News Release

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Texas A&M Agrilife Extension Service

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Haskell County 4-Hers Compete at District 3 4-H Nutrition Quiz Bowl and Food Challenge Contest

Haskell County 4-Hers represented Haskell County in the District 3 4-H Nutrition Quiz Bowl competition in Vernon, Texas on November 27. They studied about proper foods & nutrition and food safety practices and it paid off! They won two matches in the quiz bowl competition before getting eliminated. The junior/intermediate team that competed at the event consisted of Brian Weng, Lyric Pittman, Kennedy Buchanan, and Layla Solano. Also attending practices were Colton Gober, Colton Hopkins and Evan Enriquez.

Haskell County 4-Hers “the Mighty Clovers” competed in the District 3 4-H Food Challenge Contest in Jacksboro, Texas on November 29. The junior/intermediate team consisted of Rebekah Cunningham, Spencer Martin, Kennedy Buchanan, Layla Solano and Colton Hopkins. Teams were given a bag of ingredients (no recipe) and have 40 minutes to prepare a dish, learn the nutritional value of their ingredients, figure out the cost per serving and then present their findings to a panel of judges.

For more information on family and consumer science related topics go to [www.haskell.agrilife.org](http://www.haskell.agrilife.org) or like us on Facebook at: Haskell County 4-H and Texas A&M AgriLife Extension Service. Also, contact Darlene Hopkins- the Haskell County Extension Agent for Family and Community Health at 101 S. Ave D, Haskell, Texas- phone # 940-864-2658.

SEE ATTACHED PHOTOS:

-Nutrition Quiz Bowl (LtoR): Brian Weng, Evan Enriquez, Colton Hopkins, Colton Gober, Layla Solano, Lyric Pittman and Kennedy Buchanan.

-Food Challenge (LtoR): Colton Hopkins, Kennedy Buchanan, Layla Solano, Rebekah Cunningham and Spencer Martin.