

Safe Sitter® Course Now Being Offered

Students Learn Home Alone Safety & More

Monica Walker, Baylor County Extension Agent with Texas A&M AgriLife Extension Service, will offer a Safe Sitter® course for young teens, grades 6 and up (must have completed 5th grade) on Friday, July 14, from 8 am – 1:30 pm. The course will be held at the Baylor County Extension Office. Registration deadline is July 6. Register by calling the Baylor County Extension Office at 940-889-5581 or come by 500 N. Main Street in Seymour.

The course provides hands-on practice in lifesaving techniques to young teens who are home alone, watching younger siblings, or babysitting so they are equipped with the skills and confidence to act in an emergency. They learn basic first aid and infant and child choking rescue. Students also receive instruction on how a child's age affects how to care for them, how to prevent problem behavior, and how to run their own babysitting business.

Students who graduate from a Safe Sitter® course receive a completion card demonstrating that they know how to use their skills in situations they encounter. The fee also includes a Student Handbook for each student to take home.

For more information about the Safe Sitter® organization, visit safesitter.org.