



Master Wellness Volunteer Training

2018 Series Dates:

June 2 - Face to Face
June 9 - Online Study
June 16 - Online Study
June 23 - Online Study
July 14 - Face to Face

Time:

9:30 am - 3:30 pm

Location:

405 East Marshall Ave
Longview, Texas

Cost:

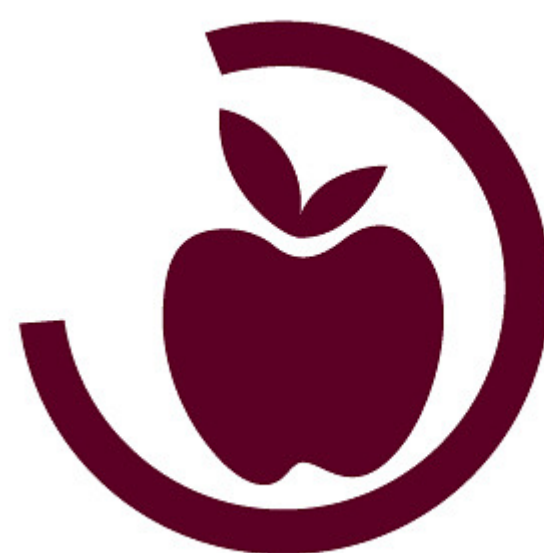
Regular \$75
College Student \$25

Registration Opens:

May 1, 2018
<http://agrilife.org/mwv>
events

Registration Deadline:

May 22, 2018



**MASTER
WELLNESS**
VOLUNTEER PROGRAM

Become a Master Wellness Volunteer!

The Master Wellness Volunteer program allows those who have a passion about health and wellness to share that passion with others via worksite wellness programs, community events and more. Obtain knowledge and skills to live a healthier lifestyle and encourage others to do the same. Receive 40 hours of training and give back 40 hours of service!

Master Wellness Volunteers are:

- * Community leaders
- * School/community nurses or teachers
- * Community Health Workers
- * Retirees
- * College Students
- * Worksite Wellness Coordinators
- * YOU!

Session Topics:

- * Master Wellness Volunteer Program
- * Nutrition & Weight Management
- * Health & Wellness
- * Food Safety
- * Physical Activity
- * And more!

For More Information Contact
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