

# Hale County TEEA Hotline

August, 2014

225 Broadway, Suite 6, Plainview, 806/291-5270

#### **UPCOMING DATES**



#### August

- 11 1:30 EE Council Meeting, Extension Office
- 4:30 BLT/FCS Advisory Committee Meet
  - ing, Extension Office
- 16 4-H Achievement Banquet, Abernathy
- 20 Deadline for Recipes for Hale County EE Cookbook

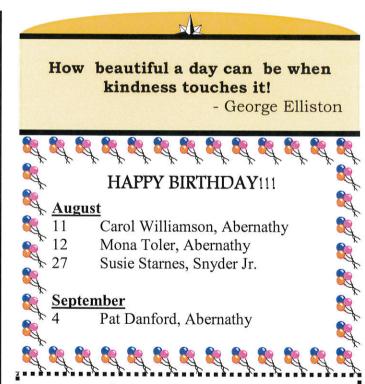
### September

- 1 Labor Day / County Holiday
- 5 Hale County Business Expo
- 8 State TEEA Board Meeting
  - Set up for State TEEA Conference
- 9 State TEEA Conference, Wichita Falls
- 10 State TEEA Conference, Wichita Falls
- 19-27 South Plains Fair, Lubbock
- 20 Cowboy Days
- 22 1:30 P.M. EE Council Meeting
  - 2:30 P.M. EE Yearbook Committee Meet-

### FACEBOOK!!!!!

Please go to <a href="https://www.facebook.com/">https://www.facebook.com/</a> HaleCountyFamilyConsumerScience

Facebook page and like us!!!!! This is a Great Way to keep updated on any upcoming events and activities!!



#### **State TEEA Conference**

The State TEEA Conference will be held September 9th and 10th in Wichita Falls. As you know we will be hosting the meeting along with District 1. Be sure and read the TEEA Messenger for any last minute information on the state meeting or by-law changes. Let your voting delegates know your view to assist them in their voting. Which represents our Hale County view. Those planning to attend will probably want to plan to attend the Council meeting to find out any last minute details. Some of the items to be discussed: your number of country store items, crosses for tables, cultural arts entries, cultural arts contest, set-up plans and possibly other items.

#### **Monthly Reports**

Thanks to Snyder Jr. for getting your monthly club reports. Abernathy I will be happy to receive yours at the council meeting on Monday.

#### Clubs

\*\*Clubs be sure and let me or Cathy know if you have Special Activities or Recognitions you want announced in the newsletter or club meeting date changes.\*\*

#### **South Plains Fair**

Entry Due Dates:

**Textiles:** Tuesday September 16, 9 A.M. to 6 P.M. & Wednesday, September 17, 9 A.M. to Noon.

Crafts & Hobbies: Tuesday, September 16, 9 A.M. to 6 P.M. & Wednesday, September 17, 9 A.M. to Noon.

Crochet-Knitting-Tatting-Weaving: Tuesday, September 16, 9 A.M. to 6 P.M. & Wednesday, September 17, 9 A.M. to Noon.

Culinary: Tuesday, September 16, 9 to 6 P.M. & Wednesday, September 17, 9 A.M. to Noon.

Breads, Cakes, Cookies and Candy Divisions:
Thursday, September 18, 9:00 A.M. to Noon Only.
For more information contact the office at 291-5270.

## Ways to Be Good to Yourself

\*Rediscover the child in you. Think of something fun you did as a child and do it again. (Don't worry: if you get stuck up the tree, the fire department will rescue you.)

- \*Accept compliments. Realize you do deserve them.
- \* Start a Happiness Journal. Every time something makes you happy, make a note of it in your journal. Whenever you're sad, read the entries in your journal. It'll make you feel better.

#### Spicy Bean Salsa

- 1 15 1/2 ounce can black-eyed peas, drained
- 1 15 ounce can black beans, drained
- 1 15 ounce can whole kernel corn, drained
- ½ cup chopped onion (use purple for color)
- ½ cup chopped green pepper
- ½ cup finely chopped jalapeno peppers
- 1 14 ½ ounce can diced tomatoes, undrained
- ½ teaspoon garlic salt
- 1 8 ounce bottle Italian salad dressing

In a large glass bowl, combine all ingredients; mix well. Cover and refrigerate several hours or overnight to blend flavors. Serve with tortilla chips as an appetizer. May also serve as a side dish.

Recipe by: Layne Mustian, Hale County 4-Her



Sincerely,

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**HaleCountyFamilyConsumerScience** 

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