



PRAIRIE VIEW  
A&M UNIVERSITY  
COLLEGE OF AGRICULTURE  
AND HUMAN SCIENCES

TEXAS A&M  
AGRI LIFE  
EXTENSION



# MEMBER HANDBOOK

## WELCOME TO CASS COUNTY 4-H

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Texas A&M AgriLife Extension Office-Cass County  
123 South Kaufman:  
Linden, TX 75563  
903-756-5391

*Texas A&M AgriLife Extension provides equal opportunities in its programs and employment to all persons, regardless of race, color, sex, religion, national origin, disability, age, genetic information, veteran status, sexual orientation, or gender identity.  
The Texas A&M University System, U.S. Department of Agriculture, and the County Commissioners Courts of Texas Cooperating.*

# **COUNTY CONTACT INFORMATION**

Cass County Extension Office  
123 South Kaufman  
P.O. Box 471  
Linden, TX 75563

John Ferguson  
Cooperative Extension Agent  
4-H & Youth Development  
[john.ferguson@ag.tamu.edu](mailto:john.ferguson@ag.tamu.edu)

Michelle Valentin  
County Extension Agent  
Family & Community Health  
[michelle.valentin@ag.tamu.edu](mailto:michelle.valentin@ag.tamu.edu)

Karen Porterfield  
County Extension Office Secretary  
[karen.porterfield@ag.tamu.edu](mailto:karen.porterfield@ag.tamu.edu)

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As a New 4-H Family, you probably have a lot of questions about 4-H.

This Handbook will answer many of those questions.

As new questions arise, please feel free to contact your club manager or  
the Cass County Extension Office

# WHAT IS 4-H?

4-H is the youth development program of the Texas A&M AgriLife Extension Service, a part of the Texas A&M University System. 4-H partners include the United States Department of Agriculture and local county governments.

The purpose of 4-H is to provide opportunities for young people to become productive and contributing members of society.

“4-H is a community of young people *across America* who are learning leadership, citizenship and life skills”

The four “H’s” are explained in the organization’s **pledge**, which every 4-H member should know:

*I pledge*

*My Head to clearer thinking,*

*My Heart to greater loyalty,*

*My Hands to larger service and,*

*My Health to better living for my club, my community, my country and my world.*



## **4-H motto**

In Support of the 4-H Club Motto:  
“To Make the Best Better”

## **4-H Emblem**

The international of 4-H is a green four-leaf clover with a white “H” on each petal.

## **4-H Prayer**

Help me, O Lord, to live so that the world may be a little better because Thou hast made me. Amen.

## **4-H Slogan**

“Learn by Doing”

## **4-H Creed**

I believe in 4-H Club work for the opportunity it will give me to become a useful citizen.

I believe in the training of my **HEAD** for the power it will give me to think, to plan, and to reason.

I believe in the training of my **HEART** for the nobleness it will give me to be kind, sympathetic, and true.

I believe in the training of my **HANDS** for the ability it will give me to be helpful, skillful, and useful.

I believe in the training of my **HEALTH** for strength it will give me to enjoy life, to resist disease, and to work efficiently.

I believe in my country, my state, and my community and in my responsibility for their development.

In all these things I believe, and am willing to dedicate my efforts to their fulfillment.

## **4-H Colors**

The 4-H colors are green and white.

Green symbolizes nature’s most common color and represents life, springtime and youth.

White symbolizes purity.

## **4-H Year**

September 1<sup>st</sup> through August 31<sup>st</sup>.

# **WHO ARE 4-H MEMBERS?**

4-H members are boys and girls between the ages of 8 and 18. They live in cities, suburban neighborhoods, small towns, and farming communities. They join 4-H

because it is FUN! It provides opportunities to meet, work, and play with friends, to learn about and do interesting things, and to develop leadership skills.

## **WHAT DO YOU DO IN 4-H?**

The 4-H method is “Learn by Doing”. Members complete learning experiences called projects. A project is a subject area of interest that a member wants to explore.

4-Hers learn leadership skills by planning club activities and serving as officers in their clubs. Older members may serve as teen leaders, assisting adult volunteers with projects and activities for younger members.

Some 4-H members also attend camps, contests, and conferences at the county, district, state, and national levels.

## **TELL ME ABOUT A 4-H CLUB**

Youth participate through local 4-H clubs. Clubs are located in schools, communities, and neighborhoods. Club members may participate in community service projects, tour interesting places, or take trips to fascinating places.

Each 4-H club has a minimum of five members, but most average 15 – 25 members. An adult volunteer serves as the club manager and works with the club officers to plan the monthly club meetings and activities. At the monthly club meetings, the youth conduct a business meeting, which often includes an educational program and recreational activities.

Throughout the month, members may attend project meetings, workshops, or contests in areas of interest. Members are also allowed to work on projects individually.

## **WHAT PROJECTS ARE AVAILABLE?**

4-H projects are specific areas of study that consist of at least six learning experiences, ranging between 30 - 40 minutes each with set goals to achieve. Projects may be long-term or short-term. Youth who choose to carry the same project more than one year will continue to gain new knowledge and skills as they progress through the program.

A member may participate in one or more projects each year. A member should choose projects carefully and realistically, so that he is setting attainable goals. The 4-H club leaders and/or Extension agents can provide guidance in this area.

**Self-determined projects:** Projects are not limited to the materials available from 4-H. If a member has specific interest which is not included in the 4-H Project List, a self-determined project may be developed with assistance of the club manager and Extension Agent. Together, the member and adults can create a program with steps and goals that will make learning about the project fun.

**Project costs:** The costs vary depending on the project chosen. A member enrolled in the food and nutrition project might use supplies from their home pantry to practice the skills without incurring additional expenses; whereas a member wanting to do a livestock project can expect to invest hundreds to even several thousand dollars. Keep in mind your family's financial situation as you select your project.

## **A 4-HERS EXPECTED TO DO THEIR OWN WORK?**

Yes, with the guidance of a 4-H Adult Volunteer or parent. 4-H is a “learn by doing” program. Adults may demonstrate, but the member is expected to learn how to do things their selves.

4-H members may conduct some project work in groups or teams. Group work can be fun and members gain experience by helping each other but all projects will call for some work to be done individually.

### **AGE DIVISIONS**

(by September 1<sup>st</sup>)

Clover Kids	Kindergarten – 2 <sup>nd</sup> grade
Juniors	8 years old <b>and</b> in the 3 <sup>rd</sup> grade – 5 <sup>th</sup> grade
Intermediates	6 <sup>th</sup> grade – 8 <sup>th</sup> grade
Seniors	9 <sup>th</sup> – 12 <sup>th</sup> grade <b>and not older</b> than 18 years old

While club and project activities are usually multi-age, some events are age-specific. For example, some camps are designed to fit the abilities and interests of specific age groups, and most competitions are subdivided by age divisions.

## **GENERAL 4-H RULES & POLICIES**

### **Registration & Entry Fees**

- Participants in all District and State Contests will be required to register online through 4-H CONNECT.
- District registration fees for the contestant will be covered by the 4-Her unless otherwise determined by the 4-H Youth Advisory Board.
- State Roundup Registration will be completed through the 4-H CONNECT Online System. Each 4-Her wishing to have their registration fees paid for any leadership opportunity, including State Roundup, is required to work a minimum of 2 hours during each Tractor Supply Clover Campaign. The Tractor Supply Clover Campaign takes place two times a year in October and April.

### **No Pass / No Play**

- 4-H is recognized by the Texas Education Agency and each local school district as an extracurricular activity.
- All 4-H members participating in any 4-H competitive event must be passing all classes in order to compete, regardless whether or not the competitive event is during school time.
- Prior to each event, a Declaration of Eligibility form will be turned into the school by the 4-Her and signed by the principal. Please contact the Extension Office for this form. This form will need to be returned to the Extension Office before the event.

### **School Absences**

- 4-H Members participating in an activity which is approved by the local school board, under the direction of the Cass County Extension office will be considered excused.
- Students are responsible and **MUST** stay within the limits of the number of days allowed by their school. The Declaration of Eligibility Form will serve as notification of the event that will account for the student's absence.



# CLOVER KIDS PROGRAM

Youth Kindergarten through 2<sup>nd</sup> grade is eligible to participate as a Clover Kid. These children may participate in age-appropriate projects and activities. If they so choose, they may participate in a contest for the experience. However, they will receive participation recognition rather than a placement of 1<sup>st</sup>, 2<sup>nd</sup>, etc.

For safety reasons, if a Clover Kid chooses an animal project, the animal should be no larger than a rabbit.



## ONLINE ENROLLMENT & EVENT REGISTRATION

**4-H Enrollment:** To enroll in 4-H you will need to set up a family profile online at 4-H CONNECT <https://texas.4honline.com>. All 4-H members must enroll in at least one project and one club.

## 4-H ACTIVITIES

The main difference between a project and an activity is that a project is composed of at least six learning experiences, while an activity is usually a one-time, monthly or annual event and can be counted as one of the project learning experiences.

Examples of Activities may include:

- Contests
- Field Trips & Tours
- Community Service Projects
- Award and Recognition Banquets
- 4-H Club Family Picnics and Fun Days
- 4-H Member Socials
- Club Annual Parties
- Fundraiser Events

## 4-H CONTESTS

4-H conducts many contests throughout the year to give members a chance to display their skills and measure their knowledge. **Participation in contests is optional.** Winners of most county contests advance to district. Seniors that win at the district level qualify to advance to state contests. State winners may qualify for Regional or National competitions, depending on availability.

### **District 4-H Roundup-**

**State 4-H Roundup-** The Texas 4-H Roundup is a qualifying and invitational events for 4-H youth who placed in a district level roundup or signed up to compete in one of the Invitational Events. The Texas 4-H Roundup has around 50 diverse competitions that time in with the many projects that 4-H has to offer.

**Share-the-Fun** (formerly known as Talent Night) – Share-the-Fun provides an opportunity for youth to develop talent, leadership, and confidence, while participating in wholesome recreation. 4-H members may compete as individuals or in age-division teams in one of a variety of categories which include:

- Celebrate 4-H
- Choreographed Routines
- Dramedy
- Musical/Instrumental
- Poetry/Prose
- Solo/Band Performance
- Vocal

**Educational Presentations** (formerly known as Method Demonstrations) – This provides an opportunity for youth to select a topic of interest, research, and prepare an educational presentation. Each presentation is usually 5 – 12 minutes in length and includes some type of visual aids (i.e. – posters, slides, or props). Educational presentations may be made by individuals or age-division teams.

**Food Show** – The Food Show provides an opportunity for members of the Food & Nutrition project to demonstrate their culinary skills and knowledge. Participants may participate in one of four categories:

- Main Dish
- Fruits & Vegetables
- Breads & Cereals
- Nutritious Snacks



**Food Challenge** – In this event, a team of 3 – 5 youth, receive ingredients and the challenge to create and prepare a recipe. Following the preparation, the team presents the dish to the judges and explains their creation.

**Fashion Show** – The Fashion Show allows those with skills in clothing and design to showcase their work. Each contestant explains the entry to the judges and then models the garment in a fashion show. Two main categories are available:

- Construction – for youth who prefer to sew or construct their entry
- Consumer Buying – for youth who prefer to comparison shop for their entry

**Fashion Storyboard** – This contest provides a creative outlet for members who enjoy designing garments and/or accessories. The storyboard will include the design sketches, fabric swatches, embellishments, and inspiration items.



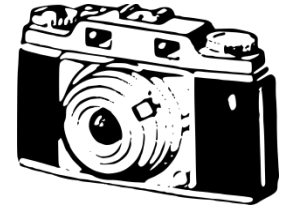
**Livestock Shows** – Multiple opportunities exist for youth to show their livestock and participate in livestock judging events. Consult rules and guidelines of each show for details. The Cass County Livestock show provides an opportunity for youth to show livestock as well. Check with the county office for details.



**Dog Shows** – County, District, and State shows provide opportunities to compete in obedience, conformation, showmanship, etc.

**Horse Show** – Members demonstrate their horsemanship skills by participating in Various Western, English, and Speed events. Older 4-H members can also demonstrate their skills in training horses by participating in the Yearling Halter and two year old Western Pleasure futurities. All 4-H horses must be owned by May 1<sup>st</sup> to qualify, and futurity projects must be nominated by April.

**Photography** – These contests enable youth to exhibit their creativity and photographic skills. While specific photography contests exist, other contests may also have a photography entry available. Watch for contest rules and guidelines for details.



**Quiz Bowl** – These competitions are similar in format to a TV game show such as “Jeopardy”. Youth compete in 3 or 4 member teams in which they answer questions related to topics identified in the guidelines of each specific Quiz Bowl. Current quiz bowl opportunities include:

- Beef Quiz Bowl
- Horse Quiz Bowl
- Nutrition Quiz Bowl
- Rabbit Quiz Bowl

**For more information on 4-H contests and Projects please visit the Texas 4-H Website: <https://texas4-h.tamu.edu/>**

## **COMPLETING YOUR PROJECT**

Each 4-H member is encouraged to keep a record of his or her 4-H work. Records are not an extra task, but are a part of 4-H work. To successfully complete a project and receive recognition, a 4-H member must complete and submit **EITHER** a project record summary form to their Club Manager or a Record Book to the Extension Office. Those that submit a Project Summary Form will receive a certificate while those that submit a recordbook will receive a project pin for their main project and certificates for their secondary projects. In order to apply for and receive a county 4-H award (i.e. Bronze, Silver, Gold Star, I Dare You, etc.) a 4-H recordbook and award application must be completed and submitted to the

Extension Office by the designated deadlines. 4-H Awards packet is included at the end of this manual.

**Recordbooks** – Recordbooks become a record of what a member has learned and accomplished in a 4-H year. It includes records on project learning experiences, activities, and accomplishments. It also displays information on leadership and community service. Included in the book is a 4-H story, coupled with photos showing the youth in action. All youth are encouraged to keep a record of activities and experiences throughout the year to assist them in this process.

**Junior Master Gardener (JMG)** helps youth grow and learn through a “hands-on” learning experiences and activities. The JMG program provides a positive learning experience for youth to develop leadership, responsibility and community pride through organized gardening activities. The JMG program combines a unique gardening based curriculum and web based instruction, community service, character education and service-based learning, into a fun and exciting certification program for youth. This program is designed to incorporate science, math, language arts, geography and other subject area disciplines into the “hands-on” gardening based activities. Contact the Cass County Extension Office for more information.



## SCHOLARSHIPS

The Texas 4-H Foundation oversees a scholarship program that awards over \$1 million annually in college scholarships. Academic achievement is an important criterion for most of the scholarships. Applications are available in January and must be returned by the stated deadline.

## 4-H EXPECTATIONS AND RESPONSIBILITIES

4-H is an organization that develops the youth of today into the leaders of tomorrow. For members to gain the full experience, we expect that each member maintains proper behavior as stated in the Code of Conduct stated on 4-H CONNECT. Also, if circumstances arise that require disciplinary action, the Texas 4-H Rules and the Texas 4-H Youth and Development Consequences of Misbehavior will be followed.

4-H members should:

- Complete one project (to contain at least six learning experiences)
- 4-H members are required to keep records in the form of a 4-H Recordbook or Project Summary Form in order to gain credit for the completion of the project.
- 4-Hers are strongly encouraged to participate in project meetings. These meetings are held to increase your knowledge and technical skills in a particular project.

**4-H Member Responsibilities** – Being a 4-H Member does not come without responsibilities. Each member is expected to:

- Attend their club meetings
- Read their emails and visit [cass.agrilife.org](http://cass.agrilife.org) to stay informed on upcoming events
- Participate in Community Service Activities

**4-H Parent Expectations** – Good youth development programs do not just happen. It takes the combined effort of parents and volunteers along with the guidance of Extension Agents to establish a good 4-H program.

In 4-H, we have a team which contributes to the ultimate development of boys and girls. On this team are the parents who become partners of the team. If this team is to be successful, then the parents must become “regular players” and not “bench warmers.”

According to Texas 4-H & Youth Development Guidelines, each parent or adult volunteer that enrolls on 4-H CONNECT will be required to have a background check. The \$5 fee will be paid online when the parent or leader enrolls. This background check is essential to the safety of your children and to assist in keeping adult volunteers free from potential lawsuits.

### **Why is parent participation important?**

Through research and experience, a number of positive effects on 4-H, 4-H clubs and 4-H members can be attributed to active parent participation.



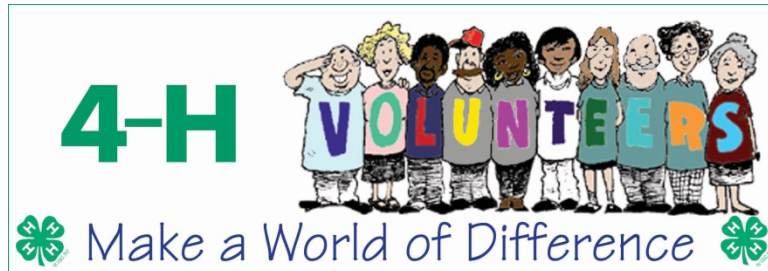
- Active parent participation can strengthen and broaden the 4-H program in a local unit or in any county.
- 4-H work would be totally impossible without the active support of interested parents.
- It has been found that boys and girls do better club work when parents show interest.
- Extending a helping or encouraging hand to a boy or girl is one of the finest ways you can express affection to your children and other youth.
- 4-H is a family affair offering parents many opportunities to participate in a program with their child and build family unity.
- When parental support is positive, the chances are good for the club to become stronger, larger and more active.
- In clubs where parental support is good, individual club members receive more personal attention and guidance from leaders and parents.
- Club activities and events will develop and expand with the added support of parents.
- 4-H has a positive influence on the lives of thousands of boys and girls, this happens only when parents care enough to share their time, efforts and talents.

**4-H Parent Responsibilities** – Being a 4-H Parent does not come without responsibilities. Parents and leaders are expected to:

- Learn what 4-H is all about (purposes, objective, etc.)
- Exhibit a genuine interest and enthusiasm in 4-H and in your child.
- Encourage participation in 4-H activities. Participation stimulates interest and enthusiasm.
- Assist your child in selecting a project they will enjoy, a project they have the ability to accomplish, and one for which you can help furnish facilities, financing, needed materials and guidance.
- Provide encouragement. Help in project work with recordkeeping, demonstrations, judging, and completion of attempted work and leadership responsibilities.
- Provide transportation for members to local club meetings, county events and various activities.
- Attend at least half of the club meetings each year with your child.
- Get informed about “what’s going on” and continue to keep informed.
- Provide a meeting place for a project group. When possible, assist leaders and club by providing refreshments or other help.



- Volunteer to be a project leader. All adults have abilities that would greatly assist the 4-H program.
- Serve on a committee to help plan and conduct special club activities and events.
- You are all essential!



## 4-H CLUB EXPECTATIONS & RESPONSIBILITIES

- Pay dues.
- Fulfill club assignments by participating in county-wide events
  - 4-H Youth Council meetings
  - 4-H Fundraisers
  - National 4-H Week (1<sup>st</sup> week in October)

## LEADERSHIP OPPORTUNITIES

Leadership opportunities for 4-H Members and Adult Leaders are available at various times and locations throughout the 4-H Year. Some events will cover a wide range of material and some are project specific. Contact the Extension Office if you are interested in attending these or any leadership opportunities.

**State 4-H Ambassadors-** Youth are trained on a district and state level. Examples include Livestock Ambassadors, Shooting Sports Ambassadors or “Heroes 4-Health” Youth Ambassadors.

**Texas 4-H Congress-** Texas 4-H Congress is held every other July in Austin. This mock legislative session provides 4-H members with an inside view of Texas politics while developing leadership and public speaking skills.



**National 4-H Congress-** National 4-H Congress is held each November in Atlanta, GA. 4-H members from across the state must complete an application and interview process and are named at State 4-H Roundup.

**Texas 4-H Leadership Conference-** The Texas 4-H Leadership conference, also known as “the Record Book Trip” is a recognition event for senior level 4-H members who have placed first at the state level in one of the 29 4-H Recordbook categories.

**UlTra Leadership Lab-** District Council Elections will be held at the camp.

**Heroes 4 Health Youth Ambassadors-** Heroes 4-Health Ambassadors or Healthy Ambassadors are students who serve at the county level and beyond, as health promoters or advocates of the Healthy Lifestyle program. They campaign in their school or other youth groups through health classes, after-school clubs, science clubs, 4-H Clubs, and Enrichment curriculum programs. Selections are done by the Extension agent or by the club manager.

## **OBJECTIVE OF THE CASS COUNTY 4-H AWARDS PROGRAM**

The Cass County 4-H Awards Program is designed to recognize the accomplishments of 4-H members for their project work, leadership skills, personal growth and development, and participation in various 4-H sponsored activities. The Cass County 4-H Awards Program is coordinated in conjunction with the Texas 4-H Awards Program and the National 4-H Awards Program. All three groups (county, state and national) provide donors or funds for various scholarships, trips, medals and other awards.

All Award Applications are considered without regard of race, color, sex, religion, national origin, disability, age, genetic information, veteran status, sexual orientation, or gender identity.

### **MEMBERSHIP**

1. The Texas 4-H Year is defined as September 1 through August 31.
  
2. Age Requirements: Youth may participate in 4-H year from September 1<sup>st</sup> of grade three through August 31<sup>st</sup> following completion of grade twelve, with these age restrictions:
  - Minimum age – 8 (in addition to being in the 3<sup>rd</sup> grade)
  - Maximum age – 18 (as of August 31, 2016)

Special education youth who are older than 19 and have not graduated from high school may participate in 4-H & Youth Development programs as members, with approval by the county Extension agent. Participation would be limited to the club or county levels.

### **4-H AGE DIVISIONS**

Age divisions are based on the member's age as of August 31<sup>st</sup> of the current 4-H year.

<b>Junior-</b>	Grades 3, 4 and 5
<b>Intermediate-</b>	Grades 6, 7 and 8
<b>Senior-</b>	Grades 9, 10, 11, and 12

### **CASS COUNTY 4-H GOLD STAR AWARD**

The Gold Star Award is the highest county achievement award and will be awarded only once in a member's 4-H career. Counties have award quotas based on the number of senior 4-H members. The award is presented to the most deserving young people without regard to gender.

The following are the minimum requirements that must be met:

- The member must be at least 15 at the time of application and must have completed at least 3 years in 4-H, including the current year.
- The 4-H member must submit a project recordbook in the year he or she is to be considered for the award.
- The 4-H member must have completed projects in three different project areas, have submitted appropriate record forms, and have participated in one or more activities in at least three of the following areas: Educational Presentations, Citizenship activities, Projects, Project exhibits, Camps, Leadership labs, Public relations (speeches, poster displays, radio, TV, newspapers), Other (includes exchange programs, fundraising, State and National Congress, etc.)

**Note:** The requirements for projects and activities do not all have to be completed in the current year. They may have been accomplished over the entire period of time the person has been in the program.

- The member must have exhibited leadership skills by serving as a 4-H officer or committee chairman (club, county, district or state), and/or as a junior or teen leader in an activity or project with or under the supervision of an adult volunteer leader. The 4-H member must have participated in one or more community service activities. Examples are working with or counseling junior 4-H members; participating in community service projects (individual, group or club); and motivating other 4-H members through participation in demonstrations, projects and/or exhibits.

## **CASS COUNTY 4-H OUTSTANDING SENIOR AWARD GUIDELINES**

The Cass County 4-H Outstanding Senior Award is an achievement for the Cass County Outstanding Senior 4-H member. The award will be presented to the most deserving young people without regard to gender. The following requirements must be met:

1. The member must be at least 15 years of age as of the date of application (per State guidelines) of the current 4-H year and must have completed at least three (3) years in 4-H including the current year.
2. The 4-H member must submit an awards program record book in the year he/she is to be considered for the award.
3. The 4-H member must have completed projects in three different project areas, including submission of appropriate record forms, and have participated in one or more activities in at least three of the following areas:

Method Demonstration/4-H Presentation

Contests

Projects

Project Exhibits

4-H Camps

Leadership Labs

Public Relations (demonstrations, speeches, poster displays, radio, TV, newspapers, etc.)

Other (includes exchange programs, fund raising, State and National Congress, etc.)

**NOTE:** It is not expected that the requirements for projects and activities all be completed in the current year. They may have been accomplished over the entire period of time the 4-H'er has been in the program.

During his or her years in 4-H, the member must have exhibited leadership skills by serving as a 4-H officer or committee chairman (club, county, district, or state), and/or Junior or Teen leader in an activity or project with, or under the supervision of an adult volunteer leader. The 4-H member must have participated in one or more community service activities. Examples are working or counseling with junior 4-H members; participating in community service projects (individual, group or club-type); and motivating other 4-H members through participation in demonstrations, projects and/or exhibits.

## **SELECTION PROCEDURES FOR THE OUTSTANDING SENIOR AWARD**

1. An application form for the award must be completed and submitted by the due date. The form is available from the Cass County Extension Office. The current 4-H Record Book must accompany the form.
2. All qualified applicants will be considered. A non-biased, panel of judges will review the form and Record Book, and conduct a personal interview with the applicant. All applicant's interviews will be conducted on the same date. Depending on the availability of out of county judges, applicants may be videoed interviewing with local judges. Videos will then be sent to out of county judges to determine final decisions.
3. The decisions of the judges will be final.
4. The 4-H member will only be awarded the Outstanding Senior Award every other year.

## **SILVER AND BRONZE STAR AWARDS**

The Silver Star Award will be presented each year to a maximum of two (2) outstanding intermediate members. The Bronze Star Award will be presented each year to a maximum of one (1) outstanding junior member. The actual number of Silver and

Bronze Star Awards given will be decided by the selection committee, based on the merits of the applicants.

The selection is based on quality of project work, involvement in club programs and activities, and future goals for 4-H career.

1. An application form for the award must be completed and submitted by the due date. The form is available from the Cass County Extension Office. The current 4-H Record Book must accompany the form.
2. All qualified applicants will be considered. A non-biased, panel of judges will review the form and Record Book, and conduct a personal interview with the applicant. All applicant's interviews will be conducted on the same date. Depending on the availability of out of county judges, applicants may be videoed interviewing with local judges. Videos will then be sent to out of county judges to determine final decisions.
3. The decisions of the judges will be final.
4. The 4-H member will only be awarded the Bronze Award and/or Silver Award every other year.

### **4-H UNSUNG HERO AWARD**

The 4-H Unsung Hero Award will be given to one (1) 4-H member in each age division (junior, intermediate, senior) who has worked hard, particularly in helping others, but has received little recognition on the county level.

1. A 4-H parent, club manager, project leader or senior 4-H member may submit a nomination on one 4-H'er in each age division. The nomination form is available from the 4-H office. It also includes a one paragraph statement about why special recognition is deserved. The nominations are to be completed and turned into the 4-H office by the due date.
2. The nominations will be judged by a panel of judges selected by County Extension Agents. Judges decisions will be final.
3. This award can be received only once per age division.