



FOOD CHALLENGE

BEST PRACTICES

When conducting team practices and/or workshops, the following best practices have been identified. These guidelines will be used at the Brazos County Food Challenge:

- It is recommended that teams be comprised of youth from the same family, school and/or club.
- General food and nutrition workshops should be limited to youth participating and necessary volunteers to meet risk management guidelines.
- The pick-up and drop-off of youth should be completed outside of the building unless there is a legitimate need for the parent/guardian to enter. Should the parent/guardian have a legitimate need to enter the operation, the parent must be screened using the Covid-19 screening form.
- Masks should be worn at all times during the Food Challenge practice and/or contest.
- Upon entering facility, all team members should wash hands with soap and water following hand washing guidelines. Each team member should sanitize their hands again immediately prior to start of practice/contest and continually throughout the event.

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CONTEST CHECK-IN

- Only team members should check-in upon arrival. Once checked-in, they will be directed to their contest table.

ORIENTATION

- The orientation will occur once teams are at their contest table. Only team members will be allowed in orientation/contest area; no parents or coaches. Some form of orientation will be provided via email to participants and coaches prior to the event start time/date.

EQUIPMENT

- Teams should limit the sharing of equipment among team members. If items must be shared, the item should be disinfected before another team member can use.

FOOD CHALLENGE TEAM MEMBER ROLES

- Each team member should have a specific role to limit sharing of equipment between team members.
- Each member should practice using only the equipment needed to fulfill their role.

FOOD CHALLENGE TABLE SET UP

- We will use 2-six foot tables for the Food Challenge contest. Tables will be placed side-by-side with team members placed at each corner to practice social distancing. Tables should be placed to allow a minimum of 10 feet between teams to ensure safe social distancing. **NOTE:** If using classroom style seating for workshop, social distancing guidelines should be followed. Tables used for practices and/or contest should be disinfected before and after use. Tablecloths are not recommended; however, if used they should be disposable and thrown away after each use.

GROCERY STORE

To follow social distancing guidelines, the number of youth “shopping” at the contest grocery store is limited to one person per team with social distancing enforced. Teams will be given a list at their contest table so they may make their decisions prior to coming to the grocery store. They should “pay” for their items by depositing their “currency” into a central box/bucket.