Henderson Lounty 4-H Spottight

APRIL 2020

Hi everyone!

Life is looking a little different for us all right now. Many are working from home, distance learning for our youth, and our big plans have been changed or cancelled all together. While change can be hard, I have seen a lot of positivity coming out of this situation. The most positive thing I have seen is that families are spending more time together. So many times we get busy with activities, work, sports, and school that we forget to slow down and enjoy each other. Relish this time that you have with your family without all of the distractions.

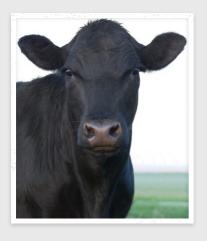
As you know, we are unable to have any face-to-face meetings and workshops due to the Covid-19 virus. We are working on bringing you educational 4-H experiences that you can do from home. Be sure to like our <u>Facebook</u> page as we share programs we are doing as well as those offered around the state.

Stay safe, and please let me know if there is anything our office can help with.

Angela Hemphill

County Extension Agent - 4-H & Youth Development

COUNTY NEWS







MAJOR AND STATE FAIR STEERS

Orders for steer tags are due to the Extension office by Wednesday, April 15, 2020.
Tags are \$15 each and must be paid in full when the order is placed. To order your tags call 903-675-6130 or email Emily at emily.splawn@aq.tamu.edu.

STATE FAIR LAMBS & GOATS

Orders for State Fair lamb and goat tags are due to the Extension office by Wednesday, April 15, 2020. Tags are \$15 each and must be paid in full when the order is placed. To order your tags call 903-675-6130 or email Emily at emily.splawn@ag.tamu.edu.

STATE FAIR SWINE

Tag orders for State Fair market barrows and gilts showing in the youth purebred gilt show must be placed with Derek Sims by April 26th. Tags are \$16 each. Visit https://henderson.agrilife.org/livestock-show-info/ for complete ordering information or contact Derek at 903-852-3794.

EGG TO CHICK PROGRAM

What came first the chicken or the egg? Well no one knows for sure, but we do know how they get out of the egg.

I am excited to announce that we will be offering a 3 week virtual hatching adventure starting April 6th. We will learn how the chick develops and grows inside the egg along with activities.



This program is free and open to all ages! 4-H membership is not required to participate. Make sure to get signed up by clicking the link below.

https://forms.gle/QEpekxJxhaEbGzbKA

Questions? Email Angela achemphill@ag.tamu.edu .



STATE PHOTOGRAPHY DEADLINE FOR 9TH-12TH GRADES

Calling all high schoolers! The State Photography deadline is quickly approaching. For the complete rules and guidelines <u>click here</u>. This is a virtual contest that requires a prequalifying event. If you would like to enter, please email Angela your pictures by April 6th to <u>achemphill@ag.tamu.edu</u>.

STATE 4-H HORSE VALIDATION

Validating Your Horse for District - Deadline April 15th and costs \$10 per horse. Late validation can be done until May 1st for \$20 per horse. Validating your horse(s) for the show will be done online again this year. Every horse shown will be validated through the <u>4-H Connect</u> system.



You will need to upload your registration papers (if your horse is registered) and photos of your horse when completing the validation process. You will need one photo of the front, one photo of the left side and one photo of the right side. Make sure that the entire horse in the picture or you will have to redo your pictures. Please have your horse validated online before April 15th in case you have problems with the system. If you need help, please let the Extension office staff know and we will help you.

Instructions for validating your horse can be found on the <u>Texas 4-H</u> website.

DISTRICT AND STATE OPPORTUNITIES

4-H VIRTUAL CRAPPIE FISHING TOURNAMENT

2020 District 5 4-H Virtual Crappie Fishing Tournament



Open statewide to ALL Texas 4-H members & Clover Kids

Contest dates:

April 11 April 18

April 25

Participation:

One time entry fee, can participate on 1or all 3 dates as an individual, team or both!

Cost:

Prizes: \$25 for state individual and/or team
To be determined based upon member participation
registration. May include fishing gear, gift cards, and more! \$5 for Big Crappie category

Learning Opportunities:

Fishing tips & techniques, recipes, food demo, a visit with the game warden, skill-a-thons and more fun!

Species for Judging:

White and Black Crappie

See the District 5 website for Rules of Play & Guidelines - click here

- Registration on 4-H Connect: March 23 April 8
- Before contest begins, join Facebook group 2020 4-H Fishing click here (may use adult/parent FB account to join)
- Purchase a Check-It-Stik from Academy, online or other fishing shops

For more information, please contact your County Extension office

All state and local laws must be followed

https://tpwd.texas.gov/regulations/outdoor-annual/fishing/freshwater-fishing/ fibe 4-H family entered is responsible for the safety of youth anglers during the event

Educational programs of the Texas A&M AgriLife Extension Service are open to all people without regard to race, color, sex, religion, national origin, age, disability, genetic information, or veteran status. The Texas A&M University System, U.S. Department of Agriculture, and the County Commissioners Courts of Texas Cooperating.

TEXAS 4-H LIVESTOCK AMBASSADOR

The Texas 4-H Livestock Ambassador program strives to provide high school aged 4-H members the opportunity to develop and practice advanced leadership skills related to mentoring other youth, and to become advocates for animal agriculture.



Cost:\$250

Application is due by 5:00 p.m. May 1st. <u>2020 Application</u>
* The program is limited to 25 participants per short course.

For dates, locations, and more information visit texasyouthlivestock.com.

TEXAS 4-H WATER AMBASSADOR

In just its third year, the program has had substantial impact, providing leadership opportunities and advanced knowledge on a wide diversity of Texas water issues! This program is open to high school youth that have an interest in water/natural resources and a commitment to leadership



For more information visit www.texas4hwaterambassadors.com.





TEXAS 4-H EQUINE AMBASSADORS

The Texas 4-H Equine Ambassador program is open to all Texas 4-H members ages 14-18 with at least one full year of 4-H eligibility remaining. Selection will be based on your application and recommendation. Ownership of a horse is NOT a requirement or a part of the selection criteria. For more details about dates, locations, etc., please visit texasyouthlivestock.com.

Applications are due May 1st. 2020 Application

COUID-19: SHARE FACTS NOT FEAR

SHARE FACTS ABOUT COVID-19

Know the facts about coronavirus disease 2019 (COVID-19) and help stop the spread of rumors.



Diseases can make anyone sick regardless of their race or ethnicity.

Fear and anxiety about COVID-19 can cause people to avoid or reject others even though they are not at risk for spreading the virus.

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For most people, the immediate risk of becoming seriously ill from the virus that causes COVID-19 is thought to be low.

Older adults and people of any age who have serious underlying medical conditions may be at higher risk for more serious complications from COVID-19.

FACT

Someone who has completed quarantine or has been released from isolation does not pose a risk of infection to other people.

For up-to-date information, visit CDC's coronavirus disease 2019 web page.



FACT **4**

There are simple things you can do to help keep yourself and others healthy.

- Wash your hands often with soap and water for at least 20 seconds, especially after blowing your nose, coughing, or sneezing; going to the bathroom; and before eating or preparing food.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- · Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.

FACT 5

You can help stop COVID-19 by knowing the signs and symptoms:

- Fever
- · Cough
- · Shortness of breath

Seek medical advice if you

Develop symptoms

AND

 Have been in close contact with a person known to have COVID-19 or if you live in or have recently been in an area with ongoing spread of COVID-19.

cdc.gov/COVID-19

TEXAS A&M AGRILIFE EXTENSION SERIUCE OFFICE CONTACT INFORMATION

Courthouse, 3rd floor 100 East Tyler Street, ste. 300

Athens, Texas 75751 Phone: 903-675-6130 Fax: 903-677-7222

Website: henderson.agrilife.org

4-H Agent - Angela Hemphill achemphill@ag.tamu.edu

FCH Agent - Carolyn Tyler carolyn.tyler@ag.tamu.edu







Extension programs serve people of all ages regardless of socioeconomic level, race, color, sex, religion, disability or national origin. The Texas A&M University System, U. S. Department of Agriculture, and the County Commissioners Courts of Texas Cooperating.

