

## Kleberg-Kenedy Healthy South Texas Coalition Meeting Minutes

June 6, 2019

### I. **Welcome/Introductions**

- Allow members to introduce themselves
- Introduction of volunteers, youth ambassadors, junior ambassadors

### II. **Overview of Healthy South Texas**

- Healthy Texas combines the expertise of the Texas A&M University Health Science Center with Texas A&M AgriLife Extension Service's one-of-a-kind, statewide reach to provide families with knowledge and resources to take control of their health.
- Our overall goal is to create healthier communities and lower healthcare costs through educational programming.

### III. **Purpose of Coalition**

- Discussed the Coalition, Agent, and volunteers roles and how they come together to benefit the program and the community.

### IV. **What happened in 2018, and so far in 2019**

- Some of the adult programs conducted in 2018 were CWWD, WAT, and Dinner tonight and as you can see on the graph, we've educated just as many adults so far in 2019 as we did in 2018.
- As far as youth programming in 2018, the LGEG garden program and WAT were the programs with the highest reported attendance. While we don't have as many youth who have participated in a physical activity program as in 2018, the goal for the year has already been met.

### V. **Goals for 2019-20**

- We held our local Texas Community Futures Forum (TCFF) Meeting earlier this year and at that meeting, we asked the community for their perspective on the issues they would like us to address.
- These were the most pressing issues that came from that meeting.
- You'll notice that I've included a solution/educational program next to each issue.
- So, ideally, being able to facilitate these programs more frequently and with greater numbers may potentially solve the issue.

### VI. **Questions/Comments**

- After this meeting, I will be sending you an email with a few questions, like:
  - where in the community we can implement an adult and/or youth programs
  - can you assist in making that connection to get the program started?
  - Do you feel like there are other health related issues that were not discussed?
  - I'll also send you a list of what events are coming up in July so that you can help us market them.

### VII. **Next Meeting**

- Wednesday, July 3<sup>rd</sup> from 12-1pm