

4-H is for You!



teamwork
leadership
decision making
life skills
family
responsibility
service
fun



HEAD HEART

HANDS HEALTH

What is 4-H?

4-H is a dynamic, youth organization that provides a safe environment for kids between the ages of 8 (and in the third grade) or 9 to 18 to grow and develop life skills that will follow them into adulthood. 4-H offers learning experiences in such areas as animal, food & nutrition, science, photography, health, and leadership through hands-on, fun, educational monthly club and project meetings.

What does 4-H cost?

In Texas, if a youth enrolls in 4-H between September 1 and October 31, the fee is only \$25 for the year. After October 31 the cost increases to \$30. This fee covers a young person's participation fee at the state level, however, depending on the project(s) the 4-H member wishes to participate in, additional costs could be incurred.

How do we join 4-H?

4-H is managed at the county level by the County Extension Office. You can find your local County Extension Office in the phone book under county government, visiting the Texas 4-H website at texas4-h.org, or through the contact information below. Contact your County Extension Office and ask for a list of clubs that are in your area or community.



TEXAS 4-H PROJECT LIST



AGRICULTURE & LIVESTOCK

- Beef Cattle
- Dairy Cattle
- Dog Care & Training
- Goats (Dairy & Mohair)
- Goats (Meat)
- Horse
- Horticulture
- Junior Master Gardener
- Livestock Judging
- Meat Science
- Poultry (Chickens & Turkeys)
- Rabbits
- Sheep
- Soil & Crop Science
- Swine
- Veterinary Science



FAMILY & COMMUNITY HEALTH

- Consumer Education
- Fashion & Interior Design
- Foods & Nutrition
- Health & Personal Safety



NATURAL RESOURCES

- Aquatic Science
- Entomology
- Forestry
- Outdoor Education & Living Skills
- Range Science
- Shooting Sports
- Sportfishing
- Water Conservation & Education
- Wildlife & Fisheries



LEADERSHIP & CITIZENSHIP

- Citizenship
- Community Service
- Global Education & Awareness
- Leadership
- Public Speaking
- Theater & Performance Arts
- Workforce Preparation
- Youth Entrepreneurship



SCIENCE, TECHNOLOGY, ENGINEERING, & MATH

- Energy
- Photography/Videography
- Robotics
- Rocketry
- Science, Technology, Engineering, & Math (STEM)