

**2013-2014 District 1 Food Show
Junior/Intermediate SCORECARD**

NAME: _____

ENTRY CATEGORY:

Juniors - ___ Quick Bread Loaf ___ Pasta Salad ___ Smoothies
 ___ Main Dish Salad ___ Celebration Foods

Intermediates - ___ Muffins ___ Grain Based Salad ___ Cold Soup
 ___ Homemade Crust Pizza ___ Celebration Foods

CATEGORY	COMMENTS	POOR	FAIR	AVG	GOOD	EXC
The Interview						
What are the individual food groups?		1	2	3	4	5
What food group does your recipe fall into?		1	2	3	4	5
How many servings are provided by this recipe?		1	2	3	4	5
How many servings are needed for someone your age and gender from each group daily?		1	2	3	4	5
What are the key nutrients provided by this recipe?		1	2	3	4	5
What key steps were taken to prepare this recipe?		1	2	3	4	5
What are some important ingredients in your recipe and what do they do?		1	2	3	4	5
What food safety practices were taken while preparing this recipe?		1	2	3	4	5
How should this dish be stored?		1	2	3	4	5
What community service, leadership and workshops have you participated in that relate to your 4-H Food and Nutrition project?		1	2	3	4	5

Appearance of food (texture, uniformity)/Garnishing		1	2	3	4	5
Effectiveness of Communication - Voice		1	2	3	4	5
Effectiveness of Communication – Poise		1	2	3	4	5
Effectiveness of Communication – Personal Appearance		1	2	3	4	5

II. Paperwork

Complete Recipe		1	2	3	4	5
Summary of Experiences		1	2	3	4	5

(16) (32) (48) (64) (80)

(80 Total Points Possible) Total Score: _____

Additional Comments