

Hale County TEEA Hotline

December, 2014 225 Broadway, Suite 6, Plainview, TX 79072 806/291-5270

UPCOMING DATES



December

- 8 11:30 am EE Council Christmas Gathering
Kay Taylors, Abernathy
- 24-26 County Holidays
- 25 MERRY CHRISTMAS!!!

January

- 1 Happy New Year!!! County Holiday
- 8 2:00 P.M. Snyder Jr.
Hale County Stock Show Steak Dinner
- 15-18 Hale County Stock Show
- 19 1:30 P.M. EE Council
Hale County Stock Show Sale
- 26 1:30 P.M. Abernathy EE

Cultural Arts

Be working on your Cultural arts projects that you can enter in the Cultural Arts Contest. Judging will be held at the February Council Meeting.

January Club Program

Carol Williamson will present the programs for January on "Toss or not to Toss". Be sure and contact Carol to set up your program.



"May you have the goodness of Christmas
which is HOPE; the spirit of Christmas
which is PEACE; the heart of Christmas
which is LOVE."

HAPPY BIRTHDAY!!!

December

20 Esther Atchley, Abernathy



County Wide EE Christmas Gathering

The Hale County EE Christmas Gathering will be held on Monday, December 8 at the home of Kay Taylor. This year we will meet at 11:30. Each club will plan their own menu. (Fruit, Vegetable, Meat, Grain, Dessert) The community service project this year will go to the Love Shack in Abernathy. Below is the list so the kids will have meals during Christmas.

Love Shack Christmas Break Food Giveaway Shopping List.

- | | |
|--|-----------------------|
| 1 jar peanut butter | 1 box of kid's cereal |
| 2 boxes macaroni & cheese | 1 loaf of bread |
| 1 can/jar spaghetti sauce | 1 box of Pop-tarts |
| 1 bag pasta | |
| 1 box of flavored oatmeal pouches | |
| 6 bags Ramen noodles | |
| 2 canned meats (chicken, tuna, chili...) | |
| 1 bag fresh fruit or vegetables | |
| 1 lg. bottle juice OR 1 pkg. juice boxes | |

The Woman of the Year will be announced.



WAYS TO BE GOOD TO YOURSELF!!!

* Do something for someone else. Little acts of kindness will always give you a lift.

* Make a blessings jar:
Every time that you are blessed.
Put a pebble in the jar.
Every time that you are blue.
Count your "pebble" blessings so far.
In time you'll come to realize
Instead of tripping you.
God put these pebbles in your path
To help and bless you through.

* Find a scent you like-perfume, candle, potpourri-and keep it near you.

Cheesy Cheddar Broccoli Casserole

6-8 Servings Prep: 20 min. Bake: 35 min.

- 2 packages (16 ounces *each*) frozen broccoli florets
- 1 can (10-3/4 ounces) condensed cream of mushroom soup, undiluted
- 1 cup (8 ounces) sour cream
- 1-1/2 cups (6 ounces) shredded sharp cheddar cheese, *divided*

1 can (6 ounces) french-fried onions, *divided*

Preheat oven to 325°. Cook broccoli according to package directions; drain well. In a large saucepan, combine soup, sour cream, 1 cup cheese and 1-1/4 cups onions. Cook over medium heat 4-5 minutes or until heated through. Stir in the broccoli. Pour into a greased 2-qt. baking dish. Bake, uncovered, 25-30 minutes or until bubbly. Sprinkle with the remaining cheese and onions. Bake 10-15 minutes longer or until cheese is melted. Yield: 6-8 servings.

Nutritional Facts: 1 serving (3/4 cup) equals 319 calories, 23 g fat (12 g saturated fat), 44 mg cholesterol, 605 mg sodium, 17 g carbohydrate, 2 g fiber, 7 g protein.

Lemon Pepper Green Beans

- 1 pound fresh green beans, rinsed and trimmed
- 2 tablespoons butter
- 1/4 cup sliced almonds
- 2 teaspoons lemon pepper

1. Place green beans in a steamer over 1 inch of boiling water. Cover, and cook until tender but still firm, about 10 minutes; drain.

Meanwhile, melt butter in a skillet over medium heat. Sauté almonds until lightly browned. Season with lemon pepper. Stir in green beans, and toss to coat.

Christmas Eve

C is for Christ, Son of God, and Lord of Love.
H is for Heaven, blessing each and all from above.
R is for Remembering the words to your favorite carol.
I is for the Icicles hanging inside every barrel.
S is for Stockings stuffed up to the knee.
T is for the Tinsel that Mom wrapped 'round the tree.
M is for Mistletoe hung from the wall.
A is for Advent Calendars that decorate the hall.
S is for Santa and his eight reindeer.
E is for the Eggnog that fills us with cheer.
V is for Visiting all our family and friends.
E is for Everyone who is sad when Christmas ends.



MERRY CHRISTMAS!!!!!!

Sincerely,

Deana Sageser

Deana Sageser, CEA-FCS

Email: DLSageser@ag.tamu.edu

Website: <http://hale.agrilife.org>

Facebook: <https://www.facebook.com/HaleCountyFamilyConsumerScience>

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Five Handy Holiday Wardrobe Staples for Women

If you're interested in kicking your wardrobe up a notch this holiday season without breaking the bank, these 5 holiday wardrobe staples are a great place to start:

#1 Booties

Festive dresses and skirts can go from ho-hum to fantastic by pairing them with dressy booties.



#2 Shawl Wrap

Party ensembles are often difficult to pair with coats, especially when the coat is more casual than your outfit. Warm and stylish, shawl wraps work over just about any outfit and help you make a dramatic entrance wherever you go!



#3 Black and Gold

We're big fans of the color black this time of year. Not only do most closets contain an abundance of pieces in this hue, but black also provides the perfect canvas for creating signature looks. Gold accessories paired with all black ensembles are an "in-the-moment" way to add a punch of razzle dazzle to a holiday wardrobe.



#4 String Bags

Make it a point to collect these handy evening bags year-round. Consignment stores, chic boutiques and antique galleries are wonderful places to source one-of-a-kind styles. Their size allows you to accent holiday attire nicely and the string lets you wine and dine hands-free!



#5 Colorful Cashmere Sweaters

If you don't have any cashmere in your wardrobe, consider adding a cashmere sweater in a bright hue that you love. Cashmere can be dressed up or down, is cozy without being too warm and makes a wonderful style statement during the holidays. While bright cashmere sweaters are always easy to pair with black bottoms and blue jeans, we particularly love bright cashmere sweaters worn with winter white this time of year.

