

# Dawson 4-H January/February Newsletter



Gary Roschetzky, CEA-Ag/NR

Lydia Aguilar, Office Manager



Lydia Aguilar, Office Manager,  
Publisher/Editor of the 4-H  
Newsletter for Dawson County



Gary Roschetzky, CEA-Ag/NR

Texas A&M AgriLife  
Extension Service  
Dawson County  
901B 5th Houston Ave.  
P.O. Box 1268  
Phone: (806) 872-3444  
Fax: (806) 872-5606

County E-Mail:  
[dawson@ag.tamu.edu](mailto:dawson@ag.tamu.edu)

Gary E-Mail:  
[Gary.roschetzky@ag.tamu.edu](mailto:Gary.roschetzky@ag.tamu.edu)

Lydia E-mail:  
[lydia.aguilar@ag.tamu.edu](mailto:lydia.aguilar@ag.tamu.edu)

Website  
<http://dawson.agrilife.org/>



## 4-H Club Meeting

**Our usual 4-H Club Meeting was held January 8, 2017 at 3:30 p.m. at the Extension Office. Below are some of the topics that were on the agenda.**

- Dawson County Junior Livestock Show Concession Stand
- Volunteer Work Schedule and upcoming Livestock Shows

**Our next meeting will be held February 5th at the Womens Building at 3:00 p.m. Immediately following the regular meeting we will meet for Archery.**



**Congratulations on a job well done to all our members who participated in the Dawson County Junior Livestock Show and for all those who participated and volunteered with the Concession Stand and Raffle. It was a huge success for Dawson County 4-H and we thank you for all you do!**

## Livestock News



San Angelo Livestock Show  
February 2nd-19th  
Entry Deadline: December 1, 2016



San Antonio Livestock Show  
February 9th-26th  
Entry Deadline: December 1, 2016



Rodeo Austin  
March 11th-25th  
Entry Deadline: December 1, 2016



Houston Livestock Show  
March 14th-25th  
Entry Deadline: December 1, 2016

## !!MARK YOUR CALENDARS!!

**Feb 15 - Dawson 4-H  
Food 4 Kids Backpack**

**May 10 - Dawson Co 4-H  
Food 4 Kids Backpack**

### **4-H Motto and Pledge**

In support of the 4-H Club Motto,  
"To Make the Best Better"



**I Pledge:**

**My HEAD to Clearer Thinking,  
My HEART to Greater Loyalty,  
My HANDS to Larger Service, and  
My HEALTH to Better Living,  
For My Club, my Community,  
my Country, and my World.**



**D'L  
Korbin Schmiat - January 11th  
Veronica Ybarra - January 22nd  
Alyssa Rusch - January 24th  
Justyce Wooldridge - January 26th**

### **4-H Volunteers**

**Erica Perez - February 17th  
Jodi Furlow - February 20th**

## New Years and Kids

New Year's Day is the traditional time to celebrate a new beginning, and kids ages 7-12 are at the ideal stage to learn to make resolutions, experts say.

"They're still young enough that their habits are not firm," says Christine Carter, Ph.D., author of *Raising Happiness: 10 Simple Steps for More Joyful Kids and Happier Parents*, and a teacher for an online class on helping kids develop happiness habits.

"They're old enough to think about what a New Year's resolution is and to make their own -- yet parents can still help guide them. They're not going to get the same backlash as from a teenager."

Jennifer Kolari, a parent and child therapist and author of *Connected Parenting*, says, "They're beginning to be mindful and to understand others' perspectives. They're doing more independently, and they're starting to open up to broader goals of how to become their best selves."

Making resolutions with your children can be fun and exciting, a time for growth and change, and an opportunity for family bonding. Read our eight tips on how to make New Year's resolutions a positive experience for kids and to help them keep in touch with their goals all year long.

### 8 tips on how to make New Year's resolutions a positive experience for kids and to help them keep in touch with their goals all year long.

- **Keep a Positive Approach to Resolutions**
- **Narrow Down the Resolutions List**
- **Take Turtle Steps Toward Big Resolutions**
- **Follow Up but Don't Nag About Resolutions**
- **Make Family Resolutions Together**
- **Make Resolutions a Ritual**

**Read the full article online at:**

**<http://www.parents.com/holiday/new-years/resolution/8-ways-to-help-kids-make-new-years-resolutions/>**