

# Blindfold Maze

<https://www.pinterest.com/pin/440367669798943909/>

Find an open area in the practice room or outside in the grass, but designate clear boundaries. You will also want to designate a specific starting point.

Choose 1 person to be the seeker in this activity. The seeker will then turn around and put a blindfold on.

The other team members should place an object within the designated boundary at some arbitrary distance and angle from the starting point.

Guide the seeker to the starting point.

Next, the other team members will need to describe to the seeker how to reach the item that they have placed for him to find.

They can use descriptions such as:

Take 10 steps straight forward.

Then take 5 steps to your right.

Take 1 step backward.

Now, bend down and pick up the \_\_\_\_\_.

This activity can be repeated so that each team member has a turn being the seeker. You could also set up three different game areas so that all team members are participating at the same time. You could also switch partners so that each team member has to work with different members of the team.