



Clean and Disinfect

Germ Fighting 101

Non-Porous Surfaces (door knob, counter tops, changing tables, etc.)

1. Clean surface with a mild detergent to **remove visible signs of dirt**
2. Then **disinfect** with:
 - EPA registered disinfectant (look for the registration number located on the product label), *or*
 - A dilute household bleach solution (bleach is an excellent disinfectant; it is economical, convenient, and readily available)
3. Leave solution on the surface for a **minimum of 2 minutes** and let **air dry**

Dishes and Toys

1. Clean toys and dishes with a mild detergent to **remove visible signs of dirt and food**
2. **Rinse** completely
3. **Submerge** in a household bleach solution
4. Soak for a **minimum of 2 minutes** and let **air dry**

A dishwashing machine can substitute in cleaning and disinfecting of toys and dishes

Important notes about bleach:

- Bleach loses its strength and is weakened by heat and sunlight. Therefore, **make a fresh bleach solution daily**.
- Spray bottles and containers should be **clearly labeled** and stored **out of reach** of children.
- **Do not** mix bleach with **ammonia** or other household chemicals for it **produces noxious and very dangerous fumes**.

RECIPES

Household Bleach Solution

NON-POROUS



1/4 cup bleach in 1 gallon of water



1 tablespoon bleach in 1 quart of water

DISHES & TOYS



1 tablespoon bleach in 1 quart of water