



**2017-2018**

**Cherokee County 4-H**

**Food/Nutrition and Clothing/Textile**

**Project Information**

**Food and Fashion Show Packet**

**Deadline for turning in county entry forms for  
food/nutrition and clothing/textile contests is Friday,  
December 29, 2017!!!**

**Food Challenge – Friday, January 5, 2018 @ 6:00pm**

**Food Show – Saturday, January 6, 2018 @ 8:30 am**

**Fashion Show – Saturday, January 6, 2018 @ 1:00 pm**

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# Cherokee County 4-H FCH Information

## Club Meetings

- Bluebonnet – second Tuesday of each month, Rusk Civic Center, 6:30 pm
- Cloverleaf – third Tuesday of each month, Alto First Baptist Church, 6:15 pm
- Lookout – second Monday of each month, Cherokee County Show Barn, 7:00 pm
- New Summerfield – second Sunday of each month, Ward McCown's home, 4:30 pm
- Wells – second Monday of each month, Wells First Baptist Church, 6:30 pm

## Important Dates

- September 30<sup>th</sup> (Saturday) – 4H FCH Adult Leader/Manager Training; 9:00 am-12:00 pm in the Cherokee County Extension Office Conference Room
- October 21<sup>st</sup> (Saturday) – Food Challenge Workshop; 9:00 am-12:00 pm; Crockett Civic Center; \$7.00/team; spectators ticket will be 2 canned food items
- December 29<sup>th</sup> (Friday) - All Food and Fashion Show entry forms are due -- ***must be typed and emailed to [jennifer.pearman@ag.tamu.edu](mailto:jennifer.pearman@ag.tamu.edu) .***
- Cherokee County Food Challenge – Friday, January 5<sup>th</sup> at 6:00 pm; Location TBA
- Cherokee County Food Show – Saturday, January 6<sup>th</sup> at 8:30 am; Location TBA
- Cherokee County Fashion Show – Saturday, January 6<sup>th</sup> at 1:00 pm; Location TBA
- District 5 Food/Fashion Show – Saturday, February 3<sup>rd</sup>, SFASU

## Resources to Assist with Project Preparation

- Explore Curriculum -- <https://texas4-h.tamu.edu/school-curriculum/>
- Tips for 4-H Volunteers -- <https://www.extension.iastate.edu/4hfiles/Volunteers/411FourNeeds.pdf>
- Meeting the Needs of Youth -- <https://www.extension.iastate.edu/4h/sites/www.extension.iastate.edu/files/4h/4hvolunteers/Combined%202017%20Club%20Project%20Notebook.pdf>
- Food and Nutrition Project Guide -- <http://oregon.4h.oregonstate.edu/projects/family-consumer/nutrition>
- Food and Nutrition 4-H -- <http://www.kansas4-h.org/projects/family-and-consumer-sciences/foods-and-nutrition/>
- Clothing and Textiles -- <http://4h.ucanr.edu/files/133372.pdf>
- Fun with Clothing and Textiles -- [http://florida4h.org/projects/fcs/clothing/files/Fun\\_with\\_Clothes/4H%20CTL%2020\\_4H111.pdf](http://florida4h.org/projects/fcs/clothing/files/Fun_with_Clothes/4H%20CTL%2020_4H111.pdf)
- Texas 4-H YouTube -- [https://www.youtube.com/channel/UC\\_UI8iEITxCKuN0bqT0CIXQ](https://www.youtube.com/channel/UC_UI8iEITxCKuN0bqT0CIXQ)
- Texas 4-H – <https://texas4-h.tamu.edu/>



# 2018 Cherokee County 4-H Food Show Entry Form



Name: \_\_\_\_\_ 4-H Club: \_\_\_\_\_

Email Address: \_\_\_\_\_ Birthdate: \_\_\_\_/\_\_\_\_/\_\_\_\_

Age Division: \_\_\_\_\_ Clover Kid \_\_\_\_\_ Junior \_\_\_\_\_ Intermediate \_\_\_\_\_ Senior

Category: \_\_\_\_\_ Dairy \_\_\_\_\_ Grains \_\_\_\_\_ Protein \_\_\_\_\_ Fruit & Vegetable

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***Please summarize your Food & Nutrition Project Experiences***

***(250 words or less; no less than 11 point font)***

**Recipe (If needed, attach – 1 sheet only.)**



# CHEROKEE COUNTY 4-H FOOD SHOW ENTRY FORM



CONTESTANT NAME: \_\_\_\_\_

AGE DIVISION AS OF AUGUST 31, 2017 (*Check only one*):

\_\_\_\_ Clover Kids  
(2<sup>nd</sup> Grade and Younger)

\_\_\_\_ Junior  
(Grades 3-5)

\_\_\_\_ Intermediate  
(Grades 6-8)

\_\_\_\_ Senior  
(Grades 9-12)

ADDRESS: \_\_\_\_\_

PHONE: \_\_\_\_\_

4-H CLUB: \_\_\_\_\_

CONTESTS ENTERING (*Check all that apply*):

\_\_\_\_ Food Show

**Food Category (*Check only one*):**

- \_\_\_\_ Dairy  
\_\_\_\_ Fruit/Vegetable  
\_\_\_\_ Grains  
\_\_\_\_ Protein

\_\_\_\_ Display Contest (Must be a Food Show contestant.)

\_\_\_\_ Food Challenge

Team Name: \_\_\_\_\_

**Team Division (*Check only one*):**

- \_\_\_\_ Junior (Grades 3-5)  
\_\_\_\_ Intermediate (Grades 6-8)  
\_\_\_\_ Senior (Grades 9-12)  
\_\_\_\_ \*Mixed

*\*Mixed Teams consists of multiple age divisions (will not compete against other age divisions nor be eligible to advance to state).  
This division should only be used in the event there are too few members to make a complete team in one of the other age divisions.*

\_\_\_\_ Poster Contest

\_\_\_\_ Ag ID Contest

I certify that I am currently enrolled and a paid 4-H member through 4-H Connect. (*This does not apply to Clover Kids.*)

\_\_\_\_\_  
Signature of 4-H Member

\_\_\_\_\_  
Parent or Guardian Signature

\_\_\_\_\_  
Date



# CHEROKEE COUNTY 4-H FASHION SHOW ENTRY FORM



CONTESTANT NAME: \_\_\_\_\_

AGE DIVISION AS OF AUGUST 31, 2017 (*Check ONLY ONE.*)

\_\_\_\_\_  
(2<sup>nd</sup> Grade and Younger)

\_\_\_\_\_  
(Grades 3-5)

\_\_\_\_\_  
(Grades 6-8)

\_\_\_\_\_  
(Grades 9-12)

ADDRESS: \_\_\_\_\_

PHONE: \_\_\_\_\_

4-H CLUB: \_\_\_\_\_

CONTESTS ENTERING (*Check all that apply*):

\_\_\_\_\_  
**Buying**

- \_\_\_\_ Business/Interview Attire
- \_\_\_\_ Fantastic Finds under \$25
- \_\_\_\_ Semi-Formal to Formal
- \_\_\_\_ Special Interest

\_\_\_\_\_  
**Construction**

- \_\_\_\_ Everyday Living
- \_\_\_\_ Re-Fashion
- \_\_\_\_ Semi-Formal to Formal
- \_\_\_\_ Theatre/Costume

\_\_\_\_\_  
**Trashion Fashion**

\_\_\_\_\_  
**Duct Tape Designs**

\_\_\_\_\_  
**Fabric & Textile Creations (District 5 Contest Only)**

\_\_\_\_\_  
**Fashion Storyboard**

- \_\_\_\_ Non-Wearable
- \_\_\_\_ Pet Clothing
- \_\_\_\_ Wearable
- \_\_\_\_ Accessory
- \_\_\_\_ Jewelry

\_\_\_\_\_  
**Duds to Dazzle**

4-H Club Name: \_\_\_\_\_

Team Name: \_\_\_\_\_

Team Division (**X** only one.):

- \_\_\_\_ Junior (Grades 3-5)
- \_\_\_\_ Intermediate (Grades 6-8)
- \_\_\_\_ Senior (Grades 9-12)
- \_\_\_\_ Mixed (Junior/Intermediate Age Only)

I certify that I am currently enrolled and a paid 4-H member through 4-H Connect. (*This does not apply to Clover Kids.*)

\_\_\_\_\_  
Signature of 4-H Member

\_\_\_\_\_  
Parent or Guardian Signature

\_\_\_\_\_  
Date