



Roundin' Up Your
Dreams in 4-H

2020-2021 Guadalupe County 4-H Yearbook

An informational handbook with 4-H club/group information as well as 4-H facts, calendar, project information and award opportunities.

The members of Texas A&M AgriLife will provide equal opportunities in programs and activities, education, and employment to all persons regardless of race, color, sex, religion, national origin, age, disability, genetic information, veteran status, sexual orientation or gender identity and will strive to achieve full and equal employment opportunity throughout Texas A&M AgriLife.

TEXAS A&M
AGRI LIFE
EXTENSION

Welcome to Guadalupe County 4-H!!

Dear 4-H Families,

If you are brand new to the 4-H program, then welcome to Guadalupe County 4-H! If you are returning for another great year, then we welcome you back! We have a lot of great opportunities lined up for the 2020-2021 4-H year! There have been some changes to our program here in the county and at the state level as well! **Due to the ongoing COVID 19 Pandemic, we will be changing how we do a few things, especially in regard to doing online and virtual events. There will be more changes and more infections before its over, but it is my hope that if we follow the guidelines and think smart when it comes to planning events, we will make it through this and get back to normal as the year progresses.**

4-H is one of the nation's largest youth organizations, with several thousand members involved in Guadalupe County 4-H clubs and groups, school enrichment projects and special interest programs. Around 250 volunteers provide guidance to the over 560 4-H members through project work and club activities throughout the county. 4-H is the youth component of the Texas A&M AgriLife Extension Service, which is part of the Texas A&M University System.

4-H is definitely a family affair, so we encourage the entire family to get involved, it becomes part of your everyday life! You will get out of 4-H what you put into it, so learn everything you can and don't hesitate to ask questions. It's hard to know what answers to give you until we hear your questions. Believe me, even extension agents have questions!

We provide you this yearbook as a resource of information on club and county 4-H happenings. Please read through it, and keep it handy throughout the year. Everything you ever needed or wanted to know about Guadalupe 4-H is in it! We also provide a monthly Extension newsletter, which includes a 4-H and youth program section. These newsletters are our main source of communication with you, so please read your newsletter to keep up with dates and deadlines, and to ensure that you don't miss any opportunities. Be sure to check out our website (<http://guadalupe.agrilife.org>) & Facebook page (<http://facebook.com/guadalupecounty4h>) for this Yearbook, the monthly newsletters and countless other resources. We also now have a Instagram for our 4-H program at @guadco4h

Best wishes for a fantastic 4-H year. We have a lot of new county wide projects starting this year; we are looking many new opportunities! I look forward to seeing you at events throughout the year, meeting you if I have not yet, and working with you to continue to make the best better!

Sincerely,



Matthew J. Miranda M.Ed.
County Extension Agent-4-H Youth Development
Guadalupe County

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Guadalupe County 4-H Council is Funded by the United Way of Guadalupe County



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4-H Facts

4-H is a community of young people across America who are learning leadership, citizenship, and life skills.

Texas 4-H began in 1908 in Jack County (Jacksboro). In the fall of 1907, Mr. T.M. (Tom) Marks, met with 12 young men to form a “corn club.” This meeting was the first 4-H meeting in Texas. The purpose was to teach young people new practices for raising corn that the farmers (fathers) would not adopt. Under Mr. Marks’ guidance, the boys experienced successful corn crops and numerous awards at the State Fair that year. Within a matter of years, "pig clubs," "beef calf clubs" (Coleman County, 1910) and girls' "tomato clubs" (Milam County, 1912) were also initiated. The Texas 4-H Museum is located in Jacksboro. 4-H began in the US in 1902, as a national movement for positive youth development.

4-H Club and Program Facts

- Club Motto & Pledge** *In support of the 4-H Club Motto, To Make the Best Better, I pledge my head to clearer thinking, my heart to greater loyalty, my hands to larger service and my health to better living for my club, my community, my country and my world.*
- Prayer** *"Help me, O Lord, to live so that the world may be a little better because Thou did'st make me. Amen"*
- Emblem** *The four leaf clover with the letter "H" on each leaf for head, heart, hands and health. This emblem is protected by a United States Department of Agriculture copyright.*
- Colors** *Green represents life and white symbolizes purity.*
- Membership & Age** *Join and participate in a 4-H club, register on <https://texas.4honline.com> and enroll in at least 1 project. Youth in the 3rd grade and up to the 12th grade may enroll in 4-H. For most county, district, and state 4-H contests, the age divisions are (September 1, 2019): Junior-ages 3rd grade– 5th grade, Intermediate- 6th grade to 8th grade, Senior-9th grade to 12th grade. It is \$25 per child when you enroll BEFORE October 31, 2019! November 1, cost goes to \$30.*
- Project** *A determined area of focus or subject matter including a planned sequence of learning experiences, can be in a group or independently (with a project leader)*
- Clover Kids** *An informal, hands-on educational program for youth grades K-2nd. Clover Kids may participate in 4-H activities and other events in which they meet the rules and guidelines. A Clover Kids Group can exist within a 4-H club or as a stand alone group, with Group Leaders and other Adult/Teen Leaders providing educational activities specifically for the 5-8 year old age group. Clover Kids are free!*
- Club Manager** *The Volunteer(s) who oversee a 4-H club, works with 4-H officers, parents, leaders, and members in promoting the goals of 4-H, and serves as the contact person between the club and the county Extension office. The Clover Kids Group Leader is the “club manager” of a Clover Kids Group.*
- Project Leader** *Volunteer who provides structured learning experiences and personal guidance and counseling in project related opportunities for the 4-H members enrolled in a project group. They can be a club project leader or lead it for the whole county.*
- Activity Leader** *Volunteer who works closely with the club manager(s), and are responsible for one or more activity (non-project) areas in the 4-H club.*
- Junior Leader** *4-H member who is as least in the 5th grade with 1 year of experience who assists leaders by taking responsibility for specific tasks.*
- Teen Leader** *4-H member who is 7th grade or older with 1 year of 4-H experience who accepts primary leadership responsibility for a project group or 4-H club.*

Extension Agent *Professional who coordinates the Extension program, which includes the 4-H and youth development component.*

4-H Contests and Judged Activities

Recordbook *4-H member records prepared in a specific format and judged on the county, district, and state levels. This is where a 4-Her can record ALL of their 4-H Project Experiences!*

Food Show *Contest in which 4-H'ers make a dish and are interviewed by judges on what they have learned during the food project.*

Food Challenge *This contest is much like "Iron Chef." A team of 4-Hers is given ingredients are allowed 45 minutes to create a dish with only those ingredients!*

Fashion Show *Contest in which 4-H'ers make or purchase clothing and are interviewed by judges on what they have learned during the clothing project.*

Fashion Storyboard *Contest in which 4-H'ers create their OWN clothing and accessory designs. These boards are judged on what their design and quality of the board.*

Judging Contest *Contest in which 4-H'ers evaluate items (animals or products), rank them, and present oral reasons for their placings. (Livestock, Range and Grass, Entomology, Meats, Horse, etc.)*

Quiz Bowl *Contest in which 4-H'ers "buzz in" and answer questions related to a specific subject matter (beef, horse and nutrition).*

Roundup *County Roundup includes educational presentations, public speaking and Share the Fun contests. Texas 4-H Roundup, held in June at Texas A&M, includes these contests, along with other contests, and recognition assemblies.*

Educational Presentation *An oral demonstration of knowledge and skills in a certain project area. Can be accomplished using props, posters or media presentations, or it can be you just speaking and convincing, or simply educating, with words alone.*

Texas 4-H Outdoor Challenge *State 4-H Level Contest/ Camp where 4-Hers compete in outdoor activities such as fishing, climbing Outdoor ID, Camping Skills, Orienteering, Shooting, Archery and much more.*

4-H Events and Awards

Texas 4-H Congress *Mock legislative session, held in even numbered years at the state capital for senior age 4-H members, will be held In 2022, 2024 and 2026*

Gold Star *Highest county 4-H achievement award.*

Texas 4-H Conference Center *Located on Lake Brownwood, this provides facilities and conference services for educational use by 4-H youth, volunteers, Extension personnel and others.*

Interstate Exchange *Groups travel to and host other 4-H groups from other states. Our county is very active in this program*

National 4-H Congress *The premier 4-H event in the world! This week long event in November combines 2000+ kids from around the United States and several other countries in leadership development, citizenship and more.*

4-H Club Meetings

4-H Clubs and Clover Kids Groups meet monthly to conduct a 4-H Club Meeting! Each meeting has four parts to it; There is the **inspiration** (flags, pledges), **the business meeting** (to conduct the club business), **the educational program** (where they learn something new), and **the recreation** (where they participate in a game or activity). 4-H club meetings are **led and conducted** by 4-H'ers who are elected into officer positions, under the direction of a 4-H Club Manager(s). Together, they form an executive committee to give overall guidance to the club. Club meetings are held monthly...some clubs don't meet during the summer or during the Guadalupe County Youth Show

4-H Club Committees

Functioning committees help their clubs in many ways. They can give members extra opportunities for involvement and leadership in the club. Committees can also make business meetings run more smoothly and quickly, because much of the detailed planning and/or fact finding can be done outside the regular club meeting. Committee chairmen give leadership to club committees, and are assisted by an adult advisor. Committee work varies according to the task of the committee.

4-H Club Meeting Agenda

The 4-H Club Presidents and Club Managers may use the following agenda to plan each monthly meeting. Items do not have to be done in the order listed.

- **Call To Order**
- **Inspiration (includes 4-H Motto, Pledge and Prayer)**
- **Roll Call & Recognition of New Members and Guests**
- **Reading Of Minutes**
- **Reports (Treasurer, projects, committees, Council Delegate, etc.)**
- **Unfinished Business**
- **New Business**
- **Program**
- **Announcements**
- **Adjourn**
- **Recreation**
- **Refreshments**

Club Program

This is the educational part of the meeting. Speakers can be invited in to present on a specific area of interest. You can bring in county agents, Ambassadors or other kids, producers or other experts! It is up to the club to choose a program for each month. Every club **MUST** have a program for the 4-Hers, monthly.

Parliamentary Procedure

These are the rules that help groups to conduct business with less confusion. Robert's Rules of Order is the oldest and most recognized set of rules for conducting business meetings and the method 4-H uses to conduct its business meetings. A motion is a formal way of introducing an idea to the group, and below are 8 simple steps in making a motion.

1. Stand and address the presiding officer.
2. Be recognized by the presiding officer.
3. Make the motion by saying, "I move..."
4. The motion is seconded by another member.
5. The President restates the motion.
6. The group discusses the motion.
7. The President puts the motion to a vote.
8. The President announces the results of vote.

The county agent can present an educational program to the club on parliamentary procedure and more...be sure to contact the county office for more information

How do I enroll in the 4-H Program?

The following is a quick reference guide to get you and your family enrolled on 4-H Connect for the 2020-2021 4-H Year! Mozilla Firefox is the preferred browser to use, as it was designed in that system. However, we have a NEW system this year and it should be more compatible with smart phones.

1. Access the 4-H CONNECT on-line system at: <https://texas.4honline.com/>

2. ***New Members:*** Create family profile by selecting the **“Don’t have an account” button**

Returning Members: Use your e-mail and password and access your established profile. If you have forgotten your e-mail and/or password contact your county Extension Office for assistance. **DO NOT CREATE A NEW PROFILE!!!!**

3. ***New Members:*** Create your family profile first. Include your email that you use most often, the family last name, cell phone and your password. These are all Required fields. You **MUST** have an email address. Once page is set up, add a youth and/or adult profiles under your family profile. As you enter information please make sure that all information is correct.

Returning Members: In the family profile, click view next to each member profile name. Be sure to click the green edit button and ensure that the individual’s email, birthday and number are correct. Manually type in the birthday in numerical form, do not use the interface it does not work correctly. For Volunteers, please choose activity leader or project leader, do not choose program leaders. Click on the “Edit” button beside profile name. Review and update all information pertaining to this profile. **DO NOT JUST CLICK AND MOVE ON - CHECK IT ALL!!!! BE SURE TO UPDATE YOUR YEARS OF INVOLVEMENT FOR BOTH THE 4-HERS AND ADULT LEADERS.** Incorrect information can jeopardize your ability to register for an event, receive school excused absences, not receive communications.

4. Once all profile information is current and correct under the *Personal Information, Additional Information, Participation Areas, Medical Waiver and Consequences of Misbehavior* parts of enrollment, continue to the **Invoice page.**

5. Review your invoice to ensure that the participation fee has been charged and it is correct. **It should be \$25.00 before November 1.** Once information has been reviewed, click **continue** to the Payment screen. (Note, on November 1, the cost will be \$30.00)

6. ***All members, both new and returning will need to add their credit card/debit card back into the system. This information was not saved when the system updated.***

7. Confirm your participation fee by clicking the “Confirm Order.” Your pending enrollment will then be sent to the county office for review and acceptance. The County Agent will approve the profiles.

8. When the county Extension Office receives your enrollment notice they will review all information and approve your membership. If payment was made by credit/debit card, the payment will be processed and if accepted your enrollment status will become ACTIVE. If participation fee is by club/county check, the County Extension Office will need to create an invoice, secure a check, and mail both invoice and check to the Texas 4-H Office. Once invoice and check has been received it will be processed and credited against the 4-H members' profile. Once credited, the membership status will become ACTIVE.

ALL ADULT LEADERS WILL NEED TO FILL OUT THE TWO REQUIRED YOUTH SAFETY TRAININGS ON 4-H CONNECT UNDER THEIR PERSONAL PROFILE

If you have any questions, please let me know. It is a new system and there are some quirks about it, but our hope is this will be much easier to use in the long run than the old 4-H Connect System.

WELCOME TO 4-H ONLINE!

COVID-19 Guidelines and Rules for Project and Program Meetings

As **AgriLife Extension and volunteers** begin to re-engage in educational programming, maintaining safety for clientele, volunteers, and employees is our highest priority. All volunteers must be aware of and comply with municipal/county health guidance as well as additional state and federal guidance. If you have questions or need additional information about requirements, please contact your county Extension agent and consult with the County Extension Agents before planning and/or hosting any in-person events and activities.

PLEASE NOTE, THESE WILL CHANGE AS THE YEAR PROGRESSES. FOR NOW, WE WILL FOLLOW THESE GUIDELINES. UPDATES WILL BE SENT AS WE RECEIVE THEM.

General guidance for coaches returning to service:

- Evaluate your comfort, risk, health, and safety when considering returning to volunteer service. If you have underlying conditions please consider staying home and not offering practice sessions.
- Remain at home if you or anyone in your home is not feeling well or has a fever
- Wash your hands often with soap and water for at least 20 seconds. Use hand sanitizer with at least 60% alcohol if soap and water are not available.
- Avoid touching your eyes, nose and mouth.
- Keep 6 feet or more apart from others.
- Cover your nose and mouth with a facemask or other personal protective equipment as a way of diminishing transmission. For more information, see <https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/diy-cloth-face-coverings.html>
- Frequently clean high-touch surfaces including your cellphone/tablet, door handles, restroom surfaces, handrails, tools, etc. For more information, see <https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/disinfecting-your-home.html>
- Refrain from using shared office equipment when possible. If it is necessary to use other's equipment, sanitize between each user.

Guidance for outdoor practice:

- Groups working outdoors together or receiving instructions should be 30 or fewer people, all spaced 6 feet apart or more. This includes coaches and parents.
- When possible, participants should use their own equipment; shared equipment should be cleaned after each use.

Other Guidelines for practice:

- No food allowed during practices
- Participants should bring their own **bottled** water
- Parents should drop off and wait in the car or be included in the 20 person count. If a child will be practicing multiple times they should be practicing with the same coach to limit the number of people each person may come in contact with. This will cut back on the number of possible contacts for each person.
- All in attendance should wear face coverings, with participants expected to provide their own PPE.
- Remind the families that although practices are available, it is each family's decision to make regarding their safety. When deciding whether to participate they should consider not participating if there are any high risk individuals in their household.
- Advise participants in advance that if they have any symptoms or feel unwell, they **should not attend**.
- Anyone who appears sick should be sent home whether they are youth, coaches, or parents.
- Those receiving instructions should be 50 or fewer people, all spaced 6 feet apart or more.
- Make sure all organizers, participants, and visitors verify contact details prior to practice: mobile telephone number, email and address where they are staying. If they will not agree to this, they cannot attend the practice. A copy of attendance must be submitted to the extension office within 48 hours of each practice, contact information can be sent in one time unless a participant has a change in information
- If someone at the meeting or event was isolated as a suspected COVID-19 case, the organizer should let all participants know this. They should be advised to monitor themselves for symptoms for 14 days and take their temperature twice a day.

- If they develop even a mild cough or low-grade fever they should stay at home and self-isolate. This means avoiding close contact (6-Feet or nearer) with other people, including family members. They should also telephone their healthcare provider or the local public health department, giving them details of their recent travel and symptoms.
- Remind participants as they arrive to utilize ways to greet others without touching.
- Encourage regular hand washing or use of an alcohol rub by all participants at the meeting or event.
- Encourage participants to cover their face with the bend of their elbow or a tissue if they cough or sneeze. Supply tissues and closed bins to dispose of them in.

Cleaning and Disinfecting:

- Facilities or communal spaces should be cleaned prior to a new group entering the space.
- **Provide hand washing or sanitizing stations for all participants, and have all participants use them between each station/activity.** This means you will need to have hand sanitizer available at each practice. Coaches should have it available at the field or station they are practicing at.
- Shared equipment should be cleaned and disinfected after each use.
- Frequently touched surfaces should be cleaned multiple times daily.

Key considerations to prevent or reduce COVID-19 risks AFTER the practice include

- In keeping with existing policy, retain the names and contact details of all participants through documented sign in sheets. Send those sign in sheets to Matt at the County Office
- Thank all the participants for their cooperation with the provisions.

Source: AgriLife Phased Approach to Return to Work – Office (VC Memo 5.14.20)

Guidelines for Conducting Adult and 4-H Meetings, Programs and Events - Guadalupe County 4-H

Updated: 2 September, 2020 and in effect until further notice

****** Variations will exist between counties and what is allowed based on local requirements/mandates, do not compare you club/county activities to those in neighboring counties

All groups meeting face to face must have people fill out the *COVID 19 Screening Form*. For groups like 4-H clubs meeting face to face more than once, instead of people filling out multiple forms, attendees can initial and date the same form each time. Form is found on page 12 of this yearbook.

Best Practices for Adult and 4-H Club Meetings, Programs, Banquets and Events:

- Group meetings may be at a 50% capacity of space or fewer people **only if** social distancing can be practiced, **WITH** a limited capacity of 50 people.
- For meetings/activities greater than 50 people, a preparedness plan must be submitted for approval by the County Extension Agents
- However, it is recommended that you submit a preparedness plan for all events as we navigate doing some programs in person.
- For 4-H Clubs specifically having each club complete a preparedness plan will help to ensure that they are following our practices.
- *If the local health authority or county commissioner's court implements a mandate of fewer people, then that policy must be followed.*
- Pre-order supplies and materials, including tissues and hand sanitizer, masks, etc.
- Encourage participants to bring their own masks/face coverings
- Masks/ Face Coverings **MUST** be worn by all individuals, per the Governor's order (GA-29).
- Tables and chairs should be sanitized before and after meeting and at breaks.

- Frequently clean high-touch areas, including door handles, surfaces, handrails, etc. within the confinement of the physical space of the program.
- Check with facilities and venues on requirements for cleaning/sanitizing facilities after and during use
- Actively monitor where COVID-19 is circulating. Advise participants in advance that if they have any symptoms or feel unwell, **they should not attend.**
- Send anyone who appears sick away, whether employee or client.
- The COVID 19 Screening Form (obtain from your agent/4-H Specialist) can be used for the purpose of screening **ALL** participants (youth, adults/volunteers, little siblings)
- Club Managers/Event Coordinators should retain hard copies of this document
- Virtual Meetings and Events are encouraged alternatives
- When utilizing online platforms, be sure to follow guidelines established by Texas 4-H at the link below:

<https://drive.google.com/file/d/1V5GcZWEoWa29b9050v2utCPFj2A3SHtG/view>

- This is a “live” link, which means it can be updated at anytime based on new guidance from administration.
- Remember, if this can be done virtually, we would encourage you to consider conducting it that way.

Meals/ Refreshments/Snacks Provided at Meetings/Events:

- Pre-packaged foods or boxed lunches, no taste testing or food sampling at programs
- Serve meals with disposable utensils, napkins, cups, and plates.
- Clean and disinfect tables, chairs, etc. after use.

** All Extension office operations and employees must be compliant with all state, county and local public health proclamations and ordinances

Face to Face Program Preparedness Plan

Organizers of meetings and events need to think about the potential risk from COVID-19 because:

- There is a risk that people attending your meeting or event might unwittingly bring the COVID-19 virus to the meeting and others being unknowingly exposed to COVID-19.
- While COVID-19 is a mild disease for most people, it can make some very ill. Around 1 in every 5 people who are sickened with COVID-19 need hospital treatment.

Key considerations to prevent or reduce COVID-19 risks BEFORE the meeting or event include:

- Contact the appropriate (or designated) authorities in the community where you plan to hold the event or meeting to ensure it is safe or appropriate to do so.
- Develop and agree upon a preparedness plan to prevent infection at your meeting or event.
- Consider whether a face-to-face meeting or event is needed. Could it be replaced by a teleconference, online or virtual event?
- Could the meeting or event be scaled down or offered in multiple sessions to fewer people?
- Pre-order supplies and materials, including tissues and hand sanitizer for all participants. Have surgical masks available to offer anyone who develops respiratory symptoms. In general, educational program participants should provide their own PPE.
- Actively monitor where COVID-19 is circulating. Advise participants in advance that if they have any symptoms or feel unwell, they should not attend.
- Make sure all organizers, participants, caterer’s and visitors at the event provide contact details: mobile telephone number, email and address where they are staying. State clearly that their details will be shared with local public health authorities if any participant becomes ill with a suspected infectious disease. If they will not agree to this, they cannot attend the event or meeting.

Key considerations to prevent or reduce COVID-19 risks DURING the meeting or event include:

- Provide information or a briefing, preferably both orally and in writing, on COVID-19 and the measures that organizers are taking to make this event safe for participants in program announcements.
- Remind participants as they enter to utilize ways to greet others without touching.
- Encourage regular handwashing or use of an alcohol rub by all participants at the meeting or event.
- Encourage participants to cover their face with the bend of their elbow or a tissue if they cough or sneeze. Supply tissues and closed bins to dispose of them in.
- Display dispensers of alcohol-based hand rub prominently around the venue.

- If there is space, arrange seats so that participants are at least six feet apart.
- Open windows and doors whenever possible to make sure the venue is well ventilated.
- If anyone starts to feel unwell, follow your preparedness plan.
- Depending on the situation in your area, or recent travel of the participant, place the person in the isolation room. Offer the person a mask so they can get home safely, if appropriate, or to a designated assessment facility.
- Thank all participants for their cooperation with the provisions in place.

Key considerations to prevent or reduce COVID-19 risks AFTER the meeting or event include:

- In keeping with existing policy, retain the names and contact details of all participants through documented sign in sheets.
- If someone at the meeting or event was isolated as a suspected COVID-19 case, the organizer should let all participants know this. They should be advised to monitor themselves for symptoms for 14 days and take their temperature twice a day.
- If they develop even a mild cough or low-grade fever they should stay at home and self-isolate. This means avoiding close contact (6-FEET or nearer) with other people, including family members. They should also telephone their healthcare provider or the local public health department, giving them details of their recent travel and symptoms.
- Thank all the participants for their cooperation with the provisions.

COVID-19 Screening Form

Due to the COVID-19 pandemic, and in an attempt to minimize the spread of the virus, Texas A&M AgriLife Extension Service is required to screen all youth, staff, and visitors participating in a youth day or overnight event. In order to be granted access to events, all visitors must truthfully complete and submit the following:

I, _____, hereby affirm that:

1. While at the event I will maintain a minimum of 6 feet of separation from any other individuals not within my household.
2. I have not in the past 7 days exhibited any of the known symptoms of COVID-19, including:
 - Cough
 - Shortness of breath or difficulty breathing
 - Chills
 - Repeated shaking with chills
 - Unexpected muscle pain
 - Headache
 - Sore throat
 - Loss of taste or smell
 - Diarrhea
 - Running a fever (or measuring a temperature of 100.0 degrees Fahrenheit or more)
3. In the past 14 days I have not been in contact with any person known to have contracted COVID-19.

I understand face coverings (over the nose and mouth), or non-medical grade face masks are required per the Governor's Resolution GA-29 on July 2, 2020. I also understand that it is recommended that I follow the minimum standard health protocols issued by the Texas Department of State Health Services and cited by the Texas Governor in his Executive Orders related to the pandemic.

I understand that the virus that causes COVID-19 can be spread to others by infected persons who have few or no symptoms. Even if an infected person is only mildly ill, the people they spread it to may become seriously ill or even die, especially if that person is 65 or older with pre-existing health conditions that place them at higher risk. Because of the hidden nature of this threat, everyone should rigorously follow the practices specified in the DSHS protocols, all of which facilitate a safe and measured reopening of Texas. The virus that causes COVID-19 is still circulating in our communities. We should continue to observe practices that protect everyone, including those who are most vulnerable.

I understand that AgriLife Extension cannot guarantee that I will not contract the virus, even when implementing screening protocols. I further understand that safety is a shared duty, COVID-19 is a shared risk, and all community members, including visitors, must take steps to promote health and safety. I acknowledge that I am assuming the risk that I may contract the virus by entering facilities, even when screening protocols and mitigation measures are implemented.

I understand that AgriLife Extension is required to have this attestation in order for me to attend events sponsored by them and I sign below to confirm the truth of the above.

Printed Name of Participant

Date

Street Address, City, State, Zip Code

Cell Phone Number

Signature (or legal guardian if minor)

Email

Guadalupe County 4-H Standing Rules

The County 4-H Council is an advisory committee and must assist in making plans and executing these plans on the county basis. The council is responsible to the clubs it represents and to the County Extension Agents. The County Extension Agents for 4-H serves as the advisor to the County 4-H Council. Membership is open to all people, regardless of socio-economic level, race, color, national origin, religion, handicap, or sex.

These are standing rules for the Guadalupe County 4-H Program. Other rules exist in the county council by-laws which are available upon request.

- There are to be NO knives, multi-tools, pepper spray, Tasers, firearms (not used for Shooting sports) or any other type of weapon allowed at ANY 4-H event unless otherwise stated.
- There are many team contests in 4-H. For some teams (Leaders 4 Life, etc.) failure to attend a majority of the practices before the district contest will result in removal from the team to keep it fair for other members.
- Guadalupe County 4-H pays for all entries for District 4-H contests. With that said, if a 4-H'er decides not to attend a district contest after the county paid the entry fee, that 4-H'er will be required to pay the fee back before the county will pay any further fees for that 4-H member. Unpaid fees from the '19-'20 year will be kept in mind.
- Failure to participate in a project that you are an officer for a project development committee for will result in being unable to be an officer again the next 4-H year.
- According to the Texas 4-H Office, you must participate in the 4-H program in the county in which you reside or in an adjacent county as long as you fill out a county Transfer form. This form is to be approved by the county agents in both counties, the district 10 office, and the Texas 4-H Office. You can find the form on page 14
- According to the Texas 4-H Rules, 4-H has a Three-strikes rule. You must abide by the code of conduct you filled out when you joined 4-H. Failure to do this will result consequences as laid out by the code.
- If you are not a registered 4-H member or volunteer, and behave in a way that is detrimental, dangerous or otherwise not in the best interest of basic youth development and the 4-H program, you will be asked to leave the function you are attending & escorted out.
- You will not, under ANY CIRCUMSTANCES be allowed to "bend the rules," this is still cheating and we will pull your entry or validation if you are caught doing so.
- If you have an issue with the results of a contest, please talk to your county agents first, do NOT attack the staff in charge of the event. This makes our county look rude and ill-mannered. If you have an issue, contact your agent before going higher.

If it is determined by the county 4-H Agent that you are not conducting yourself as a volunteer in a manner to best serve the youth in your club/project, or are acting in a way to disrupt the county 4-H program, you may be subject to reprimand or removal from the 4-H program according to Texas 4-H

2020-2021 Food Challenge & Food Show Guidelines

Foods and Nutrition County Website:

https://guadalupe.agrilife.org/?page_id=104

For updated information on contest rules and guidelines, please email Charla Bading at c-bading@tamu.edu or call her at 830-303-3889.

COUNTY 4-H FOODS COALITION

September 14th at 6 pm at the Extension office. ** This group will elect foods officers and discuss the foods and nutrition project FOR 2020-2021. Social distancing and masks are REQUIRED!

Contest Dates

- Guadalupe County 4-H Food Show/FCH Quiz Bowl – Sunday, November 1st (Due: Food Show paperwork for Food Show and team name, age and coach(s) for FCH Quiz Bowl by October 23th)
- District Food Show – Wednesday, December 2nd, Kerrville
- District FCH Quiz Bowl – Thursday, December 3rd, Kerrville
- Guadalupe County 4-H Food Challenge – March 27th (PM) (Due: Team name, age and coaches by March 15th)
- District Food Challenge – Wednesday, April 28th, Kerrville
- Guadalupe County Fashion Show/Duds to Dazzle – March 27th (AM) (Due: Team name, Etc due by March 15th)
- District Fashion Show/Duds to Dazzle – April 23rd, Fredericksburg

FOOD CHALLENGE:

A few minor changes have been made to the 2020-21 Texas 4-H Food Challenge Guidelines. Get updated guidelines by email or calling Charla Bading, FCH Agent.

CATEGORIES: There will be four food categories in each age division. The new categories for this year are: *Appetizer, Main Dish, Side Dish, and Healthy Dessert.*

Guadalupe County fee schedule:

Kits will be checked out on a first come, first serve bases.

\$100 – check out a food challenge kit. \$40 will be used for restocking the kits with disposable items and \$20 to pay the \$5 a kid entry fee for the county contest. Fee will not differ if you have 3 or 4 kids on the team. The majority of the kits came back without gloves, paper towels, wet wipes, trash bags, etc. so I am still needing to stock the kits so we are doing this differently this year. If the kit comes back with all of the cookware, bowls, knives, etc. in it, we will refund you \$40. After the kit is checked out, we will **not** be providing extra gloves, paper towels, trash bags, storage bags, disposable tasting spoons, sanitizing wipes, Band-Aids, hand sanitizer, etc. You will need to provide those for your team.

** Several have asked about sanitizing wipes – this year we are being allowed to have wipes (if you can find them) or a spray cleaning solution.

FOOD SHOW:

2020-2021 THEME: Grocery Store Games. This year's 4-H Food Show theme is GROCERY GAMES...Let your local food sources guide your healthy recipe selection with only \$10 to spend! Texas is a diverse state, in more ways than one! Some of us live in a metroplex with access to major supermarkets and aisles upon aisles of options. Others live in small towns supplied by a convenience store or a larger store if we are willing to travel. A few of us find fresh food in our own backyard garden. The rest of us are somewhere in between! This year, we want you to be creative by using YOUR local food sources to create a dish on a budget. This year's Food Show will be especially unique as 4-H'ers bring foods created from the supermarket, the small-town convenience stores, the dollar stores, and even the garden! What are you bringing to the table?

CATEGORIES: Food show categories have been revised to include the following:

- **Appetizer** – Traditionally an appetizer is a small dish or food that is eaten prior to the main course. When selecting recipes for this category, contestants should consider foods that are lower in fat, sodium, and calories so as to not ruin one's appetite.
- **Main Dish** –The main dish is usually the heaviest, heartiest, and most substantial dish in a meal. In a meal consisting of several courses, the main dish is served during the main course and is the featured dish of the meal. The key ingredient is usually meat or another protein food, but they may contain other foods.
- **Side Dishes** – Side dishes are foods that are usually served along with a main dish or as accompaniments to the main course. Suggested dishes may include salads, cooked vegetables, cooked fruit, pasta or rice dishes, and/or combination vegetable dishes.
- **Healthy Desserts** – Healthy can still mean delicious when it comes to desserts. Dishes in this category should be served at the end of the meal or for special occasions. Contestants should modify traditional recipes with healthy substitutions and consider MyPlate and Dietary Guidelines when selecting recipes for this category.



2020-2021 4-H YEAR REQUEST TO TRANSFER MEMBERSHIP

Any youth or family requesting their membership be transferred from one county to an adjacent county will complete this form. The form must be submitted thirty (30) days prior to membership being transferred. Membership will not be considered active in the adjacent county until all parties have approved the form.

Is this a family or individual member transfer request?

Family Transfer

Individual 4-H Member

Name of 4-H Members:

_____	Age: _____	Grade: _____
_____	Age: _____	Grade: _____
_____	Age: _____	Grade: _____
_____	Age: _____	Grade: _____
_____	Age: _____	Grade: _____

County of Residence:

County/Club Requesting Membership be Transferred to:

Reason for Membership Transfer (please provide a detailed explanation for your request to transfer membership):

Submitted by:

Printed Name of Parent/Guardian

Signature of Parent/Guardian

Date

Form Routing:

Approved

Denied

County Extension Agent - County Transferring To

Date

County Extension Agent - County of Residence

Date

District 4-H Specialist

Date

District Extension Administrator

Date

Associate Director for County Programs

Date

Texas 4-H Youth Development Program Director

Date

Routing Instructions: The District Office will upload the form and then it is up to the County Extension Agent(s) to check the status of the transfer request at: <https://fs4.formsite.com/state4h/crosscounty/>. Transfer requests are reviewed on a weekly basis.

GUADALUPE CO. 4-H CALENDAR AT A GLANCE 2020-2021



ALL DATES TENTATIVE UNTIL POSTED IN THE 4-H GAZETTE EACH MONTH

<u><i>Date</i></u>	<u><i>Activity</i></u>	<u><i>Details</i></u>
17 September 2020	4-H Informational on Microsoft Teams	6pm
21 September, 2020	4-H Informational on Facebook Live	6pm
13 September, 2020	County Livestock Judging Workshop	5-7pm @ The Real's Home
14 September, 2020	Broiler Orders DUE, Food PDC Meeting	5pm & 6pm
27 September, 2020	County Livestock Judging Workshop	5-7pm @ The Real's Home
Month of September	One Day 4-H Canned Food Collection	
26-27 October, 2020	Sheep and Goat Validation @ Fair Grounds	Stay Tuned to the Newsletter for more information
Late October, 2020	County Educational Presentations and Public Speaking Contest	Stay Tuned to the Newsletter for more information
12 October, 2020	County Council and Booster Club meeting	On Microsoft Teams
11 November, 2020	County 4-H Scholarship Training	6:30pm, County Extension Office
12 November, 2020	Stockshow Entry Night	Open till 6:30pm
18 November, 2020	County 4-H Council and Booster Club	7pm @ Extension Office
Mid-November, 2020	Swine Validation @ Fair Grounds	Stay Tuned to the Newsletter for more information
30 November, 2020	Christmas Tree Contest @ Wells Fargo	5:15 pm. Stay Tuned to the Newsletter for more information
1-3 December, 2020	District 10 Fall Roundup in Kerrville	Ed Pres, Public Speaking, Food Show, Quiz Bowls
Mid December	Rabbit Validation	Locations TBA
6 January, 2021	Container Pick Up Night	County office, 6pm
20-23 January, 2021	Guadalupe County Youth Show	Auction setup Saturday @ 8am
27 January, 2021	County 4-H Council and Booster Club	7pm @ Extension Office
31 January, 2021	Texas 4-H Scholarship Apps Due	County Deadline

GUADALUPE CO. 4-H CALENDAR AT A GLANCE 2020-2021



<u>Date</u>	<u>Activity</u>	<u>Details</u>
13 February, 2021	Youth Day at San Antonio Stock Show	From 10am-4pm
Late Jan-Early Feb, 2021	District 10 Photo Contest	Entries entered on 4-H Connect
Mid February, 2021	D10 Horse Judging, Consumer, Dairy Jud,	All Contests at SALE Stock Show
5 March, 2021	County 4-H Photography Contest	Photos must be printed
31 March, 2021	County 4-H Council Meeting	7pm at County Extension office
Late March, 2021	County 4-H Clothing Contests	Location TBA
Late March, 2021	County Share the Fun Contests	(If Needed), 7pm, County Office
April 2021	Bexar Co. Project Show	6pm Thurs, 3pm Friday in Helotes
Mid April, 2021	District 10 Meats Contest	Held in San Angelo
Late April, 2021	District 10 Spring Roundup	Held in Fredericksburg, Rifle in Wilson Co.
Early May, 2021	Texas 4-H Scholarship Interviews	In College Station
19 May, 2021	County 4-H Council Meeting	7pm, County Office
Mid May, 2021	County 4-H Outdoor Challenge	9am, SOLC
8-10 June, 2021	Texas 4-H Roundup	College Station, Texas
Mid June, 2021	District 10 4-H Horse Show	Dripping Springs, Texas
Late June, 2021	Texas 4-H Outdoor Challenge	Location TBA
21 June, 2021	County Recordbooks and Award Apps	Due by 5pm
Late June, 2021	County Recordbook Judging	9am
Late June, 2021	District 10 Leadership Lab	Texas 4-H Center, Brownwood
28 June, 2021	County Awards & Amb. Interviews	9am, County Office
Mid July, 2021	Texas 4-H Dog Show	Walker County Fairgrounds
Mid-Late July, 2021	Texas 4-H Horse Show & SS State Games	Manor, SA, College Station
Late July, 2021	County 4-H Officer & Manager Training	County Extension Office
11 August, 2021	Guadalupe County 4-H Banquet	5pm, Seguin Coliseum

County 4-H Project Information

4-H projects are the fun and educational experiences in 4-H. In a participate and learn to set goals, keep records, help others, develop leadership skills, evaluate results and explore possible careers. Projects can be club, county, and state supported projects, or they can be projects that 4-Hers do on their own. These types of projects are called “self-directed” projects and are not supported with educational materials by the Texas 4-H and Youth Development Program. Basically, ANYTHING can be made into a 4-H Project! Other state or national 4-H programs may have resources to support your project. Contact your county agent for more info.

4-H Project Objectives

Every 4-H project has a set of objectives. These objectives should be kept in mind when planning out your 4-H project experiences. They are: *1. Attain a broad knowledge of 4-H projects and activities and the way they improve family and community life.* *2. Acquire life skills essential for becoming an active, skilled, productive and responsible citizen.* *3. Adopt and apply the latest practices and research findings to everyday living.* *4. Use all 4-H training and experiences in choosing and preparing for a job.* Finally, *5. Develop leadership skills that promote positive youth development.*

Each 4-H Project Should Consist of the following four parts:

Learning Experiences - 5 or more learning experiences of 20-60 minutes in length that build on each other. Some examples are:

<i>Educational Tours</i>	<i>Workshops</i>	<i>Clinics</i>
<i>Contests</i>	<i>Demonstrations</i>	<i>Interviews of Experts</i>
<i>Exhibits</i>	<i>Expos</i>	<i>Educational Presentations</i>
<i>Speeches</i>	<i>Videos/DVD</i>	<i>Television shows</i>
<i>Bowls</i>	<i>Self-study: Magazines, internet research</i>	

Community Service - helping others and your community.

Examples: Making a difference in your community
Helping those that may not be able to help themselves
Teaching others how to better themselves

Leadership - helping other people achieve goals through guidance; teaching or leading others. Examples:

<i>Teaching/Guiding others</i>	<i>Conducting a workshop</i>
<i>Organize/Lead a group activity</i>	<i>Share information with others</i>
<i>Demonstration/speech</i>	<i>Assist an adult</i>
<i>Plan a tour</i>	<i>Junior/Teen Leader</i>

Exhibition of Project Work - sharing what you have learned with someone else. Examples:

<i>Contest</i>	<i>Livestock show</i>	<i>Educational presentation</i>
<i>Speech</i>	<i>Fair</i>	<i>Exhibit</i>

Project Groups & Timeline for a Project

- ⇒ Projects can take place any time of the year
- ⇒ Each project has it's own timeline; some projects' timelines are designated by contests or exhibitions
- ⇒ For instance, the food project will mostly be in the fall because the district show is in early December but the public speaking project will mainly be in the spring because district roundup is in April.
- ⇒ Consists of 4-H members in the same project
- ⇒ Can be within club and/or county-wide
- ⇒ Provide opportunities to fulfill all components of project
- ⇒ Coordination provided by adult leaders, teen leaders, and junior leaders
- ⇒ Extension of 4-H club - “classroom” club project leaders are listed within each club's information.

Guadalupe County 4-H Clover Kids and Participation in 4-H Activities

Clover kids is a program for youth in grades K-2. They must sign up on 4-H connect like the rest of our 4-Hers, but they do not pay a fee! Clover Kids attend 4-H club meetings and participate in activities like dog training, Plants, Food and Nutrition, Crafts, Photography, Safety, and more! Being a clover kid is meant to be FUN!

Guadalupe County 4-H has several Contests that Clover Kids can participate in:

Food and Nutrition—	Food Show and Food Challenge
Fashion and Interior Design—	Fashion Show, Storyboard, Duds to Dazzle
Share the Fun—	Any Share the Fun Category
Educational Presentations—	Any educational presentation category
Public Speaking Presentations—	On any topic
Photography—	Can enter any category
Recordbooks—	May complete a recordbook
Project show—	Can enter any of the 75 categories
Outdoor Ed.—	Fishing, Canoeing, Swimming, Outdoor ID, Biologist Skills, Knot tying, etc

Projects are restricted to those mentioned above which the youth can, by themselves, understand. Projects for Clover Kids ARE NOT to be entered into competition, meaning they cannot compete, but we do allow them to enter contests as an exhibition and for learning purposes!

Projects are not eligible to be entered into competition in traditional 4-H program events and activities reserved for the 9 (or 8 and in the third grade) to 12th grade group. Projects may be exhibited at an appropriate Extension approved 4-H Clover Kids event. In presentations and exhibits, Clover Kids will be presented participation awards only, with recognition based upon completing and exhibiting the product or skill. No placing shall be permitted. As for projects that clovers cannot participate in, here are a few of them:

Horse Riding	Shooting Sports of all kinds
All Livestock Projects	Robotics (due to knowledge level)
Any full contests	Judging Contests

Our goal is to have a CLOVER KID ROUNDUP contest in July 2021 where clover kids can compete in “contests” and show off their skills. Our older 4-H members will serve as mentors and judges! Stay tuned for more information.

Who Leads a 4-H Project?

Project leaders are the people who give the 4-Hers their project opportunities. They are usually adults that have an interest or training in the particular area they are teaching, although some project leaders volunteer just to help out! There are three types of project leaders in the 4-H Program:

Adult Project Leader

- ◆ These are the general project leaders that provide project meetings, learning experiences, field trips, provide face to face instruction, one-on-one guidance and project development for 4-Hers enrolled in their various projects
- ◆ These leaders are usually at least 19 and up
- ◆ They are screened via 4-H Connect and **MUST** enroll on 4-H connect

Teen Leader

- ◆ These are 4-H Youth Leaders from ages 13 to 19 that volunteer to completely lead a 4-H Project with other youth. They take the full job of a project leader or the place of a project leader
- ◆ These leaders **MUST** have at least **One** year of project experience before teaching the project.

Junior Project Leader

- ◆ These leaders are 4-Hers that are at **LEAST** 10 years or older and must have been a 4-H member for at least a full 4-H year.
- ◆ They assist adult project leaders or teen leaders with the project

Where do I get my Project Resources?

There are lots of different places you can get your information to lead a 4-H project. Your *county Extension Agents* are a good source of information and have access to many of the state and national 4-H *Curricula* that is available. <https://texas4-h.tamu.edu/school-curriculum/> This is from the Texas 4-H Website where you can find a LOT of curricula on various projects!

What Projects can I Lead?

Any hobby or interest you can think of can be made into a 4-H project, it just depends on the interests of the 4-Her! The 4-H Projects that are officially recognized by Texas 4-H include:

 AGRICULTURE & LIVESTOCK	 FAMILY & COMMUNITY HEALTH	 NATURAL RESOURCES	 LEADERSHIP & CITIZENSHIP	 SCIENCE, TECHNOLOGY, ENGINEERING, & MATH
Beef Cattle	Consumer Education	Aquatic Science	Citizenship	Energy
Dairy Cattle	Fashion & Interior Design	Entomology	Community Service	Photography/Videography
Dog Care & Training	Foods & Nutrition	Forestry	Global Education & Awareness	Robotics
Goats (Dairy & Mohair)	Health & Personal Safety	Outdoor Education & Living Skills	Leadership	Rocketry
Goats (Meat)		Range Science	Public Speaking	Science, Technology, Engineering, & Math (STEM)
Horse		Shooting Sports	Theater & Performance Arts	
Horticulture		Sportfishing	Workforce Preparation	
Junior Master Gardener		Water Conservation & Education	Youth Entrepreneurship	
Livestock Judging		Wildlife & Fisheries		
Meat Science				
Poultry (Chickens & Turkeys)				
Rabbits				
Sheep				
Soil & Crop Science				
Swine				
Veterinary Science				



2020-2021 Guadalupe County 4-H Project Development Committees and 4-H Projects



Project development committees (PDCs) are one way of planning county-wide 4-H projects in Guadalupe County! These committees are made up of youth and adults from around the county. Their main goal is to plan out new and exciting project experiences for the 4-Hers that would like to participate in the project. The members of the committee are the leaders for that project in the county. There are no officers, but a member may be appointed to run committee meetings.

Committee members are also known as **Teen Leaders or Project Leaders**. 4-Hers younger than 13 will be known as **Junior Project Leaders**. This is a good method for giving 4-Hers **County-wide Leadership Experience** in their main 4-H projects; something that is not always easy to find!

- **4-H Plant Science (Range, Gardening, Etc) Project Committee**
- **Leadership, Citizenship & Public Speaking Project Committee**
- **Agriculture & Livestock Project Committee**
- **Food Project Committee**
- **Fashion and Interior Design Project Committee**

Guadalupe 4-H Interstate Exchange Program

Guadalupe County is proud to participate in the 4-H Interstate Exchange Program with other 4-Hers from around the United States. Every two years, a new group of Guadalupe Co. 4-Hers is chosen from around the county to participate in an exchange program with other 4-Hers. For 2019-2020, our county will be paired with a group from another state. We will be hosting a group this summer and travel to their state in 2021. The application process for the 2020-2021 Exchange Program is over. For more information, you can contact our Interstate Exchange group leaders, **Tammy Bargfrede, 830-560-0032** and **Mary Rohde, 830-914-3673**

Guidelines and Requirements for 4-H'ers to Host and Travel

1. May host the summer after your 7th - 11th grade years.
2. May travel the summer after your 8th - 12th grade years.
3. Priority will be given to 4-H'ers finishing their 9th, 10th, and 11th grade years.
4. Must have been in 4-H for two (2) years and currently enrolled in your third consecutive year.
5. Must have completed at least two (2) projects during each of the last 2 years.
6. Interstate Exchange Group members agree to a 2-year commitment to complete both hosting and traveling.
7. Must complete and submit the attached 4-H Exchange Participant application.
8. Must participate in organized 4-H promotional activity or a pre-approved community service project.
9. Must make a deposit (minimum of \$100), and exchange members are expected to participate in all group activities and fund-raisers in effort to raise minimums required for hosting and traveling. Any member who does not participate fully will be expected to pay all or a portion of their expenses.
10. Each 4-H'er and his/her family must be able to accommodate exchange in their home. Must host before traveling. Any family hosting expenses must be paid in full to the Guadalupe County 4-H Exchange Group before travel tickets are purchased.
11. Responsible for expenses not raised through group fund-raisers.

Number of applicants selected will be determined based on the group we exchange with in order to match our groups as closely as possible. Based on this matching, applicants may be interviewed as part of the selection process. Exchange interviews, if required, or the initial exchange group meeting.

County-Wide 4-H Projects

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This is a list of all the county-wide projects and activities we have in Guadalupe County!

Natural Resources Project (Outdoor Challenge) (PARTIALLY OPEN TO CLOVER KIDS)

This project focuses on developing outdoor skills in various areas including camping, archery, wildlife ID, Shooting Sports and much more! **This project meets once a month at the Seguin Outdoor Learning Center on the 4th Sunday afternoon from 2-4pm!**

Horse Project

The Horse Project will be in for its 2nd year in 2020-2021. We are just getting started right now and are looking for more participants. This includes horse riding (western, possibly English too), speed events, horse judging, horse quiz bowl and care/maintenance of horses. They will meet the 1st Monday of each month. Check the newsletter for the location

Robotics & STEM

The Robotics Project has grown and we are looking to expand and prepare for contests and more! **We will meet the 1st Saturday of each month from 9-11am.** If you would like to help with the project, please let us know!

Grass ID & Range Evaluation

Matt Miranda will be working to make the kids ready for the district contests in April! This project activities shows kids how to identify both grasses and range plants, decided if they good or bad, and how to treat them if they are unwanted. It also incorporates the ID skills into the evaluation contest! Contact Matt Miranda for more information

Shooting Sports (Archery, Rifle, Pistol & Muzzle Loading)

If you would like to get involved in the Shooting Sports Project (Rifle, Pistol, and Archery) please contact the 4-H Shooting Sports Club. They are willing to coach the kids and teach them the proper way to handle and discharge a firearm! Guadalupe County will even be hosting a coaches training again this year. For more information about rules and requirements of coaches and information about coach training, please see the "Coach & Assistant Coach Training and Certification Information" document on the Shooting Sports website: <http://texas4-h.tamu.edu/shootingsports> . **They meet the 3rd Sunday of the month, 2pm at the Bexar Shooting Range**

Shotgun Project

The shotgun project is the 4-H Shotgun Sports club in Guadalupe County. Guadalupe County will even be hosting a coaches training again this year. For more information about rules and requirements of coaches and information about coach training, please see the "Coach & Assistant Coach Training and Certification Information" document on the Shooting Sports website: <http://texas4-h.tamu.edu/shootingsports> . **They meet the 1st Sunday of the month, 2pm at the Bexar Shooting Range**

Dog Project (OPEN TO CLOVER KIDS)

Come learn how to show your dog in all areas of dog training. We have a goal of participating in the 4-H State Dog Show in July 2020. When: Every Tuesday thru July. Time: 6 – 8pm come and go training time. You do not have to be there the entire time.

Where: Coach Karen and Aneka Dahle. 9120 E. FM 1518 N. Schertz, Texas 78154(exit 591 from IH 10)
210-383-7811 texting anytime. Call after 5pm weekdays and anytime on the weekends.

Livestock Projects

We are planning several livestock clinics this fall for swine, sheep, goats, rabbits and cattle! This is a good opportunity to expand you existing knowledge or to build a project from the ground up. If you are interested in these livestock projects, join the Livestock Coalition or call Jeff or Travis at the county Extension Office at 830-303-3889.

Food and Nutrition (OPEN TO CLOVER KIDS)

This project teaches kids to cook, eat healthy, proper nutrition and much more! The Food Show, Food Challenge (Like Iron Chef), and FCH Bowl are all coming up this fall! We have some great 4-Hers and volunteers that help with this project, as well as our County FCS Agent, Dr. Charla Bading! If you would like more information, contact Charla at 830-303-3889

Photography (OPEN TO CLOVER KIDS)

We would like to do at least a few photography workshops and tours this year! If you have ideas for a trip, contact Matt Miranda and we will set it up! Workshops ideas include focus, mounting of photos, subject matter and more.

Fashion and Interior Design (Clothing) (OPEN TO CLOVER KIDS)

This project teaches kids to sew, think critically and creatively, consumer decision making skills, dressing for the occasion and much more! The Clothing Show and Textile Show are great ways for kids to show off their sewing and modeling skills, as well as to create things like leatherwork, accessories, and other cool items. The Storyboard lets the creative juices flow, where kids can design a garment or item from dog clothing, to shoes, to backpacks and much more! The Duds to Dazzle contest combines the two,...teams can take old beat up clothing or fabric and make it into something brand new! Contact Charla at 830-303-3889 for more information.

Meat Judging and ID

The meat science project teaches youth to identify various cuts of meats, and determine the relative quality of wholesale and retail cuts of meat. This was once a huge project in Guadalupe County and it is BACK! If you are interested in joining this new project area in the county, contact the county extension office at 830-303-3889

Livestock Judging Project

Livestock judging is now considered a 4-H project in the state of Texas! That's great for us, because we have one of the biggest LSJ programs in the state! Chuck Real is our coach and is one of the best! Kids learn how to pick the best animal, learn more about the animals they may show and much much more! Contact Jeff Hanselka at 830-303-3889.

Exploring with 4-H (Personal Development/Civic Education)

This project will take 4-Hers and their parents and plan trip to places of interest, historical landmarks and more around the state of Texas. These trips will range from day trips to multi day excursions! Not only will it help bring families together, but it will also show our 4-Hers about the state that has raised them and its heritage

Beekeeping Project

With 1/3 of the managed bee hives dying each year, and the public panic when they see bees, this course is designed to provide an understanding and appreciation of these valuable insects. The Project lead will be Mark de Kiewiet, a Texas State Master Beekeeper (Advanced Level). The participants do not need to have their own bee hives and colonies. We will make use of either Mark's or those of the Bees-in-the-East club bees. Each participant will be required to have the use of a Bee Suit, veil and gloves. These can be purchased and kept, or sold back to the project. Sponsorship for the suits is requested/desired. All other equipment needed for the project will be made available when necessary.

Leaders 4 Life

This is an in-depth contest attached to the leadership project that teaches kids how to use proper parliamentary procedure. You will be expected to make the time for practice, as this contests requires a lot of practice to understand it! If you are interested, contact Matt Miranda.

Vet Science

Vet science is BACK as a 4-H Project in Guadalupe County. You need to be about 11-12 years old to get involved because of the level of the subject matter. The meetings will be the 4th Wednesday of most months at the county extension office. If you have questions, check out the monthly newsletter or call the extension office.

Wildlife

Dennis and Cassie Krueger will be our coaches again for the Wildlife Contest in 4-H! They will meet at 5pm on the 4th Sunday of every month or following outdoor challenge practice! For more information, contact the county extension office!

These are the projects that are offered on the county level currently, a new project can be added at ANY time! If you would like to get involved with one of these projects or start a new one, contact Matt Miranda at 830-303-3889 or mjmiranda@ag.tamu.edu

Livestock Project Information

To enter in the Guadalupe County Youth Show and other major shows, you will need to remember several dates and events. The following information relates mostly to those of you with livestock projects, but some of it applies to any aspect of the Youth Show or other show related events. Please contact the Extension office if you have questions.

4-H Membership - To participate in the county Youth Show, you MUST enroll in a 4-H club by logging onto 4-H Connect <https://texas.4honline.com> and register. You must also participate in meetings and be an active member of the 4-H program!

Animal Tags - you'll need to order tags that will be used to validate your animal on or before these deadlines (*Dates are tentative until posted in the county Newsletter*)

Steers - April-May 2021

Sheep & Goats - August 2020

Swine - September 2020

Poultry orders - broilers and turkeys for county and major shows are ordered from certified hatchery and orders must be made through the Extension office. Deadlines are:

Turkeys - May 2021

Broilers - September 2020

The arrival of the birds will be announced in the newsletter.

Validation - bring your project to be tagged (and/or other procedures) as follows (*All Dates and locations are tentative until posted in the newsletter*):

Steers
Late June
2021

Goats
October
2020

Sheep
October
2020

Swine
November
2020

Heifers
October 2020
Late June, 2021

Rabbits
Mid Dec.
2020

Quality Counts Verification- Every 4-Her competing in a major Stock Show MUST complete the Quality Counts training online. This course is designed to teach 4-Hers and FFA members about quality assurance, good practices for raising livestock and how what we put in our livestock ends up in our food supply!.

You must have your verification number on your entry forms to be allowed to show. Verification is ***NOT required for the Guadalupe County Youth Show***, but it is suggested! To get verified, go to the website <https://texasyouthlivestock.com/quality-counts/>

Then you will need to take the verification exam. There are three versions that correspond to the age levels of the 4-H program! **THIS PROGRAM WILL TAKE AT LEAST TWO HOURS TO COMPLETE, YOU MUST HAVE IT COMPLETED BY ENTRY NIGHT IN NOVEMBER, AS YOU WILL NOT HAVE THE TIME ON ENTRY NIGHT TO FINISH IT!!!**

Click on the *verification* tab to take the test. Click the link that takes you to the test. When it asks for which organization (4-H/ FFA) you are a member of, ***be sure to click the 4-H & FFA button***. This will make your number good for both organizations. Contact Travis Franke CEA: Ag at the Extension Office for more information.

Entry - It is your responsibility to complete the necessary entry information, by November 14, 2019 for whatever shows you choose to exhibit your project (could be Youth Show, San Antonio, Star of Texas, etc.). Entry information could include the following: entry cards, summary sheets, and other required attachments. ***In addition to showing in the stock shows, you must also enter on entry night for Major Show Livestock, Horse Judging, Consumer Decision Making, Public Speaking, Shotgun, Science Fair, Robotics and other contests taking place at the majors.***

Resources– Be sure to look for further supportive information in this Yearbook, in the Youth Show rulebook, on the Extension web site <http://Guadalupe.agrilife.org>, in the Extension Library, in your monthly Extension newsletter and Facebook Page. There is also the Guadalupe County 4-H Livestock Handbook found online at <http://guadalupe.agrilife.org/files/2011/08/Livestock-Handbook.pdf>.

The following items are available for check-out from the Extension office:

- Sheep clippers (you provide blades)
- Pig clippers (you provide blades)
- Cattle clippers (you provide blades)
 - 2 goat/sheep trimming tables
 - 2 blowers

2020-2021 Guadalupe County 4-H & Major Show Entry Night

Entry night for the 2020 County Youth Show and major shows will be **Thursday, November 12, 2020, 5-6:30pm at the Extension office.** All entries--including homemaking (with recipes)--are due on or before November 12th. **THERE WILL BE NO EXCEPTIONS!** Entries require signature of parents and 4-H members. A summary form will be included in the November newsletter which each 4-H'er will be required to complete and turn in with all entry cards on November 12th. Review and follow rules/guidelines of the shows you plan to enter. The 4-H Agent will make sure you are enrolled on 4-H Connect Before you turn in your paper work. **You must be enrolled on 4-H Connect BEFORE you can register for shows...you will NOT be allowed to register for any shows if you are not enrolled on 4-H Connect. Your Quality Counts Number will also be checked.**

Academic Eligibility Requirements

To be eligible to participate in 4-H shows or competitions, 4-H members must meet the same academic standards that are required to be eligible for UIL activities in their school. In other words, if a student is eligible to compete in extra-curricular activities at his or her school on a particular date, according to UIL guidelines, that student is also eligible to compete in a 4-H show on that date. If the student is not eligible at school, he or she is not eligible for 4-H competitions.

The Extension staff will distribute letters to each campus (public, private, and homeschool) for each event, letting the schools know who from their school is participating. The school principal or designee must indicate students' academic eligibility, sign and return the letter to the Extension office prior to the event. Semester grades are NOT used in the factoring of the grades at the school district. Your grades based on the six-week grading schedule for Seguin, SCUCISD, Marion; and nine-week grading schedule for Navarro. Even if you are passing for the semester, your grades leading up to the majors or ANY 4-H show/event MUST BE PASSING!

I just want to remind y'all that while your 4-H projects are very important, your school is much more important and THAT needs to be your number one focus! You can raise the best animal in the world, write the perfect speech, sew the fanciest garment, but if you are not passing in school, it won't matter because you won't get to show. Things happen, I understand that...I was a student too, but try your hardest in school and study.



Guadalupe County 4-H Awards Program Opportunities

4-H Achievement Awards

In order to be considered for one of these awards, a 4-H member must complete an application due June 21, 2021 and submit their 4-H recordbook (due by June 21, 2021). All of these awards are presented during the Annual 4-H Achievement Banquet, held in August. Each award may only be received once. The following chart provides an overview of each award, and complete guidelines are available at the Extension office. AWARDS INTERVIEWS WILL TAKE PLACE JUNE 28, 2021 AT THE COUNTY EXTENSION OFFICE.

Awards	4-H Rook- ie of the Year	4-H Junior Gold Star	4-H Inter- mediate Gold Star	4-H Green Clover	4-H Gold/ Sliver Star	I Dare You Award	4-H Golden Clover
# Presented per year	1	2-3	2-3	Follows GS	Allotted By Dist.	1-2	1
Age as of Sept 1. 2018	3rd Grade	4th-5th grade	6-8th grade	9th Grade	10-12grade		
4-H years completed	1	1+	2+		3+		
4-H projects areas	1	2+	3+				
Participated in ___ of the following during 4- H career: educational presentation, projects, camps, public rela- tions, contests, project exhibits, citizenship activities, other (exchange, fundrais- ing, etc.)	1+	2+	3+				
Demonstrate leader- ship skills	Yes						
Community service Involvement	Yes						
Submit recordbook	Yes						
Submit application	Yes						
Participate in inter- view	Yes						

Guadalupe County 4-H Awards Program Opportunities

Project Award Medals & Year Pins

Purpose - to recognize 4-H members for outstanding 4-H project work.

Qualifications - (1) complete 4-H record book, by Texas 4-H Record book guidelines, and submit to the County Extension Office for County Record book competition, and must meet program objectives of project area; (2) A 4-H member may receive the same Project Medal more than one time. If a 4-H member desires to earn a Project Medal in an area other than the area in which the Record book was submitted, the 4-H'er must contact the county extension Office before July 22! **IN ORDER TO QUALIFY FOR THESE PINS, THE RECORDBOOK MUST BE COMPLETED ON THE CURRENT FORMS AND COMPLETE. ALL OTHERS WILL BE DISQUALIFIED. CLOVER KID BOOKS ARE NOT ELIGIBLE FOR PINS.**

4-H Club of the Year

Purpose - To recognize the efforts of a 4-H club for their work during the year

Qualifications - The clubs will be scored on reports turned in, participation in county events, entries in 4-H contests and more

Award - County award is presented at the Annual Achievement Banquet.

Guadalupe Co. 4-H Rookie Award

Purpose - To recognize a 3rd grade 4-H member for outstanding efforts and achievements.

Qualifications - The 4-H member must be a 1st year, 3rd grade member and be nominated or apply.

Award - County award is a plaque presented at the Annual Achievement Banquet.

Christmas Tree Exhibit and Contest

Sponsor - Wells Fargo Bank

Purpose - To allow 4-H clubs to each decorate a Christmas tree with their homemade ornaments, tree skirts, and signage, identifying their club or group.

Qualifications - Trees are judged on authenticity, originality, theme decorations, and overall appearance.

4-H Ambassadors of the Year

Sponsor - County 4-H Agent

Purpose - To recognize the efforts of 4-H ambassadors for the most events and meetings attended during the year

Award - County award is presented at the Annual Achievement Banquet.

Youth Show 4-H Rookie Award

Sponsor - Wells Fargo Bank

Purpose - To recognize a 1st year 4-H member, who participates in the Youth Show, for outstanding efforts and achievements.

Qualifications - The 4-H member must be a 1st year member and be nominated or apply.

Award - County award is a plaque presented at the Youth Show Auction.

4-H Volunteer & Supporter Awards

Guadalupe County 4-H Council selects these awards. All of these awards are presented during the Annual 4-H Achievement Banquet, held in August. Each award may only be received once.

<i>Award</i>	<i>Outstanding Leaders</i>	<i>Alumni</i>	<i>Meritorious Service</i>	<i>Honorary</i>	<i>Memorial Recognition</i>
<i># Presented annually</i>	2	1	1	1	1-2
<i>Purpose</i>	Recognize outstanding adult leaders for the current year	Recognize an outstanding former 4-H member	Recognize outstanding and honorable service to the 4-H program	Recognize outstanding and honorable service to the 4-H program	To recognize the merits of a 4-H adult leader who passed away over the last year.
<i>Qualifications</i>	Nominations from 4-H clubs/groups	Person must be a former 4-H member who has shown outstanding leadership and support to the 4-H program	Member of the community for outstanding and honorable service in the county 4-H program	Member of the community for outstanding and honorable service in the county 4-H program	Must have been a registered 4-H leader on 4-H Connect. Presented to the Family of the leader

<i>Award</i>	<i>Outstanding Ambassador</i>	<i>4-H Club of the Year</i>
<i># Presented annually</i>	Depends	1
<i>Purpose</i>	Recognize outstanding Ambassadors of the Year	Recognize Most Active Club
<i>Qualifications</i>	Attend the most Ambassador Functions	Must turn in reports, participate in county wide events and more

4-H Volunteer Year Pins

Those leaders completing their 5th, 10th, 15th, 20th, etc. years of 4-H volunteer service will receive a year pin for the designated period of service. This information is compiled from current 4-H volunteer enrollment (enrollment forms or 4-H Connect).

Guadalupe County 4-H Achievement Award & Supporter Award Recipients

	2020	2019	2018	2017
<i>Gold Star</i>	William Anderson Megan Clark Holly Alderson	Janae Braune Kalli Kimble Morgan Ragland	Karson Kelso Kaleb Herfurth Shannon Anderson Mason Reasor	Taylor Maberry Bradin Hanselka Colton Krueger
<i>Silver Star</i>	Barrett Hanselka Amanda Hoffmann Lauren Elley	William Anderson	Morgan Ragland	Anneka Dahle Tyler Jordan
<i>I Dare You</i>	Shannon Anderson	Karson Kelso Kaleb Herfurth	Bradin Hanselka	Ashlee Carley
<i>Golden Clover</i>	Janae Braune	Shannon Anderson	Taylor Maberry	Bailey McAnulty
<i>Green Clover</i>	Grace Vogel Brady Reasor	Holly Alderson Barrett Hanselka Megan Clark	Janae Braune Kalli Kimble Melyssa Ragland	Karson Kelso Shannon Anderson Kaleb Herfurth
<i>Intermediate Gold Star</i>	Brooklyn Wiley Haylee Keyser Jake Schultze	Montana White Justin Braune Kage Herfurth	Megan Clark Luke Anderson Kase Kelso	Amanda Hoffmann Brady Reasor
<i>Junior Gold Star</i>	Teagan Maberry Railee Childs Ali Thayne	Reese Schwab Jacob Braune Addison Wiley	Justin Braune Jake Schultze Caleb Anderson	Hayden Woerndel Randon Schwab
<i>Outstanding Leaders</i>	Not Chosen due to COVID. Will Choose Double in 2021	Bill Maberry Cory Wallace	Charles Real Genevieve Moore	Candee Mills Josh Anderson
<i>Alumni</i>	Not Chosen due to COVID. Will Choose Double in 2021	Josh Anderson	Mrs. Peggy "Granny" Cling- ingsmith	Mrs. Debbie Real
<i>Meritorious Service</i>	Not Chosen due to COVID. Will Choose Double in 2021	Guadalupe County Youth Show Office	Guadalupe County Farm Bureau	Trine and Jamie Miranda
<i>Honorary Member</i>	Not Chosen due to COVID. Will Choose Double in 2021	Lauren Woerndel	Michelle Doege	Stepheny Kelso
<i>Guadalupe County 4-H Club of the Year</i>	Guadalupe County 4-H	Clemens 4-H Club	Kingsbury 4-H Club	Santa Clara 4-H Club
<i>4-H Ambassadors of the year</i>	Luke Anderson Shannon Anderson Morgan Ragland	Taylor Maberry Shannon Anderson Karson Kelso	Taylor Maberry Shannon Anderson Karson Kelso	Taylor Maberry Shannon Anderson
<i>Rookie of the Year</i>	Tucker Wells– Santa Clara 4-H Club	Ali Thayne– Clemens 4-H Club		

Extension Education Association (EEA) 4-H Committee

Extension Education Club members support the 4-H Program by serving as 4-H leaders, judges, attending 4-H Club meetings, attending Youth Shows, contests and by encouraging youth to participate in 4-H. The County EE Association presents the Gold Star and Silver Award winners each a plaque, the Food Show and Fashion Show participants each a small gift, and a scholarship to a high school senior in 4-H.

Guadalupe County 4-H Ambassadors

4-H Ambassadors promote and advertise 4-H to other youths, volunteers and community leaders. They help others understand how 4-H affects the lives of young people and how it addresses key youth issues in the community and state. While Ambassadors tell the 4-H story to key audiences, the program gains a positive public image, and the youths improve their leadership and presentation skills. Members include:

Ambassadors:	Janae Braune	William Anderson
	Luke Anderson	Kage Herfurth
	Megan Clark	Justin Braune
	Grace Vogel	Brooklyn Wiley
	Teagan Maberry	Holly Alderson
	Montana White	Morgan Carnes
Alt. Amb.	Haylee Keyser	Addison Wiley
	Railee Childs	
Advisor:	Matt Miranda, 830-303-3889	

Other State Ambassadors in our county include:

William Anderson—Shooting Sports
Carson Manning—Water
Janae Braune—Healthy Lifestyles

Pierce Law—Water
Holly Alderson—Livestock
Lauren Elley—Healthy Lifestyles

If you would like ANY of these ambassadors to come speak at your organization or 4-H club meeting, please contact Matt Miranda at 830-303-3889 to organize a time!

Guadalupe County 4-H Council

PURPOSE

1. Provide for club cooperation and participation in planning and conducting 4-H activities
2. Provides path for communication between county and club level organizations for staff.
3. Conducts committee work jointly with adult leaders.
4. Uses goals set by the Leadership Advisory Board as a guide in planning activities.

2020-2021 Officers

Janae Braune	Chairman/ District Delegate
William Anderson	1st Vice President/District Delegate
Karlie Schneider	2nd Vice President
Luke Anderson	District Delegate
Caleb Anderson	Treasurer
Megan Clark	Secretary
Teagan Maberry	Historian
Justin Braune	Reporter
Dylyn Due	Parliamentarian

GUADALUPE COUNTY 4-H COUNCIL STANDING RULES

The County 4-H Council is an advisory committee and must assist in making plans and executing these plans on the county basis. The council is responsible to the clubs it represents and to the County Extension Agents. The County Extension Agents for 4-H serves as the advisor to the County 4-H Council. Membership is open to all people, regardless of socio-economic level, race, color, national origin, religion, handicap, or sex.

A copy of the standing rules is distributed to each member of the county council and to all others upon request

DISTRICT 10 AND TEXAS 4-H COUNCIL MEMBERS

The district 10 4-H Council is made up of seven members from around the 21-county area of District 10. Texas 4-H Council is made up of members from each of the 12 district councils, as well as six delegates elected at large from the general 4-H population in Texas. This year, we have members on both councils. They are:

Janae Braune	District 10 Vice President and Texas 4-H Council Member
William Anderson	District 10 Parliamentarian



Guadalupe County 4-H Booster Club

"An organization developed for parents, alumni, businesses, and friends of 4-H who have a desire to support the 4-H members in Guadalupe County"

Guadalupe County 4-H members compete in the following areas from the local to national levels.

- *Scientific Engineering & Technology *Robotics
- *Gardening and Horticulture *Photography *Horse
- *Clothing & Fashion Design *Judging Contests
- *Plant Science *Food and Nutrition *Leadership *Arts
- *Public Speaking *Entomology *Livestock *Vet Science
- *Small Animal *Outdoor/Wildlife *Shooting Sports

With 524 members and over 5000 students reached in schools, 4-H members throughout the county will benefit from the Booster Club's inaugural budget. This will assist in supplying much needed support for our 4-H members. We have proposed an inaugural budget of \$9,000 and we plan to use those funds in the 2016-2017 year to support the following key areas:

1. County Project Development Committees – These committees support the above mentioned project areas.
2. County Scholarships – Plans are to award a minimum of four scholarships.
3. County Coaches' Training – Funding for coaches to receive training to better assist our 4-Hers in competitions.
4. County Awards Banquet
5. Recognition for our county 4-Hers participating at State & National events
6. County Loaner Equipment - Repair & Replacement program
7. County End-of-Year 4-H Member Celebration Party

For your tax deductible donation to the 4-H Boosters, you will be recognized during the 2017 banquet and provided complimentary tickets to the County Awards Banquet. The top four partner levels will also be recognized at the county contests held for our 4-H members.

The top six levels of partnership will receive a framed certificate of recognition for display identifying them and their level of partnership.

Partner Levels

- Diamond Clover \$2,000 and Above
- Platinum Clover \$1,000 to \$1,999
- Gold Clover \$500 to \$999
- Silver Clover \$250 to \$499
- Bronze Clover \$100 to \$249
- Green Clover \$50 to \$99
- White Clover \$25 to \$49
- Donations of all amounts appreciated!

Thank you for your decision to support the Booster Club in its mission to provide financial assistance to the 4-H members of Guadalupe County.

For more information and specific incentive details for partnering with the Boosters at the Diamond/Platinum levels, please email GC4HBoosters@gmail.com.

Booster Partnership

Name _____
 Email _____ Phone _____
 Address _____
 City _____ State _____ Zip code _____

Please check your level of partnership for the 2016-2017 year

_____ Diamond Clover	\$2,000 and above	_____ Bronze Clover	\$100 to \$249
_____ Platinum Clover	\$1,000 to \$1,999	_____ Green Clover	\$50 to \$99
_____ Gold Clover	\$500 to \$999	_____ White Clover	\$25 to \$49
_____ Silver Clover	\$250 to \$499	_____ Custom Donation	\$ _____

Please make checks payable to the Guadalupe County 4-H Booster Club.
 Checks should be mailed to Guadalupe County 4-H Boosters - 210 E Live Oak St., Seguin, TX 78155



SOMETHING TO REMEMBER...

From Matt Miranda, Co. 4-H Agent

This year, our theme is ROUNDIN' UP YOUR DREAMS IN 4-H. I want each of you, both 4-Hers and adult leaders alike to think about your biggest dreams for you and your family. Not just 4-H dreams, but your overall life. Do you dream of a family, a nice big house? Do you dream of helping people? Is it your dream to provide a voice for those who cannot speak up? What ever your dream is, continue to work toward it, no matter how big or small.

Working toward your dreams can take a long time. It can be quite a haul from where you start to realizing them. There are a lot of detours, a more than a few thorns, and the occasional failure. Sometimes in the business of everyday life, dreams that you have get away from you. In those times, you need to step back, take a breath, saddle back up and round those dreams up. Don't let them get away from you; keep your eye on them and keep working on them.

Many of our dreams and goals for this year have been disrupted by the coronavirus. Most of the fences we built to protect our dreams and keep them in sight have been knocked down. However, the best thing about a fence is it can always be rebuilt. It may take time, it is never easy and always requires hard work, but it can be done. So keep this in mind for the 2020-2021 4-H year. Get back on your horse, get your dreams rounded back up and put them back on course. With some grit, determination and caring for each other, we can and WILL get our dreams back on track.

Attitude

By Charles Swindoll

“The longer I live, the more I realize the impact of attitude on life. Attitude, to me, is more important than facts. It is more important than the past, the education, the money, than circumstances, than failure, than successes, than what other people think or say or do. It is more important than appearance, giftedness or skill. It will make or break a company... a church... a home.

The remarkable thing is we have a choice everyday regarding the attitude we will embrace for that day. We cannot change our past... we cannot change the fact that people will act in a certain way. We cannot change the inevitable. The only thing we can do is play on the one string we have, and that is our attitude. ***I am convinced that life is 10% what happens to me and 90% of how I react to it.*** And so it is with you... we are in charge of our Attitudes.