jesse Hughes	Nicholas Hughes
Jake McMillin	Jeremy Schwertner
Marisa Pesina	Mary Kathryn Paxton
David Kendrick	Caleb Dansby
Carolyn Benitez	John Cook
Jackson Caddel	Clint Davis
Wyatt Studer	Marisa Luera
Ashtyn Ellison	Hagan Wright
Joshua Smith	Ross Crabtree
Aaron Chaloupka	Lindsey Assiter
Natalie Luera	Aaron Assiter
Hayden Crawford	Samantha Manning
Khaki Bishop	Kristen Alexander
Hannah Cranford	Camey Powers
Colton Outland	Tyler Racca
Ryan Holloway	Faith Wylie
Joseph Fritz	Foster Joyce
Jud Bowe	Rylie Trantham
Eli Bowe	Landry Gibson
Katie Fairbanks	Will Fairbanks

ENROLLMENT FOR 2015-16

It is almost time to enroll for the new 4-H Year. Enrollment will only be done through 4-H Connect. Each 4-H'er who was enrolled for 2014-2015 has a profile on 4-H Connect. You will need to utilize last years profile to re-enroll for 2015-2016. Cost is \$20 for August 15 - October 31; afterward it will be \$25 per member. You may begin new enrollment after August 15. New members will need to set up a 4-H profile, please contact Ronda if you need assistance.

COMMUNITY SERVICE AT TRACTOR SUPPLY

We will have a dog dip at the 82nd Street Tractor Supply location on **Saturday, July 25** from 10am - 12pm. Teen Council will coordinate these activities, but all Lubbock County 4-H'ers are invited to assist. Please let Ronda know if you would like to help! We will also have homemade dog treats available to purchase.

COUNTY ROUNDUP AWARDS

<i>JUNIOR</i>		<i>Place</i>
Jackson Caddel, Frenship 4-H Club	Public Speaking	1 st
Taylor Everitt, Shallowater 4-H	Share the Fun - Musical	1 st
David Kendrick	Open Ag and Natural Resources Educational Presentation	2 nd
Mac Chaloupka	Open Ag and Natural Resources Educational Presentation	1 st
<i>INTERMEDIATE</i>		
A.J. Kendrick, David Kendrick, Cutter Bishop, Shallowater 4-H Club	Share the Fun - Poetry/Prose	1 st
A.J. Kendrick, Shallowater 4-H Club	Open Ag and Natural Resources Educational Presentation	1 st
<i>SENIOR</i>		
Warren McCleskey	Health Educational Presentation	1 st
Andi McMillin	Clothing & Textiles Educational Presentation	1 st
Hagan Wright	Open Ag and Natural Resources Educational Presentation	1 st

DISTRICT ROUNDUP

Congratulations to District 4-H Roundup Participants

District 4-H Roundup was held in Levelland on May 2, congratulations to participants who competed in this event. There are many different areas to compete in, we hope you will take advantage of this excellent opportunity next year.

District ID Contests

Ashton Smith	Entomology ID	1
Garrett Racca	Entomology ID	2
Jacob Everitt	Grass ID	2
Payton Brown	Grass ID	participant

District 4-H Horse Show Results

		Place
Camey Powers	Showmanship	4
	Stockhorse Horsemanship	10
	Registered Gelding 5 and Over	4
Faith Snapp	Showmanship	1
	Western Pleasure	1
	Western Horsemanship	4
	Hunter Showmanship	8
	Hunter Under Saddle	5
	Hunter Seat Equitation	6
	Registered Gelding 5 and over	8
Jacey Snapp	Res. Champion Judged Horseman	
	Showmanship	3
	Western Pleasure	6
	Western Horsemanship	6
	Hunter Showmanship	1
	Hunter Under Saddle	2
	Hunter Seat Equitation	7
	Hunter Hack	3
	Champion English Horseman	
	Carolyn Benitez	Showmanship
Brady Mandrell	Western Pleasure	4
	Western Horsemanship	10
	Poles	5
	Barrels	6
	Stakes	5
	Hunter Showmanship	5
	Hunter Under Saddle	9
	Hunter Seat Equitation	5
	Registered Mares 5 and Over	8
	Western Pleasure	7
Western Riding	3	
Wyatt Mandrell	Western Pleasure	8
Ashtyn Ellison	Grand Champion Gelding	
	Showmanship	10
	Western Pleasure	9
	Western Horsemanship	7
	Registered Gelding 5 and over	9
Ashlyn Elliott	Showmanship	8
	Poles	2
	Barrells	7
	Stakes	2
Katy Fairbanks	Western Horsemanship	1
	Western Riding	1
	Stockhorse Horsemanship	4

	Working Cowhorse	6
	Stockhorse Pleasure	6
	Reining	7
	Stockhorse Trail	10
Will Fairbanks	Working Cowhorse	7
	Reining	6
	Stockhorse Trail	7
Samantha Manning	Hunter Showmanship	9
	Hunter Under Saddle participant	10
Kristen Alexander		
Shania Stanton	Stockhorse Horsemanship	2
	Stockhorse Pleasure	4
	Stockhorse Trail	3
Teghan Brooks	Stockhorse Horsemanship	3
	Stockhorse Pleasure	5
	Reining	1
	Stockhorse Trail	6
Caroline Bradley	Hunter Showmanship	3
	Hunter Under Saddle	1
	Hunter Seat Equitation	8
	Hunter Hack	2
	Res. Champion English Horseman	
A.J. Kendrick	Hunter Showmanship	4
	Hunter Under Saddle	7
	Hunt Seat Equitation	9
	Hunter Hack	7
David Kendrick	Hunter Showmanship	7
	Hunter Under Saddle	8
	Hunt Seat Equitation	4
	Hunter Hack	5
Marin Duriex	Hunter Showmanship	6
	Hunter Under Saddle	4
	Hunter Seat Equitation	2
	Hunter Hack	4
Karli Hegi	Hunter Showmanship	2
	Hunter Under Saddle	6
	Hunt Seat Equitation	3
	Hunter Hack	6
Kelly Nagihara	Hunter Under Saddle	3
	Hunt Seat Equitation	1
	Hunter Hack	1

District 4-H Photograph Results

Congratulations to all who submitted photography entries for the County and District Competitions. The following are results from District. All photos are now ready to be picked up from the County Extension Office.

JUNIOR		
Lyndee Jo Stamps	Dominate Color	Red
	Night Photography	Blue
	Elements of Design	Blue
	Marine/Aquatic	Blue
	Animal Domestic	Blue
	Animal Wildlife	Blue
	Catch All	Red
David Kendrick	Plant Flora	Blue
	Digital Darkroom	Blue
	People	Blue
	Storyboard	missing
Maddie Barrington	Theme	Red
Jackson Caddel	Food	missing
Jacob Everitt	Detail and Macro	Blue
INTERMEDIATE		
Noah Holland	Animal Wildlife	Red
	Night Photography	Red
A.J. Kendrick	Food	Blue
	Digital Darkroom	Red
	Marine/Aquatic	Blue
	Element of Design	Red
	Plant/Flora	Blue
	Storyboard	Blue
Ashlyn Elliott	Animal Domestic	Blue
	Theme	Blue
Lexi Howard	People	Blue
	Details and Macro	Blue
	Catch All	Blue
	Nature/Landscape	missing
Weston Brown	Nature/Landscape	Blue
Shaeffer Suttle	Dominate Color	Blue

District 4-H Recordbook Results

	Category	Placing
JUNIOR		
Tyler Racca	Shooting Sports	3
Joseph Fritz	Sci, Eng. & Tech	3
Wyatt Mandrell	Recreation	1
David Kendrick	Public Speaking	1
Michael Chaloupka	Plant & Soil Sci	1
Jackson Caddel	Photography	1
Ryan Holloway	Pers Dev	2
Weston Brown	Nat Resources	2
Colton Outland	Leadership	2
Bax Edwards	Goat	2
Aaron Chaloupka	Gard & Hort	1
Luke Stutzman	Food & Nut	3
Jacob Everitt	Com & Exp Arts	1
Hannah Cranford	Clothing & Tex	1
Khaki Bishop	Beef	2
INTERMEDIATE		
Cutter Bishop	Vet Science	1
Noah Holland	Shooting Sports	3
Ashton Smith	Sci, Eng & Tech	1
A.J. Kendrick	Public Speaking	1
Payton Brown	Nat Resources	2
Madyson Cook	Horse	1
Brady Mandrell	Health	1
Alyssa Elmore	Food & Nut	3
Garrett Racca	Entomology	2
Taylor Everitt	Clothing & Tex	1
SENIOR		
Angela Holland	Vet Science	2
Joshua Smith	Shooting Sports	4
John Cook	Sci, Eng & Tech	2
Natalie Luera	Public Speaking	4
Jeremy Schwertner	Plant & Soil Sci	2
Emily Luera	Photography	2
Warren McCleskey	Pers Dev	3
Hagan Wright	Leadership	1
Carolyn Benitez	Horse	1
Caleb Dansby	Health	1
Travis McGougan	Gard & Hort	2
Mary Paxton	Comp Animals	1
Marisa Pesina	Clothing & Tex	3
Clinton Davis	Beef	2
Cutter Bishop	Vet Science	1

STATE ROUNDUP

State 4-H Roundup Results

Soil Judging	Nolan Ragan, Caleb Dansby (2 nd high individual), Jeremy Schwertner (4 th Place Individual) and Jay Underwood Coach: Mark Brown	1 st place team
Consumer Decision-Making	Angela Holland, Jake McMillin and Marisa Luera	participants
Livestock Judging	Sterling Scott, Hagan Wright, Lindsey Cobb and Clint Davis	8 th place team
Open Ag and Natural Resources Educational Presentation Duds to Dazzle	Hagan Wright	participant
Fashion Show/Fashions Under \$25/Buying	Kyla Sorrells, Rachel Henniger and Carolyn Benitez Carolyn Benitez	5 th place team 3 rd place
Horse Judging Rifle	Carolyn Benitez Tanner Sorrells, Emma Stonum, Kyla Sorrells, and Jeremy Schwertner	participant participant
Meat Judging	John Cook Travis McGougan Shae Lynn Suttle Rachel Henniger	participant
Healthy Lifestyles	Marisa Luera and Caleb Dansby	9 th place team
Vet Science Skill- A-Thon	Angela Holland	participant



State Soils Judging

Invitational Outdoor Archery Contest (New Event)
 Madyson Cook - 11th Place, Interm Compound
 Unaided
 J.W. Cook - 4th Place - Senior Barebow
 Caleb Dansby 6th Place - Senior Barebow
 Tanner Sorrells - 15th Place - Senior Compound Aided



State Invitational Archery Shoot

Texas 4-H Indoor Rifle Match (Held in Victoria, TX)
 Lubbock County Team - 15th Place (32 Teams)
 Kyla Sorrells, Tanner Sorrells, Jeremy Schwertner

 Coaches - David Holt, Corey Carter, Lon Hillis, Gary Henniger, Ronnie Miller and Kyle Sorrells.



State 4-H Rifle Match in Victoria

4-H PROJECTS



Food, Fun and Fashion Workshop

This summer we will have the county-wide “4-H Food Fun and Fashion” workshop on **Thursday, July 30** from 9-4pm at the County Extension Office. The event is free of charge for active 4-H’ers; there will be a \$15 charge for non-4-H’ers. The day will include preparing lunch and craft sessions, you definitely won’t want to miss it. Please RSVP by *July 28*. Also if any parents are available to help, we would love to have you assist!

Food and Nutrition Project Training

This year we will be having the 4-H Food and Nutrition Project Leader Training on **Tuesday, August 18th** at 5:30pm at the County Extension Office. The training will include ideas and activities for leaders (both youth and adults) to use with your 4-H Club project groups. Any interested adult or youth are welcomed to attend this meeting. We will also schedule the county food show, county food project tour and workshop at the meeting. *Please RSVP by August 17 if you plan to attend.*



Livestock Projects - Fair Entries

The County Extension Office is receiving information on fall fair entries. All junior show entries must be submitted to the Extension Office by **August 7, 2014**. All the junior show entries must be submitted as a county group to the proper show and be paid for at the time entries are submitted to the county office. For more show entry information check out our website (<http://lubbock.agrilife.org>) and click on Links/4-H & Youth Development/Major Stock Shows.

**LUBBOCK COUNTY 4-H'ERS
 EARN SCHOLARSHIP MONEY**

Congratulations to the 2015 Texas 4-H Foundation Scholarship recipients:
 Jake McMillin - \$20,000 San Antonio Livestock Show
 Angela Holland - \$18,000 Houston Livestock Show
 Marissa Luera - \$10,000 Richard Walreth Foundation
 Sterling Scott - \$10,000 Ft Worth Syndicate
 Clint Davis - \$2,500 Steve Jones Memorial and \$500 Davidson Family Foundation



LAMB, GOAT & SWINE PROJECTS

Lamb, swine and goat projects must all be validated for 2015 shows. Ear tags can be ordered at the County Extension Office from now until the tag order deadline date and must be paid for at the time of the tag order. All lambs, barrow and goats must be validated for the Lubbock County Junior Livestock Show held in January 2015, as well as the major shows.

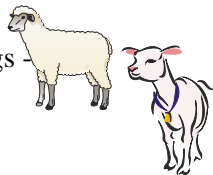
Lamb/Goat Program:

Anticipated Deadline to Order Ear Tags -

August 7, 2015

Cost - \$12.00 per animal

Validation Dates - **October, 2015**



Procedure - Ear tag, nose print, tattoo, DNA Sample, and complete forms.

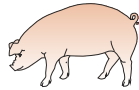
Swine Program:

Anticipated Deadline to Order Ear Tags - Approximately

August 28, 2015

Cost - \$12.00 per barrow

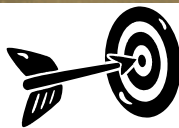
Validation Dates - **November, 2015**



Procedure - Ear tag, identify ear notches, DNA sample, and complete forms.



**SHOOTING SPORTS
AIMING FOR THE BULL'S EYE**



2015 Archery Postal League Results

A total of 171 Archery Shooters from 23 Texas counties posted Archery scores with the State 4-H Office. All of our Lubbock County Shooters were Top 10 Shooters:

Payton Brown -	8 th Place	Intermediate Barebow
Weston Brown -	1 st Place	Jr. Compound Unaided
Jesse Hughes -	2 nd Place	Sr. NASP
Nicholas Hughes -	4 th Place	Sr. NASP
David Goedel -	9 th Place	Intermediate Compound Aided

John Barnwell -	3 rd Place	Sr. Compound Aided
John Goedel -	7 th Place	Sr. Compound Aided

District 2 4-H Archery Contest

The District 2 4-H Archery Contest was held on May 16 at Friends Unity Center in Floyd County. There were a total of 197 shooters. Lubbock County shooters placing in the top 10 of their age division and equipment category included:

First Year

Roy Brinson -	2 nd Place	Jr Compound Aided
Taylor Wyatt -	4 th Place	Jr. Compound Aided
Kathryn Treadway -	5 th Place	Jr. NASP

Intermediate

Payton Brown -	2 nd Place	Barebow
Caitlin Davenport -	10 th Place	Barebow
David Goedel -	3 rd Place	Compound Aided
Madison Franks -	4 th Place	Compound Aided
Madyson Cook -	9 th Place	Compound Aided
Audrey Crawford -	4 th Place	Compound Unaided
Taylor Criswell -	6 th Place	Compound Unaided
Shaeffer Suttle -	2 nd Place	NASP
Noah Holland -	10 th Place	NASP

Junior

Hudson Franks -	1 st Place	Compound Aided
David Forbes -	8 th Place	Compound Aided
Zach Jennings -	2 nd Place	Compound Unaided
Weston Brown -	4 th Place	Compound Unaided
Bax Edwards -	6 th Place	Compound Unaided
Elizabeth Taylor -	9 th Place	Compound Unaided

Senior

J.W. Cook -	1 st Place	Barebow
Kadee Borg -	2 nd Place	Barebow
John Barnwell	1 st Place	Compound Aided
Sean Barrett -	3 rd Place	Compound Aided
John Goedel -	5 th Place	Compound Aided
Hayden Crawford -	2 nd Place	Compound Unaided
Jesse Hughes -	1 st Place	NASP
Nicholas Hughes -	5 th Place	NASP
Angela Holland -	8 th Place	NASP

Other participants included: Jaden Davenport, Madison Taylor, Kaleb Lynn, Luke Stutzman, Joseph Fritz, Travis McGougan, and Payton Parrish.

Lubbock County was High Point County.

Coaches: David Borg, John Goedel, Ricky Parrish, Ronald Jordan, Lonnie Hughes, Corey Franks, and Russell Bingham.



District Archery Contest - Luke Stutzman

District 2 Trap & Skeet Shoot

The District 2 4-H Trap and Skeet Contest was held on June 26-27 with a total of 101 Trap Contestants and 50 Skeet/Whiz Bang Contestants. Lubbock County shooters included: Payton Brown, Cade Clark, Ian Cobb, Dalton Kretschmer, and Kyler West.

Those placing in the top 10 included:

Cade Clark	7 th Place	Jr. Trap
Dalton Kretschmer	7 th Place	Intermediate Trap
Ian Cobb	7 th Place	Sr. 2 Trap;
	3 rd Place	Sr. 2 Skeet,
	5 th Place	Sr. 2 Wiz Bang
	5 th Place	Sr. 2 Sporting Clays
	3 rd Place	High Overall
Kyler West	5 th Place	Sr. 1 Trap

Coaches: Ricky Parrish, David Borg, Lonnie Hughes, and Mark Mitchell.

Thanks to all of our certified volunteer coaches for a successful Shooting Sports year. Thanks also to our D2 Shooting Sports Ambassadors: Kade Borg, Sean Barrett, Kyla Sorrells (Asst. Coach), and John J.W. Cook (Asst. Coach).

Hunter Safety Education Course

If you are interested in attending a Hunter Safety Education Course, call Robert at the CEO. If we get enough interest we will set a date for the class to begin in August. Anyone born after Sept. 1, 1971, who hunts in Texas is required to take the course.



State 4-H Photography Results

Carolyn Benitez	Details & Macro	White
	People	Red
	Storyboard	Red
	Catch-All	Blue
Angela Holland	Elements of Design	White
	Wildlife	Blue
Emily Luera	Dominant Color	Red
	Nature & Landscape	Blue
	Marine/Aquatic	Blue
	Animals-Domestic	Blue
Warren McCleskey	Theme	Red
Travis McGougan	Night Photography	Red

KAY's KORNER

Make Time for the Family

Families are spending less time with each other and as a result, children are not getting the quality time with their parents that they need. Studies have found that parents today spend approximately 40% less time with their children than the parents did a generation ago. It is no secret that families are busy. It seems like there is always soccer practice or gymnastics to be at and everyone has somewhere important to be at the exact same time. There really isn't anyway to get around this. You want your kids to be active and do the things they love. With this said, quality time with the family should be the #1 priority and there are some ways to take advantage of the time you do have together in the midst of all the chaos. Here are some ways to increase the amount of quality time you spend with your family.

- Eat dinner as a family – It seems simple but finding a time that works for everyone can be hard these days. If you cannot make it happen every night, set a goal to eat as a family at least 4 times a week.
- Put the cell phones away – It is hard to benefit from quality time with your family if everyone is on their phone. Eye contact and meaningful conversations are important for the family to have. When cell phones are out, quality time can be quickly interrupted by text messages, phone calls or social media. Keep the cell phones in another room and really focus on each other.

- Do household tasks together – Instead of making one person clean up dinner, have the entire family help. Assign one task to each person and work together. This will teach responsibility and accountability to your children and will also help foster communication skills.
- Plan a family outing – At least one time a week, do something out of the ordinary. Take a walk as a family, visit the zoo or go bowling. Spontaneous outings could turn into a great memory for everyone.
- Be active as a family – Instead of watching TV, fill down time outside playing catch or riding bikes. Physical activity is important and will encourage your kids to make health a priority.

See how well your family is doing with quality family time using this Family Activity Log.

Family Activity Log

	Sun	Mon	Tue	Wed	Thu	Fri	Sat
Dinner as a family							
Minutes of physical activity							
Family Outings							

Source: <http://www.familyminute.com/article/10-tips-to-better-family-time/>

Created By: Lauren Reagan, TTU Dietetic Intern

Homestyle in a Hurry

Picantè Beef Roast

- 1 beef rump roast, bottom round roast or pork roast (3 pounds) trimmed
- 1 jar (16 ozs.) picantè sauce
- 1 can (15 ozs.) tomato sauce
- 1 envelope taco seasoning
- 3 tablespoons cornstarch
- ¼ cup water

Cut roast in half, if necessary, place in a 5 qt. slow cooker. In a large bowl, combine the picantè sauce, tomato sauce and taco seasoning; pour over roast. Cover and cook on LOW for 8-9 hours or until meat is tender. Remove meat to a serving platter; keep warm. Skim fat from cooking juices; transfer 3 cups to a small saucepan. Bring liquid to a boil. Combine cornstarch and water until smooth. Gradually stir into pan. Bring to a boil; cook and stir for 2 minutes or until thickened. Makes 8 servings.

Source: Extension Home Ec, Connie Moyers, Roosevelt Co., NM Extension Agent



Ronda Alexander
County Extension Agent, 4-H
Lubbock County

Lubbock County Extension Staff
P.O. Box 10536, Lubbock, TX 79408
916 Main, Suite 201, Lubbock TX 79401
(806) 775-1680 Fax: (806) 775-1658

E. Kay Davis
CEA-Family & Consumer Sciences

C. Mark Brown
CEA-Agriculture

Vikram Baliga
CEA-Horticulture

Robert Scott
CEA-Agriculture

The information given herein is for educational purposes only. References to commercial products or trade names is made with the understanding that no discrimination is intended and no endorsement by the Extension Service is implied.

We will seek to provide reasonable accommodations for all persons with disabilities for any of our meetings. We request that you contact Texas A&M AgriLife Extension Service - (806) 775-1740, as soon as possible to advise us of the auxiliary aid or service that you will require.

Parents and 4-H'ers:

If you have questions about the Lubbock County 4-H program, need assistance or need more information about an event, activity or project, please give us a call. We're here to serve you, but you must let us know when you need assistance or have special interest areas.

ROCKIN' C CLASSIC



AUGUST 22, 2015

\$500 ADDED MONEY

SHOW A

Judge: Conner Newsom

Entry Deadline: Day of show

Weigh-in: 7:30-8:30 a.m.
(NO PRESET WEIGHTS)

Time of Show: 9:00 a.m.

Entry Fee:\$25 (CASH ONLY)

SHOW B

Judge: Barrett Carlisle

Entry Deadline: Day of show

Weight cards due: 11:00 a.m.

Time of Show: Immediately
following show A

Entry Fee:\$25 (CASH ONLY)

LOCATION: TEXAS TECH LIVESTOCK ARENA



Hosted by: Lubbock County 4H
Parents/ Leaders Association

Contact Robert Scott for more info.
806.777.9913 - rj-scott@tamu.edu

BASICSCIENCE

BLOWOUT

Meat Goat Jackpot
August 22, 2015



****2 SHOWMANSHIP SHOWS****

****2 JMGSC SHOWS****

SHOW A

Judge: Barrett Carlisle

Entry Deadline: Day of show

Weigh-in: 7:30-8:30 a.m.

Time of Show: 9:00 a.m.

Entry Fee:\$25

SHOW B

Judge: Conner Newsom

Entry Deadline: Day of show

Weigh-in: After show A for new goats

Time of Show: Immediately following show A

Entry Fee:\$25

LOCATION: TEXAS TECH LIVESTOCK ARENA




basicsciencefeeds.com

You do not have to be a member of JMGSC to exhibit.
For more info or to join the association, visit:
www.jmgsc.com

Hosted by: Lubbock County 4H Parents/ Leaders
Association

Contact Robert Scott for more info. 806.777.9913 - rj-scott@tamu.edu



Lubbock County 4-H Summer Social

July 20th

6-8:30pm

The Stockton's House 14702 CR1400, at 1585 and 179 (go south on 179 about 1 ½ miles, house on right, "Stockton's" sign at house), please RSVP by July 17th to the CEO—775-1740.

We will also have a short Parent Leaders Association Meeting to elect officers for 2015-17.

**Swimming, games, pizza
and ice cream sundaes**



Food Fun & Fashion

When: July 30th from 9am-4pm

Where: Lubbock County 4-H Office

What: >Learn proper table etiquette

>Make a pocket t-shirt

>Make a Christmas ornament

>Make a para cord bracelet

>Make a Sock Snowman

Lunch Menu: >Surprise Cookies

>Veggie Sushi Rolls

>Watermelon Pizza



> Cowboy Lasagna

What to bring: **MUST BRING A SOLID COLOR T-SHIRT OR TANK FOR CRAFT!!!**



Please RSVP by July 28th to the CEO

at 775-1740

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p style="text-align: center;">Texas A&M AgriLife Extension Service Lubbock County 4-H JULY 2015</p>						
			1	2	3 County Holiday CEQ Closed 	4
5	6	7	8 District Record Book Judging	9 9:45am-8pm South Plains District 2 4-H Food Tour and Leadership Workshop, Plainview	10	11
12	13	14	15	16	17 RSVP if attending the 4-H Summer Social.	18 <div style="border: 1px solid black; padding: 5px; text-align: center;">Texas 4-H Horse Show, Abilene TX</div>
19	20 6-8:30 pm 4-H Summer Social	21	22	23	24	25 10-12 noon 4-H Dog Dip & Community Service, Tractor
Texas 4-H Horse Show, Abilene TX						
26	27	28 RSVP if attending 7-30 FF&F Workshop	29	30 9-4pm Food, Fun & Fashion Workshop, CEO	31	

Individuals with disabilities who require an auxiliary aid, service or accommodation in order to participate in Extension-sponsored meetings are encouraged to contact the County Extension Office at 775-1740 to determine how reasonable accommodations can be made.

Educational programs of the Texas A&M AgriLife Extension Service are open to all people without regard to race, color, religion, sex, national origin, age, disability, genetic information or veteran status.
The Texas A&M University System, U.S. Department of Agriculture, and the County Commissioners Courts of Texas Cooperating

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>Texas A&M AgriLife Extension Service Lubbock County 4-H AUGUST 2015</p>						1
2	3 RSVP if attending 4-H Achievement Banquet	4	5 Last Day to Submit 4-H Project Forms	6 5:30pm 4-H Board of Directors, CEO 6:30pm 4-H Club Managers Meeting, CEO	7 All junior Fair entries due to Extension Office Deadline to order Lamb/Goat Validation Tags \$12.00 ea CEO	8
9 12:30 pm 4-H Achievement Banquet, Co. Jury Pool, 1302 Crickets Ave.	10	11	12	13	14	15 4-H Enrollment for 2015-16 year begins.
16	17 ●Bob Benson Memorial/4-H EXCELL Golf Tournament, Plainview ●6:30 PLA and Teen Council Meetings, CEO ●RSVP if attn F&N Project Training	18 5:30pm Food and Nutrition Project Training, CEO	19 1-5pm 4-H Clover Camp, CEO	20	21 6:30 Set up for Jackpot	22 Basic Science Blowout-Meat Goat Jackpot & Rockin' C Classic Lamb Jackpot
23	24	25	26	27	28 Deadline to order Swine Validation Tags \$12.00 ea CEO	29
30	31					