News Release

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Texas A&M Agrilife Extension Service

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Haskell County 4-Hers “the Asteroids” consisting of Spencer Martin, Makaylah Isbell, Rebekah Cunningham, and Lyric Pittman and the “Tie-Dye Masters” consisting of Kennedy Buchanan, Layla Solano and Tessa Eddleman competed in the District 3 4-H Food Challenge Contest in Jacksboro, Texas on November 28, 2018. Approximately 298 4-Hers entered this year’s, record breaking for entries, district contest.

In the 4-H Food Challenge contest, teams were given a bag of ingredients with no recipe. They have 40 minutes to prepare a dish, learn the nutritional value of their ingredients, figure out the cost per serving and then present their findings to a panel of judges. This contest promotes teamwork and gives participants opportunities for public speaking.  
 Each Haskell County 4-H team placed fourth, the Asteroids in the Junior Bread & Cereal category and the Tie-Dye Masters in the Junior Nutritious Snacks category. The Asteroids also won the Junior “Spirit Award” and received prize whistles to take back home to Haskell County. Serving as Head Coach/Project Leader this year was Kassidy Martin. Adult 4-H leaders coaching/assisting and attending the district contest were: Tammy Cunningham, Jenny Brzozowski, Amy Martin, Shannon Eddleman and CEA-FCH Darlene Hopkins.

For more information on family and consumer science related topics go to [www.haskell.agrilife.org](http://www.haskell.agrilife.org) or like us on Facebook at: Haskell County 4-H and Texas A&M AgriLife Extension Service. Also, contact Darlene Hopkins- the Haskell County Extension Agent for Family and Community Health at 101 S. Ave D, Haskell, Texas- phone # 940-864-2658.

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